

ILLOWA MESSENGER NOVEMBER 2019 NEWSLETTER

November Birthdays



1	Carol P.	'83
4	Joe C.	'83
5	Betti B.	'04
7	Denny B.	'81
7	Gary D.	'13
8	Judi B.	'11
8	Bill M.	'75
9	Bill T.	'82
16	Sandy S.	'98
18	Jody F.	'88
26	Dennis P.	'96
27	Sheryl F.	'99
27	Jerome J.	'04



**November is
Gratitude Month**



Gratitude is an action!!!

- Spend time with newcomers
- Give someone a ride to a meeting
- Sign up for the Intergroup 12-step list and/or phone rotation
- Do something nice for your sponsor
- Donate to a food bank
- Contribute to Intergroup, District, and the General Service Office – Give back!
- Thank God for your sobriety and your life



NOVEMBER EVENTS

Nov. 2 - Camden Serenity Group
Potluck/Speaker Meeting

Nov. 5 – District 90 Elections

Nov. 9 – District 9 Corrections Workshop

Nov. 9 – House Group Potluck/Speaker
Meeting

Nov. 17th - Milan Hillcrest
Potluck/Speaker Meeting

Nov. 23 – Steps 8 & 9 Workshop

Nov. 24 -Blandine Thanksgiving Potluck

Nov. 30 – West End Speaker
Meeting/Potluck

MEETING CHANGES

Has your group changed meeting times or days, moved to a new meeting place, or discontinued a meeting? If so, please help us keep our meeting schedule current by contacting the Intergroup Office at 309-764-1016.



***The Intergroup Office will be closed on
November 21, 2019 for Thanksgiving.***

<u>Group Contributions</u>	<u>Sept. 2019</u>	<u>Jan. – Sept. 2019</u>
Aledo	40.00	100.00
Bettendorf	0	2,595.01
Big Book Study	0	675.74
Camden Serenity	0	150.00
Central Discussion	0	1,200.00
Clinton	75.00	675.00
Courage to Change	0	287.12
DeWitt	0	200.00
Diversity Group	0	30.00
Henry County Group	100.00	800.00
House Group	0	100.00
H.O.W. Group	57.75	57.75
La Nueva Vida	0	100.00
Ladies Night	0	490.37
Last Chance	0	30.00
Marquette	0	200.00
Milan Hillcrest	0	320.00
Moline Group	2,076.10	2,076.10
Morrison	0	200.00
Port Byron Hilltop Group	0	125.00
Rainbow	0	40.00
Sisters in Sobriety	0	40.00
The Three Legacies	<u>0</u>	<u>375.00</u>
Total	2,348.25	10,867.09

Call Counts for Sept. 2019

12-step – 2 Information – 58
Visitors – 39 Alanon – 1

Illowa Intergroup Business Meeting Minutes
October 7, 2019

Meeting called to order at 6:00 pm by Erica S.

ATTENDANCE:

Groups Present: Present were Big Book Study, Blandine, De Witt, Henry Co, Last Chance, Marquette, Milan Hillcrest, New Beginnings, Three Legacies, West End.

Officers and Chairs Present: Chair – Erica S, Co-chair Monique, Secretary – Deb P, Treasurer Katie R, Telephone Chair Julie B, Events – Steve H, Web Guy / District 90 Liaison-Randy C, Office Manager Lisa W Guest – Beth E.

Office Manager's Report 10-7-19: Hello from the Intergroup Office.

Things are going well at the Intergroup Office. We are extremely grateful to the Moline Group, which disbanded Sept. 30, and was generous enough to donate their money to us (over \$2,000). We truly appreciate it!

I am going out-of-town tomorrow but will be back next week. Volunteers are lined up to cover my shifts at the office.

Call counts for September were 2 12-step, 58 information, 39 visitors, and 1 Alanon. Please remember that all flyers, minutes, or anything to be posted in the newsletter are due into the office no later than the 15th of the preceding month. Thanks! I would like to remind people that we only take cash or check for payment – no credit or debit cards. Please try to remember this before you come over to purchase items. Thanks.

In love and service -, Lisa W.

TREASURER'S REPORT - OCTOBER 7, 2019

INCOME

Contributions	\$2,389.60
Sales	\$1,785.15
Sales - Other Vendor	\$0.00
Prudent Reserve Interest	\$0.00
Totals	<u>\$4,174.75</u>

EXPENSES

General	\$2,402.07
Literature	\$1,403.90
Totals	<u>\$3,805.97</u>

TOTAL INCOME MINUS EXPENSES	<u>\$368.78</u>
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ACCOUNTS

Checking	\$4,537.35
Savings (Prudent Reserve)	\$3,547.75
Totals	<u>\$8,085.10</u>

District 90 Liaison Report Oct. 7, 2019

Hello Everyone, there are still a few positions open, Alt. DCM, Corrections, Accessibilities, and Grapevine. Spending some money on Treatment. Nov. Elections are coming up so if you or you know someone who is looking for some great service work please show up, you'll get a spot. Corrections is always looking for more volunteers.

That's all I have until next month.

In Love and Service Randy C.

Telephone Chair report

Thanks again to the dedicated volunteers who take the phones every month! Without your commitment to answer at all hours, we could not provide this unique and important service! If you've traveled and called the number listed as Alcoholics Anonymous you know it's rare to get a live person after business hours!

Melanie M has been making reminder calls each week (thank you!) and I generally transfer the phones, but Mel took over a day last month while I was out of town, which was super helpful, and I appreciate her very much! A huge thank you goes out to those who keep the phones longer or take them earlier when I'm in a pinch! You know who you are!

We only just started, but we are in the process of updating the 12-step list! This will take some time. Please continue to announce at your groups if anyone wants to be added to the 12-step list—have them contact Lisa W at the office or me directly at 309-781-1664.

I would still like to find new volunteers for the following shifts:

The 1st Sunday PM (5:30pm-9:00am)

The 3rd Thursday PM (5:20pm-9:00am)

The 5th Sunday AM (9:00am-5:30pm) (only when there are 5 Sundays in a month)

The 5th Sunday PM (5:30pm-9:00am) (only when there are 5 Sundays in a month)

The 5th Friday PM (5:20pm-9:00am) (only when there are 5 Fridays in a month)

Thank you! In love and service, Julie Bisland

Webmaster Report 7/1/19 Webmaster New/Old Business * New Look* Oct. 7, 2019

Old Business:

Hello Everyone, we had a discussion about putting a link to AAWS page "For Professionals" on the front page of our website. Adding the link is easy to do but I wasn't sure about any copyright infringement, so I wanted to read the "Terms of Use" information before we actually do it. There are 3 sections under the Terms of Use: Content Use Policy, A.A.W.S. Inc., Policy on G.S.O.'s A.A. Website, and Intellectual Property Policies. This information is via a link at the bottom of the AAWS website. After reviewing all the information there will be no legal or technical problem adding the link. As far as the Politics or Voting of whether we should add the Link, my personal opinion is that if, CPC can benefit, there is no infringement, it is an AAWS link, and as part of Intergroup's Mission Statement, then the link should just be added without the need for any vote.

In Love and Service Randy C.

New Business:

Hello Everyone, last month it was brought to my attention that the website doesn't have any immediate identification as an AA website. The title on the page is Illowa Intergroup which a new visitor may not know what that is, plus, the Menu doesn't have any identification that this is some kind of AA website. Although the name of the website does start with AA and if you hover over the tab of the web browser, it does say Quad Cities Alcoholics Anonymous Service Center, however, this information is not noticeable unless you are fairly computer savvy. Furthermore, a recent WordPress Update has made one of the Apps I use to display the Newsletter and Minutes unreliable and very hard to update. Similarly, the flyers that slide through the front page have to be updated separately from the actual Events page and I have had users complaining about the speed, size, and printability of the sliding flyers.

The Old Website was owned by an individual, not Intergroup, consequently, when he passed away, Intergroup had to start a new Website. The New Website Committee asked me to join them and it was decided to recreate the old site the best I could from what we could remember. Now, a couple years has passed, and the Website is running on some user-friendly software, WordPress. I would like to update the look and address some of the

issues I previously mentioned, and this will make it easier for me to teach Lisa, or anyone, how to make changes in the event I can't. The changes can be seen at my personal website: rcookproductions.com.

Some of the information is old because I just used some stuff that was from other tests I've done, but all the links and buttons are connected. I can't do anything about the Meeting List since it is an App that AAWS now owns, but all the other pages have a common look. I did get rid of the flyers sliding by on the front page and replaced them with some different information that we can use as an advertisement to draw attention to a specific change, for now it just advertises the flyers/events page and takes you there if you click it. Everything else is there but just with the common "new" look. I'm not sure about the Ariel footage, it's kind of cool, but may be too much. Anyway, look, let me know what you think, and we can discuss it more next month.

In Love and Service Randy C.

GROUP REPORTS:

Blandine Group Report

Our Thanksgiving Potluck will be Sunday, November 24th following the 11:00 am meeting.

Our Christmas Potluck will be Sunday, December 15th following the 11:00 am meeting. - Bill

Grace Fellowship Report

The Grace Fellowship group would like to thank the Moline Group for donating their coffee maker, coffee supplies, and many other wonderful and much needed supplies to our group! We are small and new, and we appreciate their generosity!

Thank you! XOXO Julie

Milan Hillcrest

All meetings going well. The picnic in September went well, the speaker from Elgin had a good message, Robert S. Attendance about 50 people. Our speaker meeting is on October 20th. Fellowship 5 to 6, potluck 6 to 7, and speaker at 7. Bring a dish to pass. Water and soda may be purchased. 50/50 drawing, Scott from Freeport is the speaker. November 15th will be GMA from Chicago

New Beginnings Report

Everyone, attendance has been pretty good lately for the Primary Purpose Big Book Study Meeting on Saturday's at 2pm, as well as the Wednesday Night Meeting. The Monday Night Speaker Meeting has had low attendance so we haven't had Speakers but have some booked for Oct. and will see how attendance goes.

Finally, as always, we are looking for Speakers, Sponsors and rides...

That's all I have until next month.

In Love and Service Randy C.

3 Legacies Report

The Three Legacies continues to have good attendance at our Thursday night speaker meeting (6:30-7:30). We offer daycare, requesting a \$5 donation per child. Our next business meeting will be Thursday, October 17th, directly following the meeting.

Love and service,

Erin B

OLD BUSINESS:

Open Positions: Newsletter Chair – Beth E from Big Book Study Group is interested in the Newsletter Chair position. Basic description of position provided; Beth shared her previous service experience. Voted in unanimously by verbal vote. Beth will meet with AI on Wednesday 9Oct19 for orientation to position.

NEW BUSINESS:

See above Web Report – Randy requests everyone look at the changes at rcookproductions.com before next month's Intergroup meeting.

The next Intergroup meeting will be held Monday, November 4, 2019. Please note - Officer and Group reports are due the date of the meeting; a grace period to submit reports via email is available thru 10Nov2019.

District 9 Monthly Meeting Minutes
Oct 6th, 2019

ATTENDANCE

Dan G provided the Area 24 report

REPORTS

Treasurer's Report: Beginning Balance: 6,338.76; Total Income: 100.00; Total Expenses: 336.80; Balance: 6,101.96; Seed: 300.00; Prudent Reserve: 300.00; Operating Balance: 5,501.96.

ALT DCM: Greetings district 9; I will be attending the fall conference on October 11th-13th. Dan G our area delegate is attending our district meeting October 6th 12-1 to go over his experience in New York. I am excited to hear about on it. I have two reports from our webmaster. One is from August and the other is from this September. In August we had 1,917 users' total but 918 actual users that were on the site for more than 30 sec. which is down 210 from last month. There were double the users on Monday Aug. 5th. Not sure why. In September we had 1,936 users' total but 899 actual users that were on the site for more than 30 sec. We are down 20 but still close to 900. There were double the users on Monday September 30th. Not sure why. I encourage everyone to read the webmasters report from intergroup. There is a lot of information about what is going on with our website. I am still working on a timeline for district 9, and still reaching out to the groups to get the correct meeting information. Love and service, Lee C District 9 ALT DCM

Archives: Greetings everyone. The archives committee met last month working on filing and organizing. More binders were purchased and looking to attending the fall conference and connecting with the area chair. More good things to come! In love and service, Ronna

Corrections: Everything is going well. We have a few new volunteers for the Scott county jail meeting. We are still on track for the corrections workshop on Nov 9th from 10:30-2:30 at the Bettendorf community center with our area 24 corrections chair will be speaking and a representative from Scott county jail as well. I will be having the corrections worship planning meeting this Monday at 5:30 at Starbucks on middle Rd for anyone interested. I will also be attending the area conference coming up oct 12. In love and service Jaclyn M

CPC: Committee met 07SEP2019. Committee presented to nursing students from Blackhawk and St. Ambrose, 11 & 12Sep at Robert Young. We provided basic AA information to the students and answered questions. We have spoken to the Director of Nursing, Teresa, @ Trinity explaining our desire to meet. Teresa will be proposing a meeting(s) with us at her next faculty meeting, 04OCT and will let me know the outcome. We provided 10-Big Books and 10-Twelve and Twelves to the Scott County Judicial system to disperse at their discretion. In love and service, Park

Grapevine: I'll be attending the Grapevine Workshop in Carroll, IA on 10/11 and look forward to bringing back more information. I will be unable to attend the next district meeting due to traveling for work. In love and service, Jeremy W.

GROUP REPORTS:

Clinton: Saturday, October 19 5:00 PM Clinton group has their annual soup supper and on the third Wednesday of the month we have a speaker 645 fellowship begins Brats will be provided and drinks Mindy from Clinton will be speaking. Doug A

DeWitt: Hi from the DeWitt Group

Our next business meeting is Oct. 19. We are going to be sending AA information to our area schools letting them know where the meetings are at and what AA is about. Also, if they would like to have anyone come and share with them about themselves and AA. We are hosting a Big Book workshop on Oct 11 and 12 it will be fun and good fellowship learning together. Love and Service Bill

Marquette: A group needs to re-establish documentation for officer duties and responsibilities. This needs to be done during a time period when everyone is together. Try to do this after the October business meeting. Announce this meeting at the regular meetings so that everyone will know about it and know to attend if they like. **Additional miscellaneous meeting minutes:** There was a lot of discussion about re-scheduling meetings

Whose responsibility is it to notify meeting changes? How to notify meeting changes or cancellations Change Thursday night meeting to Friday? Thursday at 5:30 is poorly attended Love and Service Jim D.

District 90 Monthly Meeting Minutes
Oct. 8, 2019

Meeting held at First Southern Baptist Church in Colona, opened at 6:00 p.m.

In attendance: Richard S., Craig K., Randall C., Randy C., Gene V., Joyce E., & Justin W.

Birthdays- Randall C. – 5 Years **Minutes-** Sept. Minutes Approved.

DCM- Richard S. No Report

Alt DCM- Open

Treasurer- Gene V. We still have money to spend.

Secretary- Jesse R. - Absent

Committee Reports:

Corrections- Craig K. The Woman's Meeting at the Rock Island County Jail is doing Great. We have started a morning meeting on Tuesdays, we have 2 Volunteers so far and could use a few more. We now have a new Volunteer Application should speed up approval time. The Men's meeting at Rock Island County Jail is looking to change days from Fridays to a different night, is there anyone out there interested Volunteering? Henry County Jail meetings both men and women are doing well. We are always there every Saturday 9 am. The Kewanee Life Skills Re-entry Center Meetings are going great. We are doing The Primary Purpose Big Book study on Thursdays, it is outstanding. Our Speaker Meeting is on the 2nd Saturday of each month going forward. This month will be Mario N. Also looking for speakers who have served time in a correctional facility willing to come and speak. The East Moline Correctional Facility – Really in Need of volunteers to go into and to sponsor inmates. Always looking for more volunteers A member in good standing (my opinion only) Craig K.
–Joyce asked about E. Moline and Craig responded that there are no men volunteering. It should be noted, a person cannot do multiple facilities.

PI- Absent

Treatment- Justin W. Accepted/registered as our Treatment Chair from AAWS. Good on supplies.

Grapevine- Open

CPC- Open

Accessibilities- Absent

Literature- Absent

Intergroup Liaison- Randall C. Newsletter Chair position was filled by Beth E. of the BB Study Group. Lisa Reminded us to bring Cash or Check because Intergroup cannot accept Debit or Credit Cards. Also, the deadline for putting anything in the Newsletter needs to be in by the 15th of the preceding month. The Telephone Chair informed us that she is updating the 12th Step List and if you would like to be taken off or put on to contact her or Intergroup. Plus, there are 4 openings in the Phone Rotation; 1st Sunday (PM 5:30p-9a), 3rd Thursday (PM 5:30p-9a), 5th Sunday (AM 9a-5:30p), & 5th Friday (PM 5:30p-9a). Events Chair is looking for people to join a Speaker Committee to help choose a Speaker for the Intergroup Event. There are 3 dates available at the RI Holiday Inn; March 28th, April 11th. & April 25th. He is Leaning towards the March 28th date and should have that confirmed by next month. The Website had 899 users who were on the site for more than 30 sec. which is

about as low as we would like to see it go. A spike on Monday Sept. 30th was about 100 more than any other day with no reasonable explanation. Last month Dist. 9 CPC, asked us to put a link to AAWS "For Professionals" page put on our top menu or front page. After checking with the AAWS "Terms of Use" it was agreed to add the link. Consequently, due to some other issues brought up by last month's web discussion I have made some changes in the "look" of the website which can be viewed at (www.rcookproductions.com) Take a look and let me know what you think and I hope to switch next month. That's all I have until next month. In Love and Service Randall C.

GSR Reports:

Aledo- Randy C. (GSR) Pretty much the same, OK.

Henry County- Craig K. Self-Supporting, Weezie will be the Speaker this month, and looking for someone to consistently Chair the Noon Meetings.

House- Joyce E. (GSR) Area Archives workshop went well, she attended the Fall Assembly, asked about group elections, "Do groups keep in sync with the District's Elections?"
-General consensus was that most groups do; Henry Co. has an Agenda Board for Business Meetings to announce what will be covered. All depends on the House Group Conscious.

Last Chance- Justin V. (GSR) Self-Supporting, decline in PM Meetings and more in the mornings.
Speaker/Potluck 3rd Friday.

New Beginnings- Randall C. (GSR) Hello Everyone, attendance has been pretty good lately for the Primary Purpose Big Book Study Meeting on Saturday's at 2pm, as well as the Wednesday Night Meeting. The Monday Night Speaker Meeting has had low attendance so we haven't had Speakers but have some booked for Oct. and will see how attendance goes. Finally, as always, we are looking for Speakers, Sponsors and rides... That's all I have until next month. In Love and Service Randall C.

Old Business: Elections in Nov. - Correction on flyer, Date needs Changed to Nov. 5th and Time 6pm

New Business: The DCM will attend the Oct. Area Committee Meeting and bring back the New Officers List. Gene Made a Motion to not turn in the cost of pizza to area and the Dist. just pay for it, Approved.

Next meeting is at First Southern Baptist Church in Colona on Nov. 5th, 2019 at 6:00pm.



Camden Serenity Group

306 W. 3rd St., Milan, IL

Speaker Meeting

November 2, 2019

Mary Beth P.

From the Three Legacies Group

Davenport, IA

Fellowship: 5:30

Potluck: 6:00 (please bring a dish to share)

Speaker Meeting: Starts at 7:00



DISTRICT 90 CORRECTIONS

No one is too discredited or has sunk too low to be welcomed cordially - if he means business. Social distinctions, petty rivalries and jealousies - these are laughed out of countenance. Being wrecked in the same vessel, being restored and united under one God, *with hearts and minds attuned to the welfare of others*, the things which matter so much to some people no longer signify much to them. How could they?

Alcoholics Anonymous Page 161

We need your help!!

We have a Women's Meeting at the RI County Jail - Wed. night.
We have a Men's Meeting at the RI County Jail - Fri. night.

We are in need of volunteers.

Kewanee Prison has officially changed to a Men's Adult Facility called Kewanee Life Skills and Re-entry Center with meetings at 6 p.m. on Thursdays. It is going to be a Pilot Program with the focus on REAL REHABILITATION.

East Moline Correctional Center still needs volunteers and those willing to sponsor inmates.

Please contact me if you are interested in service to those who truly need our help.

Craig K.
District 90 Chair
(Contact Intergroup Office at 309-764-1016 for contact number)

District 9

Corrections Workshop

Saturday November 9th, 2019

Bettendorf Community Center

Crimson Room

10:30-2:30

Lunch and Drinks are provided

Want to know what corrections is all about? Have questions on how you can be of service to those behind bars? What is the "Pink Can"? Hear about these things and more. Also, Area 24 Corrections Chair Lance will be attending to share his experience and Jennifer with the Scott County Jail.



House Group
4910 4th Avenue
Moline, Illinois 61265

Open Speaker/Potluck
Meeting
Saturday November 9, 2019
Doors Open at 5 p.m.
Potluck starts at 5:30 p.m.

Speaker at 6:30 p.m.
Chris H
from the Cleveland Group

Fun and Fellowship

Sunday November 17th

Milan Hillcrest Group

Pot Luck Speaker Meeting

Please join us as we welcome

Jim A.

From

The Salt Creek Group

Chicago, IL.

Fellowship starts at 5:30 P.M.

**Potluck Dinner Will Be Served Beginning at
6:P.M.**

50/50 Raffle Will Be Held

Please Bring a Dish to Pass

Jim Speaks at 7:00P.M.

**HOLIDAY HAPPENINGS AT BLANDINE GROUP
117 PERRY STRET
DAVENPORT, IA 52722**

**NOVEMBER 17, 2019
DECORATE FOR THE HOLIDAYS**

**NOVEMBER 24, 2019
AFTER THE 11:00 A.M. MEETING
THANKSGIVING POTLUCK**



**DECEMBER 15, 2019
AFTER THE 11:00 A.M. MEETING
CHRISTMAS POTLUCK**



**PLEASE BRING A DISH TO SHARE, AND YOUR FAMILIES. IT'S A
GREAT TIME FOR FELLOWSHIP AND SHARING IT WITH YOUR
FAMILIES.**

SAVE THE DATE
TUESDAY, DECEMBER
31st

Milan Hillcrest Group will celebrate the New Year by hosting our annual New Year's Eve Meeting. The group will provide Turkey and Ham. We will welcome Arthur W. as our guest speaker. Fun starts at 5:30 P.M. All the details will be posted in our flyer in the December Intergroup Newsletter.

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District 90 Chair
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AA in Heaven - submitted by Carlyn C. of Live & Let Live Group

An old-timer comes home from his home group meeting, gets ready for bed, and is on his knees saying his evening prayers.

He's in the middle of his "God blesses" saying "God bless the guy who says the same thing no matter what the topic, God bless George, the 'cake lady,' God bless . . . " suddenly he pauses and looks up. Then says, "You know God. I wonder if there is AA in heaven. If there isn't AA in heaven, I don't know if I want to go there. These folks are so important to me, I don't want to spend eternity without them."

There's a bolt of lightning and a loud clap of thunder and then the old timer hears a voice saying, "I have good news and bad news. The good news is, there is AA in heaven. The bad news is....."

"You're speaking tomorrow night."

Joke taken from <http://www.aalondon.org/Humour1.html>

The 11th Month and the 11th Step Prayer!

The 11th Step Prayers:

A Prayer on Awakening:

"God please direct my thinking and keep my thoughts divorced from self – pity, dishonest or self-seeking motives. Please keep my thought life clear from wrong motives and help me employ my mental faculties, that my thought-life might be placed on a higher plane, the plane of inspiration." (86:2)

A Morning Prayer:

"God, should I find myself agitated, doubtful or indecisive today, please give me inspiration, help me to have an intuitive thought or a decision about this problem I face. Help me not to struggle, instead, help me to relax and take it easy. Help me know what I should do and keep me mindful, that you are running the show. Free me from my bondage of self. Thy will be done always." (86:3)

A Morning Prayer:

"God, please show me all through this day, what my next step is to be and please grace me with whatever I need to take care of the problems in my life today. I ask especially that you free me from the bondage of self-will." (87:1)

An 11th Step Nightly Review Prayer:

"God, help me to constructively review my day. Where was I resentful, selfish, dishonest or afraid? Do I owe an apology? Have I kept something to myself which should be discussed with another person at once? Was I kind and loving toward all? What could I have done better? Was I thinking of myself most of the time? Or was I thinking of what I could do for others, of what I could pack into the stream of life? Please forgive me for my harms and wrongs today and let me know corrective measures I should be take. " (86:2)

Taken from http://friendsofbillw.net/twelve_step_prayers

I know we have some great writers out there!!



I'm looking for individuals that would like to write an article for our newsletter!

Some examples of things you could write about are:

- Tell us your story! We've seen so many people's lives change with this program. We read and hear it all the time in the Grapevine about alcoholics whose lives have gotten better with the simple AA program. Most of those stories in the Grapevine come from places we've never even heard of. It would be a blessing if we could hear some of these stories from right here in our own area.
- An experience you had at a conference. One here local, far away or maybe one of the international conferences.
- The history of your home group. All of us here in the quad cities area would enjoy hearing how your home group got started and some of the traditions it carries on with today. Anything AA related would be wonderful.

You can contact me at bethmelliott07@gmail.com or simply call the Intergroup office at 309-764-1016!

Love, Peace & Coffee,
Beth E. – Newsletter Chairperson

Illowa Messenger
1706 Brady St, STE 201
Davenport, IA 52803
Address
Service
Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew! Please renew by sending your name and address along with your \$13.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

Name: _____

Address: _____

City, State, Zip: _____

Anniversary Date: _____ Contribution amount: _____

****EXTRA! EXTRA! www.aquadcities.org is live!!** Be sure to check out our new website! *****