

ILLOWA MESSENGER AUGUST 2020 NEWSLETTER

August Birthdays



1 Linda A.	'82
1 Jim S.	'89
4 Jonny W.	'79
4 Burt P.	'89
11 Dale S.	'81
11 Grace M.	'03
12 Mark N.	'84
12 Bob B.	'89
13 Pete R.	'91
18 Theresa J.	'87
18 Chris C.	'91
19 Laurie D.	'96
20 Jerry M.	'83
21 Deb C-P	'81
24 Valerie R.	'04
25 Ron C.	'81
29 John O.	'04

Birthdays and special events should be called in to the Intergroup office, (309)764-1016, by the 15th of the preceding month for inclusion in the newsletter. Help make this list as complete as possible. We also need all flyers by that date. Thank you!



Please contact Lisa at Intergroup (309) 764-1016 if you need literature or chips so pickup can be arranged. Office opening is still to be determined, so please call ahead.



Intergroup is looking for volunteers to man the office in the morning from 9:00-12:30 once the office is opened back up. This is a great way to do service work. Please contact Lisa if interested.

<u>Group Contributions</u>	<u>June 2020</u>	<u>Jan. – June 2020</u>
Aledo	0	53.00
Bettendorf	0	3,104.50
Big Book Study	0	622.40
Blandine	0	50.00
Cabin Fever Speaker Banquet	0	100.00
Camden Serenity Group	0	25.00
Central Discussion	400.00	800.00
Clinton	75.00	0.00
Courage to Change	0	511.38
DeWitt	0	100.00
District 90	0	175.00
Henry County Group	100.00	350.00
House Group	0	25.00
Inclusive Serenity	0	55.25
La Nueva Vida	30.00	60.00
Ladies Night	0	317.00
Last Chance	0	25.00
Marquette	0	50.00
Milan Hillcrest	0	50.00
Morrison	0	300.00
North Scott	0	500.00
Port Byron Hilltop Group	0	100.00
Sisters in Sobriety	0	50.00
The Three Legacies	<u>0</u>	<u>250.00</u>
Total	605.00	8,123.53

Call Counts for June 2020

12-step – 1 Information – 57

Visitors – 5 Alanon – 2

Illowa Intergroup Business Meeting Minutes
July 13, 2020

Web Meeting called to order at 6:07 pm by Monique M.

ATTENDANCE:

Groups Present: Present were, Bettendorf, Big Book Study, Blandine, Central Discussion, New Beginnings, Sisters in Sobriety, Three Legacies, West End.

Officers and Chairs Present: Chair – Monique; Co-Chair Mike C.; Secretary – Deb P.; Treasurer - Al B.; Telephone Chair; Julie B.; Office Manager – Lisa W.; Web Guy – Randy C.; District 9 Liaison – unable to fully connect liaison due to technical difficulties

Motion made Al/2nd Lisa and passed unanimously to accept June minutes.

Treasurer's Report 7/1/20:

INCOME

Contributions	\$645.00
Sales	\$301.25
Events	\$25.00
Prudent Reserve Interest	\$0.87
Totals	<u><u>\$972.12</u></u>

EXPENSES

General	\$1,903.72
Events	\$0.00
Literature	\$0.00
Accounting services	\$385.00
Totals	<u><u>\$2,288.72</u></u>

TOTAL INCOME MINUS EXPENSES **(\$1,316.60)**

ACCOUNTS

Checking	\$4,537.92
Savings (Prudent Reserve)	\$4,654.66
	\$0.00
Totals	<u><u>\$9,192.58</u></u>

Office Manager's Report:

Hello everyone, The office continues to remain closed for the time being, and I am working from home for the most part. Looking forward our hours may be different when we do finally re-open, so please call ahead. At least three of my five morning volunteers have opted to not come back, so we need to find three more morning volunteers, or perhaps only be open in the afternoons. It is too soon to decide all that, but please tell everyone that I need three or more volunteers to man the office one morning a week from 9-12:30. I can set up a quick training session for those interested, so please call me at 309-764- 1016. If anyone needs literature or other materials, please contact me at the above number and we can make arrangements for a pickup. Call counts for June were 1 12-step, 57 information, 5 visitors, and 2 Al-anon. Please be sure to send any meeting information regarding virtual meetings, re-openings, social distancing requirements, etc. to illowaintergroup@yahoo.com or to the webmaster Randy. Otherwise, we will not have the proper information to give callers and people using the website who are looking for meetings. The most up-to-date meeting information can be found on www.aaquadcities.org. Continued thanks go out to our webmaster, Randy, who is doing a great job of updating everything and coping with all the changes. Our business meetings will continue to be held online/by phone until further notice. Pertinent information on how to join is on our website. Thank you. Stay safe, everyone! In love and service, Lisa W.

District 90 Liaison Report:

Hello Everyone, there are still 3 positions open: Accessibilities, CPC, and Grapevine. We are still meeting online as well. We might be hosting the NIA 20, 2020 Winter Assembly on Saturday, Dec. 12th, at the Hill Church in Kewanee, IL. Area 20 will decide in September at the Virtual Fall Assembly whether to hold it online or not. We are still moving forward just in case it is held Face-to-Face.

That's all I have until next month.

In Love and Service Randy C.

Telephone Chair Report:

Hello all! Hope you're all staying safe and healthy! One of the openings on the phone rotation has been filled, so there are still 2 open shifts. Often times these openings are filled by a sponsor recommending to those they sponsor that this is a great way to do twelve-step work, so please keep this in mind and promote this as a great way to carry the message! For those concerned: I not only have a packet to give them, but I go through it with them, ensuring they are comfortable with finding the answers before they ever take a call. See aaquadcities.org for the flyer on the Service Opportunities page. The openings are:

- **3rd Saturday of the month 5:20pm-9:00am (Sunday morning)**
- **5th Sunday of the month 9:00am-5:30pm**

Thanks again to our office manager, Lisa who has been taking the phones during weekdays from 9am-5:30pm.

Nothing more to report!

In love and service, Julie

Webmaster Report:

Hello Everyone, we had 2,013 users total but 1,392 actual users that were on the site for more than 30 sec. The Meetings Guide Page was the most visited page. I'm glad to see people are mainly using the Meeting Guide. I've been putting a lot of info on the front page and will continue to do so until we get back to some sort of "New Normal."

That's all I have until next month.

In Love and Service Randy C.

GROUP REPORTS:**Bettendorf Group:**

Bettendorf Group has resumed its full meeting schedule, which has gone well with the exception of an occasional early morning meeting that didn't have a room opener on the first month. Generally, attendance has been 25 or less, which we consider to be 50% of our room capacity. The unofficial 5:30PM Monday through Friday meetings at Crow Creek Park have been discontinued. We still have one Zoom meeting at 8AM on Saturdays. For the present, we have not resumed speaker meetings, normally held on the first monthly 8PM Sunday meeting. Plans are going forward for a group picnic this fall, more information to follow. Love and service, Frank C.

Big Book Study:

Hello! The BBS group is still meeting via Zoom at our normal meeting time, Tuesdays at 6:30, the join info is on the aaquadcities.org website. We have been in contact with the church and should know more at the end of July. Our format is we read a portion of the big book (where we left off the week before) and go around the room sharing our experience strength and hope on the topic read. That is only different when one of our members celebrates an anniversary, they traditionally tell their story! Join us if you're ever free on a Tuesday night! In love and service, Julie

New Beginnings:

Hello Everyone, the Stutsman Lodge is still closed to the public, but the Meetings are still being held by the residents. I was able to put together a possible sponsor list for them and I thank all who offered their service. Finally, we are always looking for Speakers, Sponsors and rides... That's all I have until next month. In Love and Service Randy C.

OLD BUSINESS:

None to bring forward

NEW BUSINESS:

District 90 needs a new liaison; do not need to live in Illinois to be a liaison. Please bring this back to your group; meeting meets the evening after the Intergroup meeting. Mike C. asked about deposits for refunds due to cancelled conference, Randy said Area, not District, is working on this.

**The next Intergroup meeting will be held Monday, August 3rd at 6pm
via zoom video/phone conferencing.**

District 9 Monthly Meeting
July 12th, 2020

ATTENDANCE

Chairs: DCM: MaryBeth P.; Alt DCM: Lee C.; Treasurer: Sheryl F.; Archives: Ronna B.; Corrections: E.; CPC: Park P.; Grapevine: Jeremy W.; Literature: Kristin C.; Treatment: Kevin K.

Groups: Bettendorf: Toni F.; Blandine: Christy P.; Three Legacies: Shawna; Clinton: Jeremy W.; Marquette: MaryBeth P.

REPORTS

Treasurer's Report:

Passed. Beginning Balance \$6,178.25; Total Income \$300.00; Total Expenses \$0; Operating balance \$5,878.25; Seed Money (for events) \$300.00; Prudent Reserve \$300.00; Ending Balance \$6,478.25. Group contributions received: Clinton May \$50.00 Marquette \$100.00 Clinton June 50.00 Dewitt group \$100.00.

DCM:

Just wanted to let everyone know I am here for them. I will be attending Marshalltown virtual in August for the area business meeting. We will be meeting virtually in August for district. I appointed Kristin G. to be the secretary for the rest of the term. There is always great information on our intergroup website. Love and service Marybeth P.

Alt DCM:

Greetings district 9, I was able to purchase zoom account and set it up for our district and we held our first zoom meeting July 12th, and overall, it went well. I will be attending our area business meeting August 9th. It is a great honor to watch alcoholics anonymous adapt to the circumstances and continue to function. Thank you all for hanging in there and keeping the rooms open whether it be virtual or in person. Love and service, Lee Caron.

Webmaster:

We had 2,013 users total but 1,392 actual users that were on the site for more than 30 sec. The Meetings Guide Page was the most visited page. I'm glad to see people are mainly using the Meeting Guide. I've been putting a lot of info on the front page and will continue to do so until we get back to some sort of "New Normal." That's all I have until next month. In Love and Service Randy C.

Corrections:

Greeting from Florida! I am sorry that I am not in attendance, but the beach was calling my name! There is nothing new to report for corrections. The same discussions are being had as to how are we reaching those incarcerated, whether in the penitentiary or county jails. There was recently a thread of emails from across the country asking how different areas are handling things and what they are doing. To my knowledge all facilities have halted

outside programs indefinitely. Some have the capabilities of zoom meeting or prerecorded videos. Other districts are stocking up on literature. One area is writing words of encouragement and sending them to the chaplain to hand out or read. We here locally are only able to be allowed to stock up on material. Those looking to be an outside sponsor or looking to be connected with someone who is incarcerated to spread the message, please contact me for more information. This is the only method at this time. Be safe! In love and service Jaclyn District 9 Corrections Chair

CPC: I have distributed books to the free-standing libraries. I will be contacting Lisa for more books. In love and service, Park

Grapevine: The only information to report for Grapevine is the expiration of the promotion whereby free content was available on the Grapevine website.

Literature: In June I didn't deliver any literature:(. I am running very low on pamphlets and will contact Lisa to see if we could set up a safe exchange. I don't know that the Abbey, Country Oaks, or CADS are allowing people in, but I will call them and see if I could at least place some outside, if they are in need of literature.

Treatment:

Greetings District 9, As you all know the Corona Virus has halted all visits to inpatient facilities. As of today, Country Oaks and The Abbey have not lifted their ban on outside visitors. With the surge of positive covid-19 cases in Scott County, these restrictions are not going away soon. I have reached out and been assured they will contact me when we are able to enter their facilities. However, Rosecrance has resumed face to face AA speakers every 9 weeks. What they have requested is two 30-minute speakers to tell their story of recovery and a one hour 12 step informational talk. Currently Rosecrance has requested that we use the same speakers each time to limit possible exposure. I will keep everyone updated as changes occur. Yours in Love and Service, Kevin K. District 9 Treatment Chair

GROUP REPORTS:

Blandine:

Treasurer \$626.31, \$74.30 contributions, \$33 pavilion rental. No disbursements. Picnic speaker meeting will be 9/13/20 (male). Cake and 50/50 raffle. Discussion on "technology liaison. Decision was having flyers made with the Intergroup Website. No outside advertising. Stickers were taken of creamers. DOC and Salvation Army is letting people to attend now. Still not going to have speaker meetings until possibly Sept. Love and Service, Christy

Marquette:

1st Item of Business Treasury Report, as of June 1st, beginning bal. in Checking Beginning, 6/1 \$3,280.88 Income for June: \$779.42 Expense, \$197.57 Checking Ending, 6/29 \$3,865.73 Prudent reserve, ending June 29th \$5,012.62. Jim made a motioned to accept report. Sam seconded. Accepting the Treasury report. 2nd Item of Business Intergroup report Leo's report included the discussion with Pepsi on the Expiration dates on pop in the machine. Diet pop last about a month past expiration. Sales lower because of lower

attendance. (Covid-19). 3rd Item of Business GSR report. Program Chair said all meeting for the month have been covered other than Thursday night 5:30. 4th Item of Business. Elections: Steering committee chair vacated by Jeanne is the only position being filled. Sam was elected for the Chairperson position. All other positions remain the same. Sam (Chairperson), Linda (Treasury), Jennifer (Intergroup Liaison to Dist. 9.) Jim (GSR), Don (Program Chair), Leo (Purchaser), Jeff (Secretary). 5th Item of Business Last item discussed was the Trustee position: Marquette has 2x 5year Trustee positions Ranae (2020) started this year. Pat G. is the other 5 yrs term. 2 x Lifetime trustees (Ron F. & Joe C). 6th Item of Business Linda is going to contact bank on how many signatures are authorized to date for checking.

Three Legacies:

3 Legacies Thursday night meetings are going well. We are having speaker meetings again and that has been sooooooo good for all of us. We remain virtual at this time as the Church we are held at has not approved our physical return with Covid safety in mind. 3 Legacies also has a Saturday morning 9 am zoom meeting which is updated on the aaquadcities.org website. Have a beautiful day, Love and service, Shawna

Intergroup:

No new changes. If any materials are needed, Lisa is still able to meet at the Intergroup office. She is currently working on new meeting schedules but does not have any at this time. Love and service Jennifer B.

Old business:

None

New business:

Sheryl made motion to approve District 9 to pay back Lee C for purchasing the zoom account for 1 year in the total of \$160.39. Jacklyn M second, motion passed. MaryBeth appointed Kristin G to secretary. Continuing zoom meetings into September.

District 90 Minutes
July 14, 2020 @ 6pm Virtual ZOOM Meeting

Attendance – DCM: Randy C.; ALT DCM: Craig K.; Treasurer: Gene V.; Secretary/Literature: Kelsey C.; Archives: Aaron, Anissa

AA Birthdays – Gene 32 years

Minutes Approval – Craig motioned to approve minutes; Gene seconded

Officers' Reports:

DCM:

Randy C. Hello Everyone, I was able to attend the virtual Area Assembly last month, this was the first Assembly of the year due to the pandemic and the first Virtual Assembly ever. There was a lot of information covered so here is what was discussed: Donations, GSO had to dip into the Prudent Reserve and Area Donations are trending down. However, that is what the Prudent Reserve is for and Area will be reviewing their budget to see if any extra money can be sent to GSO. The guidance from GSO on this matter is to make sure “you are financially prepared” before sending any money to GSO. Donations can be made directly to GSO via the website. The general consensus for the Winter Assembly is that it may be first Face-to-Face Assembly held this year, however, a resurgence of the virus is expected which would force it to be virtual as well. Area will decide at the Virtual Fall Assembly on Sept 19th. Our Delegate, Marilyn F. gave us a report from the 69th General Service Conference in which most issues were postponed or dropped. One thing of interest is that it was passed for the pamphlets to be made without staples so they can be placed inside correctional facilities. I did get something I would like to pass along from the Literature Committee Presentation is a Newcomer Packet. The packet would contain various pamphlets and a local meeting list with phone numbers. Also, for the website, an online packet with links for downloading. f-1_AAataGlance, p-1_thisisaa1, p-2_faqAboutAA, p-3_isaaforyou, p-13_doyouthinkyourediff, p-15_Q&AonSpon, p-16_theaagroup, p-24_anewcomerask, and, P-35_Problems_Other_than_Alcohol

Our District is very well known for its solid involvement in Area Service and I was overwhelming welcomed. I am looking forward to trying to “hold up” to that relationship status with our Area.

Treasurer:

Gene V. Beginning Balance: \$440.37, Deposits: \$50 from an Individual Donation, Debits: \$85.10 to Intergroup, Set Aside Monies (debit) \$161.25, New Balance/Available Funds: \$244.02, Savings/Prudent Reserve: \$449.48

Alt. DCM:

Craig K. – May not be a bad idea to touch base with Justin to find out if he has heard anything from area on getting some books from him. Craig has books earmarked for corrections that he could give up if Justin needs them. Randy said he would try to touch base with Justin. Gene commented that Justin bought the large read \$7.75 books to try to save money for us. Report was accepted.

Secretary:

Kelsey C. none

Committee Reports:

Corrections: Brandon S. Everything still locked down with no end in sight. Been getting a slew of emails from other states, they are in the same boat. Several from their group got out of corrections. Struggling.

Treatment:

Justin W. Absent

P.I :

Richard S. Absent

Literature:

Kelsey C.

Accessibilities:

OPEN

Grapevine:

OPEN

C.P.C. :

OPEN

Archives:

Aaron M.- nothing to report

Intergroup Liaison :

OPEN Randy C made a comment that Intergroup is looking for 3 office volunteers at intergroup. Monday Tuesday Wednesday and possibly Friday.

GSR Reports:

Geneseo: had business meeting last month and decided to hold a business meeting every month, second Tuesday.

Last Chance:

None

House Group:

Everything is the same. Practicing social distancing. if get more than 10 people they go to the overflow room.

Henry County:

All meetings are opened up. Still doing 3 virtual meetings. All the in-person meetings have been spotty 2-5 people. has biz meeting next week. finances are down. Have a lot of rules at our group and try to make sure they are being upheld. doing pretty good, I think.

Milan Hillcrest: None

Camden: None

New Beginnings:

Hello Everyone, the Stutsman Lodge is still closed to the public, but the Meetings are still being held by the residents. I was able to put together a possible sponsor list for them and I thank all who offered their service. Finally, we are always looking for Speakers, Sponsors and rides...That's all I have until next month. In Love and Service, Randy C.

Old Business:

Open Positions • Accessibilities • Grapevine • C.P.C.

New Business:

None

2020 Winter Assembly Update: Anissa talked to Pete, he wanted her to ask on his behalf if craig needs any help for the winter assembly as far as setting anything up to please let them know.

- No Seed Money
- Tax Exempt Form from Dawn Brandeis, Area Treasurer Email: dmbson@aol.com
- Hotel Established, number of rooms still unknown – Craig – \$75-78 AmericInn. Randy asked if there was a promo code need. There is not.
- Randy says they don't know how many people will be there. Fall assembly will decide if it will be virtual or in person.
- Area will decide if Virtual at Fall Assembly Sept. 19th
- Any expenses so far? none. Gene proposes that we use or savings if needed then when reimbursed put back in
- Craig did talk to a caterer and they said they could accommodate a \$7 per person plate.
- Craig added that we could do spring 2021 if this year doesn't work out. Randy agreed, and that he would really like for one of us to do one of these. He will make it an item at next month's meeting to start planning for spring.
- motioned by crating to adjured and gene second.

Next Meeting is Aug. 4, 2020 via ZOOM

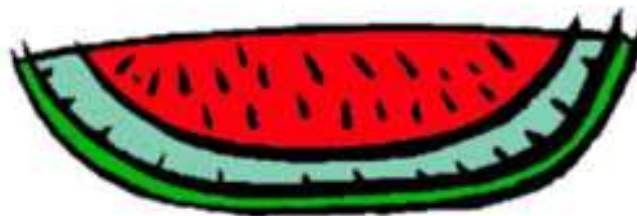
BETTENDORF GROUP



Sunday, September 13th
11:30 AM – 2:00 PM
23rd Street Band Shelter
1645 23rd Street, Bettendorf



11:30 Fellowship
12:00 Lunch
Meat, Pop & Coffee Provided
Please bring a dish to share!



The 8th Month and the 8th Step Prayer!

A Pre - Eighth Step Prayer:

"God, Please remove my Fears and show me your truth. Show me all the harms I have caused with my behavior and help me be willing to make amends to one and all. Help me to be willing to go to any lengths for victory over alcohol."(76:3)

Taken from http://friendsofbillw.net/twelve_step_prayers

Illowa Messenger
1706 Brady St, STE 201
Davenport, IA 52803

Address Service
Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew! Please renew by sending your name and address along with your \$13.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

Name: _____

Address: _____

City, State, Zip: _____

Anniversary Date: _____ Contribution amount: _____

**EXTRA! EXTRA! www.aaquadcities.org is live!!

** Be sure to check out our new website! **