

# ILLOWA MESSENGER OCTOBER 2020 NEWSLETTER

## OCTOBER BIRTHDAYS



1	Rick G.	'79
2	Jo K.	'88
3	Tracy B.	'91
6	Kevin K.	'04
8	Bill T.	'89
8	Bob C.	'99
8	Gary D.	'13
10	Kevin K.	'97
15	Dave	'05
18	Jimmie S.	'87
20	Tim G.	'82
22	John C.	'03
23	Michelle N.	'09
25	Delmar H.	'83
27	Jim E.	'88
29	Randy C.	'93



*Anniversaries and special events should be called in to the Intergroup office, 764-1016, by the 15th of the preceding month for inclusion in the newsletter. Help make this list as complete as possible.*



## EVENTS

### INTERGROUP BIRTHDAY CHALLENGE ENDS OCT. 31

CHECK THE WEBSITE AT  
[WWW.AAQUADCITIES.ORG](http://WWW.AAQUADCITIES.ORG) FOR  
THE LATEST INFORMATION

**THE INTERGROUP OFFICE  
REMAINS CLOSED BUT  
ARRANGEMENTS TO  
PURCHASE LITERATURE AND  
OTHER ITEMS CAN BE MADE  
BY CALLING LISA AT 309-764-  
1016. PLEASE NOTE THAT WE  
DO NOT TAKE DEBIT OR  
CREDIT CARDS – ONLY CASH  
OR CHECK. THANK YOU!**



**Illowa Intergroup Group Contributions August 2020**

	<u>Aug. 20</u>	<u>Jan. – Aug. 20</u>
Aledo	0	53.00
Bettendorf	0	3,104.50
Big Book Study	0	938.28
Blandine	0	50.00
Cabin Fever Speaker Banquet	0	100.00
Camden Serenity Group	0	25.00
Central Discussion	0	800.00
Clinton	75.00	600.00
Courage to Change	0	511.38
DeWitt	0	100.00
District 90	0	175.00
Henry County Group	0	350.00
House Group	0	25.00
Inclusive Serenity	0	55.25
La Nueva Vida	10.00	80.00
Ladies Night	0	317.00
Last Chance	0	25.00
Marquette	0	50.00
Milan Hillcrest	0	50.00
Morrison	0	300.00
North Scott	0	500.00
Port Byron Hilltop Group	75.00	175.00
Sisters in Sobriety	0	50.00
The Three Legacies	<u>0</u>	<u>250.00</u>
<b><u>Total</u></b>	<b>160.00</b>	<b>8,684.41</b>

**Call Counts for August 2020**

12-Step - 1

Information - 68

Visitors - 15

**Illowa Intergroup Business Meeting Minutes**  
**September 14, 2020**

Web Meeting called to order by Monique M.

**ATTENDANCE:**

**Groups Present:** Present were, Bettendorf, Blandine, Camden, DeWitt, Henry Co, Last Chance, New Beginnings, Sisters in Sobriety, Three Legacies, West End.

**Officers and Chairs Present:** Chair –Monique; Secretary absent, covered by Julie, Treasurer - Al B, Telephone Chair Julie B, Office Manager – Lisa W, Web Guy, Randy C. Events Chair Absent

Motion made, seconded, and passed to accept June minutes.

**Treasurer's Report 9/6/20**

**INCOME**

Contributions	\$476.00
Sales	\$1,217.00
Events	\$237.50
Prudent Reserve Interest	\$0.95
<b>Totals</b>	<b><u><u>\$1,931.45</u></u></b>

**EXPENSES**

General	\$1,831.45
Events	\$0.00
Literature	\$65.00
Accounting services	\$0.00
<b>Totals</b>	<b><u><u>\$1,896.45</u></u></b>

**TOTAL INCOME MINUS EXPENSES** **\$35.00**

**ACCOUNTS**

Checking	\$2,143.86
Savings (Prudent Reserve)	\$4,755.61
	\$0.00
<b>Totals</b>	<b><u><u>\$6,899.47</u></u></b>

## **Office Manager's Report**

September 14, 2020– Office Manager's Report Hello everyone, the office continues to remain closed until further notice. If you need literature or chips please contact me at 309-764-1016, and we can make arrangements for a pickup. As a courtesy to others, masks are requested and are available in the office. Please bring cash or checks with you as we don't accept cards. I would like to thank the individuals that made donations to our Birthday challenge. So far, we have had 17 contributions for the challenge come in representing 266 years of sobriety. I know there are more than 17 alcoholics in the Quad Cities, so please consider participating! Check it out on our web page and see how many years of sobriety your group has contributed. We take cash, checks, and PayPal. Thank you. I would also like to thank the few groups and individuals that contributed not related to the challenge. We want to keep our office functioning and really appreciate it. Call counts for August were 1 12-step, 68 information, 15 visitors, and 1 Al-anon. The most up-to-date meeting information can be found on [www.aaquadcities.org](http://www.aaquadcities.org). Please contact the office with any schedule changes. Our business meetings will continue to be held online/by phone until further notice. Check our website for current information. Our next business meeting will be held on Oct. 5<sup>th</sup>.

**Telephone Chair report** - Hello! There's really nothing to report regarding the phone rotation this month (all shifts are filled).

Below is my report to be discussed during Old Business = investigating other options for how we handle our phone after hours:

- **Why are other options being explored?**

1) Our call volume on nights and weekends does not seem to warrant the amount of time & resources we invest in having a live person answer the phone. Additionally, we miss calls, for various reasons, but missed calls in relation to a 24-hour helpline is just bad business  
2) Our calls are primarily information calls, only about 1-3 calls each month are 12-step calls. (*12-step calls in 2020: July-1, June-1, May-1, April-2, March-2...Sept 2019-7, Oct 2019-6*)

- **What do other near-by Intergroups do after hours?**

**Des Moines uses an answering service:** A full-time staff works in the office (answering phones and selling literature) and then phones are transferred to an answering service after office hours/weekends (Note: since March, however, their phone has been transferred to one person 24/7 since the nature of the calls changed so much).

**Peoria (and Pekin area) does essentially what we do:** Their Intergroup office is run by volunteers and one part time paid worker. After business hours, volunteers sign up and answer the phone like we do (they are on a rotation though, where each group is responsible for a particular week).

**Iowa City uses an answering service:** They no longer have an Intergroup and have been using an answering service for about 3 years (same service Cedar Rapids uses).

- What can you ask your groups to discuss and consider?

Please discuss these options with your group at your business meetings:

- **1-Answering Service:** While answering services cost money, they are very flexible and can tailor their service according to our needs. We would provide the answering service with our website information, so they are able to answer simple information calls about meeting locations and times. If, however, someone calls wanting to ask questions that only we can answer, for instance, someone wants to discuss their drinking and should talk to another alcoholic, the answering service takes their name/#, puts the caller on hold, and calls someone on our list (12-step list we provide them) and after reaching someone then connects the two together. At \$50/month for 60 minutes of call time, it isn't a terrible expense. Discussion took place during the meeting about how the answering service could uphold the confidentiality of the members on the 12-step list. Julie will look into this but noted the answering service deals with doctors/patients and has to adhere to HIPPA laws, so it seems logical they would have no problem with confidentiality of our members. Update to follow!
- **2-Our current phone company, Vonage, has a VM service.** When VM is set up and a VM is left, a notification can be sent to an email address or phone alerting us we have a VM. We can have up to 5 email addresses and 5 mobile phone numbers for VM notifications. The outgoing message could direct callers to the website for simple information calls about meeting locations and times, and if they want to speak with someone directly, ask for first name and phone# and someone will return their call.
- **3-Leave it as-is for now.** Maybe we can revisit this again once groups are back to meeting in-person, able to hold business meetings, and contributions are back up.

In love and service, Julie

### District 90 Liaison Report

Hello Everyone. We are still meeting Online as well. We might be hosting the NIA 20, 2020 Winter Assembly on Saturday, Dec. 12th, at the Hill Church in Kewanee, IL. Area 20 will decide in September at the Virtual Fall Assembly whether to hold it online or not. That's all I have until next month. In Love and Service Randy C.

### Webmaster Report

Hello Everyone, we had 2,207 users total but 1,207 actual users that were on the site for more than 30 sec. The Meeting Guide Page was the most visited page. The Challenge Page had 184 views which ranked it as the 3<sup>rd</sup> most viewed page, with Events being 2<sup>nd</sup>. I'm glad to see the Challenge Page getting viewed, hopefully it will inspire some donations. Here is the webpage: <http://www.aaquadcities.org/challenge/> (shared screen showing webpage).

We did have a spike on Tuesday the 18<sup>th</sup>. Last Month was Saturday the 18<sup>th</sup>, not sure why the 18<sup>th</sup> has spikes. We also have a spike at 4am. The spikes are not a big deal but it's something which seems odd and unexplainable. That's all I have until next month. In Love and Service Randy C.

### **GROUP REPORTS:**

#### **New Beginnings:**

Hello Everyone, the Stutsman Lodge is still closed to the public, but the Meetings are still being held by the residents. I was able to put together a possible sponsor list for them and I thank all who offered their service. Please keep them all in your prayers. I would like to mention something that has come out of this closure. I started an online meeting for New Beginnings but what has happened is a new group has formed, the 8n8AA group. We have ZOOM Meetings every day at 8am n 8pm every day. All the meetings are open discussion. So, if anyone is looking for an online meeting feel free to join us. That's all I have until next month. In Love and Service Randy C.

#### **Old Business:**

District 9 Liaison position is still open. Allison R says she is interested in the position. Julie B nominated her, it was seconded and voted on. Allison R is the new District 9 Liaison. Lisa will provide her the packet of information.

Options for Phone rotation and what to do with after-hours phone answering: Julie will summarize the information provided in her report and have it posted to the website. Reps are encouraged to share the information with their groups and bring back any questions and feedback to the next Intergroup business meeting in October.

**New Business: NONE**

Meeting adjourned at 7:30pm.

**The next Intergroup meeting will be held Monday, October 5th at 6pm via zoom video/phone conferencing.**

**District 9 Monthly Meeting**  
**September 13th, 2020**

**Attendance:**

Chairs: Alt. DCM, Archives, Corrections, CPC, Grapevine, Literature, Secretary, Treasurer, Treatment. Groups: Bettendorf, Big Book Study, Blandine, DeWitt, The Three Legacies, West End.

**Chair Reports:**

**Treasurer:** Beg Balance \$6,220.80, Income Received \$0 – Due to travel I was unable to make any deposits so far this month, I will be making deposits to the account soon. Balance \$6,220.80. Seed Money \$300, Prudent Reserve \$300. Operating Balance 5620.80. Motion to accept by Kristen G & 2<sup>nd</sup> by Kristin C.

**Alt. DCM:** Dan G Area 24 delegate. It has been rather quiet in the Delegate world since we met last time. Dan has been visiting different districts to share his experience with the virtual service conference in New York the 70th Virtual General Service Conference. I really enjoy sharing my experience as it provides me an opportunity to share what is going on in AA around the United States and Canada. As I have previously stated it wasn't ideal but it, we did get a lot of work done with the short amount of time we had. It has been quiet in the West Central Region, so not much to report on that. I have had a couple of districts inform me that their districts have decided to have the Delegate report back via zoom. I honor their decision and I am looking forward to seeing everyone in those districts via zoom. Area has a zoom account we can use if districts do not have one. Recently I have placed the anonymity protected electronic version of the 70th GSC final report in the drop box. (English, Spanish and French) If any of you have actually viewed that report you will have noticed the final financial report was not included. I am pleased to report that on August 15 I will be participating in my final obligation for the 70th GSC and attending the financial report presentation. Treasurer Class A Trustee Leslie Backus will be delivering the financial report at that time. Once the presentation is made public and posted on the Delegate dashboard, I will also place that in the drop box. I am still trying to figure out how to distribute the hard copies once receive them. It may be a long road trip. I may need to have some DCM's help with this and arrange to deliver some of them to your neighboring districts if you are able to help with that. We will figure it out.

**Alternate Delegate Report:** Dave G. Since my last report I have been working hard to keep the Area 24 Directory as accurate as possible—thank you to all of the DCMs and GSRs who have provided me with updates. The directory is current through August 7, 2020 and is in the Area 24 shared Dropbox folder. DCMs, please go there and check the information for your district and let me know if there are any changes needed. Now, an update on our new national database called NetSuite. This past week I received three Excel files from the records department at the General Service Office with the information that is currently in NetSuite. I forwarded that information to all of our DCMs who are working to check the accuracy. I want to thank all of the DCMs for their assiduous attention to this. Some of you got your reports back to me the same day and many within a few days. There are many errors in the national database so please try to call upon your higher power for patience,

love, and tolerance in working to bring the information up to date. This will be especially valuable for our next Alternate Delegate. Area registrars still do not have access to the database and are unable to add or modify records. We do not know when we will get access to the database. Consequently, we will continue to be required to forward all changes to the records office for them to enter. All changes you send to me are immediately forwarded to GSO and I keep track of those changes. With the new information received last week I was able to pore through the 55 updates sent since last January and most were thankfully found to be correct in the system. I will continue to monitor all updates I send to GSO to assure the changes are made. A reminder that as a result of switching to the new system, each group has been assigned a new number. The old group number is still valid and is now called the legacy number, so please don't be confused or alarmed. All groups that were in existence before mid-October 2019 now have two numbers. New groups after mid-October 2019 only have one number. For group changes going forward please go to the Area 24 website and enter all group and service chair change information there. When you have your group elections this fall, or have any other changes (e.g. Location, Time, GSR, Alternate GSR, Email, etc.), please do not use the old group change forms. Instead, please go to aa-iowa.org, our Area 24 website, and you will find three links on the home page: 1) A link for new groups, 2) A link for change of information for existing groups, and 3) change in service chair information for district and area officers and service chairs. Please enter all changes in this manner. This new method will streamline the gathering of information that will be sent to the GSO records office, to our Area 24 Directory and to our website meeting list. If you have any questions about this process, please contact me.

**Webmaster Report:** Hello Everyone, we had 2,207 users total but 1,207 actual users that were on the site for more than 30 sec. The Meeting Guide Page was the most visited page. The Challenge Page had 184 views which ranked it as the 3rd most viewed page, with Events being 2nd. I'm glad to see the Challenge Page getting viewed, hopefully it will inspire some donations. We did have a spike on Tuesday the 18th. Last Month was Saturday the 18th, not sure why the 18th has spikes. We also have a spike at 4am. The spikes are not a big deal but it's something which seems odd and unexplainable. That is all I have until next month. In Love and Service Randy C.

Scheduling our area delegate hopefully on our November business meeting to read his report from GSO, this is in the works, elections held in October. 2021 regional forum cancelled, and we are planning the 71st conference, Notes from conference from other districts, information we might find useful. Need for zoom workshops- how to use zoom The word Closed used in the virtual world is causing problems, No treatment centers some districts going virtual with meetings. Motions - Dave g made motion to send 5000\$ to GSO, this was tabled and will be revisited in October. Discussion our area has a lot of money because expenses way down, GSO is using their prudent reserve as of now. They are 3 million dollars into their prudent reserve which is about 8 months. Our area is revisiting this topic in our October meeting. Area cannot make decision for groups, another person said they are trusted servants, Dan G said we need to look at GSO financial report next week and have a better idea and discuss in October. Take Back to groups. Few points of interest- GSO is 8 million dollars into their prudent reserve, that about 8 months of function. Area 24 has \$14,790.81 in bank account.

**Archives:** Things are going well with the archives committee, I received some interesting articles from my area archivist, Jeff M. Sister Blandine, whom our own Blandine group was named after. I also received a copy of "The Founding of AA in Iowa". Things are at a standstill with archives at the moment given the current situation, but I will keep you updated.

**Corrections:** The GSO letter that was sent out had some great information for what has been happening around the country with regards to COVID. There was mention that GSO needs Spanish speaking men to correspond with those behind bars. They are also looking for experiences to be shared on how the message is being carried behind bars. I have sent an email out to both Jennifer Rice with the Scott Co Jail (You are welcome to drop off pamphlets, books, brochures etc. I can put on the library carts for each unit. We are not open for visitors, volunteers, or service providers. We have a donation box by the officer desk, or I can meet someone out front of the building wearing a mask etc.) and to Brianna with 605 (I am the best contact yes, as for in house meetings, our visitation is still on hold with COVID-19. Thankfully we have not had any cases, so the visitor limitations have been successful. Updated schedules and literature always help). At this time, we are currently not taking in meetings anywhere with no anticipated return date.

**CPC:** Venues are still very restricted, uncertain on how to contact people. This year's goal was to work with the schools; however, their main focus has been redirected due to COVID.

**Grapevine:** Carry the message project is still going on. On the website you can donate a subscription, or sign someone up a to receive a subscription.

**Literature:** Nothing new to report, making sure 605 has updated schedules & literature.

**Treatment:** Nothing new to report, not doing any inpatient treatment centers due to COVID. Discussion: Can we create a sheet to provide the Abby with folks who are willing to sponsor? (Good idea, will contact) Do they have bridging the gap slips? (Yes)

### **Group Reports:**

**Bettendorf Group:** Picnic today from 11:30 – 2pm @ Bandshell, food & games, come enjoy the fellowship. Disbursement was 50% Intergroup, 25% Area, \$25% GSO.

**Big Book Study:** Continue to see an average attendance of 20-25 people. Contributions slightly down but remain steady.

**Blandine:** Treasurer report Starting \$718.90, Contributions 83.83, Expenses 1 Grapevine subscription to the Scott Co Jail \$28.97, Books \$98.25, Ending bal \$675.51. President asked the Area 24 database be updated for new people. Another member asked what was going to happen to the intergroup tickets that were previously sold. Motion was made to announce the Intergroup "Sobriety Challenge" going on to the end of October. This is where members send in money for the number of years they have been sober. Talked of arrangements the day of the 66th Annual Picnic and Anniversary celebration Patricia and Chris are going to sell raffles. Group is trying to find poster of "Just for Today". AWS

apparently doesn't sell it, but England's area does. Thanksgiving meal set for 11/22/20 and Christmas meal set for 12/20.

**DeWitt:** In person and online meetings continue, adding a new meeting on THURSDAY at Noon, location of new meeting will be at West Berg Park. Picnic will be held on September 26<sup>th</sup> at 12:30pm at the outdoor pavilion at Grace Lutheran Bible Camp.

**The Three Legacies:** 3 Legacies virtual meetings continue to have good attendance and have resumed speaker meetings which have been amazing, we have also resumed virtual chip celebrations. whoop whoop!!!! Our last business meeting there was discussion regarding looking into different locations to have weekly AA meetings due to the continued Covid restrictions. Will continue to update District as I hear more information. There was a motion, discussion and a vote for a 200\$ disbursement to Intergroup in which that passed.

Marquette:

1st Item of Business: Treasury Report, as of Aug. 31st, Beginning bal. in Checking Beginning 8/01 \$3,382.60. Income for Aug.: \$919.50 Expense \$348.83 Checking Ending 8/31 \$3,953.36 Prudent reserve ending Aug. 31st \$5,012.88.

2nd Item of Business: Purchaser report Leo's reported expenses low because haven't needed supplies in Aug., will take inventory of supplies

3rd Item of Business Program Chair Jennifer said intergroup business office still closed but will take orders. Jennifer also said that donations are very low may need help with rent if things stay the same. Also, when things in the office get back to normal, they will need several volunteers to help man the office. There is a sobriety countdown coming soon \$1 per year pledge.

4th Item of Business: GSR report all meetings are still virtual meetings only. Dist. 9 will evaluate monthly, based on the Covid 19 virus conditions.

5th Item of Business: Election of Marquette trustee position, there were two nominees for Trustee: Debbie K. & Mel. P. After tally Debbie K. was elected to the 5yrs Trustee Position.

6th Item of Business: One-time donation to Intergroup of \$300 to help with financial needs. Also, a \$50 Donation to World Service donation was made.

7th Item of Business: Leo suggested we donation our old out of date and near out of dated pop to the Blandine Picnic. Vote taken and agreed to donated Soda to Blandine Picnic. Tabled Marquette picnic planning to September meeting.

Old Business: None

New Business: Motion Made by Sheryl. to continue VIRTUAL district meetings for the remainder of 2020 and discuss in-person meetings during January meeting. 2<sup>nd</sup> by Park, Motion Passes. Elections will be in October, Secretary to make flyers. SOPs will be sent out & reviewed, so we have them for elections. District officers need to make sure they register for the upcoming conference.

Motion to Adjourn by Sheryl, 2<sup>nd</sup> by Toni.

**DISTRICT 90 Minutes**  
**Sept. 14, 2020 @ 6pm Virtual ZOOM Meeting**

Welcome – Serenity Prayer

Attendance: Randy, Craig, Gene, Brandon, Richard, Lynette, Tom, and Kelly.

AA Birthdays: Craig – 33 Years

Minutes Approval: Craig motioned to approve the minutes from Aug. Gene second and “All in favor.” Minutes approved

**Officers’ Reports:**

**DCM:** Randy C. Hello Everyone, I would like to report that Area can now take donations online and that they are discussing sending some unused money to GSO. (Craig asked if the Area Treatment has any money for book, since we are still paying for our Treatment Chair. Randy replied that he would check in to it.)

**Alt. DCM:** Craig K. no report

**Treasurer:** Gene V. Beginning Balance: \$405.27, Deposits: \$85.10, Debits: \$134.10, Set Aside Monies (debit) \$161.25, New Balance/Available Funds: \$195.02, Savings/Prudent Reserve: \$454.48

The Deposit was a misplaced check so the money was put back into the account. Richard asked if we have had any contributions and Gene replied Camden and Henry Co. but nothing in the last 2 months. Gene informed us that due to a change in work schedule he would not be able to attend the meetings until Dec. but will send in a report. Tom asked if the Savings was a prudent reserve, Gene replied that it was money set aside in 2 accounts that were combined into one. Craig added that the money was for events and conference reimbursement, but we had not used them, so we combined them, and the money is a kind of prudent reserve or just money saved if we need it.

**Secretary:** Kelsey C. Absent

**Committee Reports:**

**Corrections:** Brandon S. Facilities are still closed. He is looking in to taking a ZOOM meeting into the Kewanee Center. Craig added that he is also looking into doing the same for other facilities. The only people allowed on the ZOOM Meetings will be the inmates and anyone who has been previously granted access and the computer will be shared by other groups like the church who are also previously allowed access to the facility. Lynette added that she thought the women’s facility has computers and will check into doing a ZOOM. Brandon reminded us to keep them in our prayers and doesn’t want to be held back from the pandemic.

**Treatment:** Justin W. Absent

**P.I. :** Richard S. Still trying to find libraies, some are still closed. Andalusia got rid of the book due to lack of use and limited shelf space. Orion was given a book. Richard asked if Lynette knew if Cambridge had a book, she didn't know, he will check. Richard did give some pamphlets to Rock Island PD, and that will be his next path once the libraries are done.

**Literature:** Kelsey C. Absent

**Accessibilities:** OPEN

**Grapevine:** OPEN

**C.P.C. :** OPEN

**Archives:** Aaron M. Absent

**Intergroup Liaison:** OPEN- Randy did mention that Intergroup has a fund-raising challenge for the groups to donate your years of sobriety and challenge other members of your group to do the same.

**GSR Reports:**

**Geneseo:** Lynette - Having more frequent group conscious meetings. All the meetings have resumed with more than 10 people practicing social distancing and they do offer coffee. The Speaker Meetings may resume in Oct. They may be able to make a donation at the end of the year.

**Last Chance:** Kelly - All meetings have resumed with good attendance. Will check about donations. Craig asked if there are any restrictions, Kelly replied that they sanitize, and masks are optional.

**Henry County:** Randy asked Craig if he would like to give a report. Craig informed that they are still using guidelines, no coffee, 10 people, masks, etc. Still doing business meetings weekly. Doing ok money wise. Discussing 44<sup>th</sup> Anniversary this month. Lynette asked about bringing a lady newcomer and Craig suggested Tue and Friday evening meetings.

**Camden:** Richard just mwntioned that they may not know District is meeting Online and Randy Mentioned that Dana was at the online Intergroup meeting so maybe we will see a return.

**New Beginnings:** Still closed. They are not allowed to go to meetings outside. They do have a list of possible sponsors and thanks to all who volunteered to be on that list. A Online meeting has evolved from the closure, 8n8AA. Open Discussion ZOOM Meetings every day a 8am and 8pm. [www.8n8AA.com](http://www.8n8AA.com)

**Old Business:**

**Open Positions • Accessibilities • Grapevine • C.P.C.**

Tom B. Was interested in possibly one of the positions and asked for some details. Randy gave a brief description of each and Tom decided he would like to stand for CPC. Gene Nominated, Tom accepted, and Tom was elected as the New CPC Chair. Much discussion was about getting Tom up and running putting him in contact with Dist 9 CPC and GSO.

**New Business:**

Intergroup 24 Hour Hotline – Change to Service, Answering Machine or Leave as is. Randy announced that a discussion has been started at the Intergroup Meetings about possibly changing the 24 Hour Hotline. There will be a flyer with more information on [www.aquadcities.org](http://www.aquadcities.org) for groups to read, share and discuss. Intergroup is looking for feedback so please let them know what your group thinks.

The meeting was running long, and several members had to exit so this meeting ended.

**NEXT MEETING Oct. 6, 2020 via ZOOM**

The Intergroup Office is closed until further notice due to COVID-19.

If you need literature, please contact Lisa at 309-764-1016 to make arrangements for a pickup.

The 24-hour line at 309-764-1016 will still be active as well as our website at [www.aaquadcities.org](http://www.aaquadcities.org). Please check the website for the latest information on meeting cancellations, re-openings, and virtual meetings.

## INTERGROUP EVENT SOBRIETY COUNTDOWN DONATION CHALLENGE

Did you know that Intergroup's Primary Purpose is to perform duties not collectively provided by individual groups or Districts?

Did you know that includes managing a 24-hour answering service, providing AA approved literature as well as other recovery related literature and items, printing meeting schedules, compiling and sending a monthly newsletter, AND acting as liaison between the districts and individuals needing services with the professional community, public information, treatment and corrections?

Historically, an annual Intergroup event and group donations funded a large portion of the expenses. The pandemic has interrupted that flow of donations.  
Now more than ever your INDIVIDUAL DONATIONS ARE NEEDED  
TO SUPPORT THESE VITAL SERVICES!

JOIN THE SOBRIETY COUNTDOWN DONATION CHALLENGE - here's how:  
Starting now and running through October 31, 2020

- Donate a dollar for every year you've been sober.
- Designate your home group
- CHALLENGE other group members to celebrate their recovery by doing the same!

We'll tally and post the numbers on the [aaquadcities.org](http://aaquadcities.org) website!  
Which groups are blessed with old-timers???  
Which groups are gratefully filled with newcomers???

### How to donate:

Visit [aaquadcities.org](http://aaquadcities.org) and select the "Donations" button  
PayPal - send as a gift to [illowaintergroup@yahoo.com](mailto:illowaintergroup@yahoo.com) and include the name of your home group in the "add a message" field  
Send a Check with your home group name in memo (see address below)  
Cash - contact your Intergroup Rep or the Intergroup Office

Illowa Intergroup  
1706 Brady Street, Ste 201  
Davenport, IA 52803  
(309) 764-1016



**District 9 Elections**  
**Please join us (virtually) on**  
**Sunday, October 4<sup>th</sup> at 10:30am**  
**to elect 2021 district officers.**

Topic: District 9 Business Meeting  
Time: Oct 4, 2020 10:30 AM Central Time (US and Canada)

Join Zoom Meeting  
<https://us02web.zoom.us/j/89193570949>

Meeting ID: 891 9357 0949

# The 10th Month and the 10th Step Prayer!

## **A 10<sup>th</sup> Step prayer for Growth and Effectiveness:**

*"God, please help me Watch for Selfishness, Dishonesty, Resentment and Fear. When these crop up in me, help me to immediately ask you to remove them from me and help me discuss these feelings with someone. Father help me to quickly make amends if I have harmed anyone and help me to resolutely turn my thoughts to someone I can Help. Help me to be Loving and Tolerant of everyone today. Amen"(84:2)*

## **Tenth Step Prayer**

*My Higher Power, My daily prayer is to best serve you,  
I pray I may continue to grow in understanding & effectiveness;  
Help me to watch for selfishness, dishonesty, resentment and fear;  
Help me to be willing to have You remove them at once;  
I must be willing to discuss them with someone immediately;  
I will make amends quickly if I have harmed anyone;  
And then I will turn my thoughts toward helping someone else;  
Please help me to remember to practice love and tolerance of others. (84:2)*

## **Tenth Step Amends Prayer**

*"God, please forgive me for my failings today. I know that because of my failings, I was not able to be as effective as I could have been for you. Please forgive me and help me live thy will better today. I ask you now to show me how to correct the errors I have just outlined. Guide me and direct me. Please remove my arrogance and my fear. Show me how to make my relationships right and grant me the humility and strength to do thy will."(86:1)*

**Illowa Messenger**  
1706 Brady St, STE 201  
Davenport, IA 52803

Address Service  
Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew! Please renew by sending your name and address along with your \$13.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

-----

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Anniversary Date: \_\_\_\_\_ Contribution amount: \_\_\_\_\_

\*\*EXTRA! EXTRA! [www.aaquadcities.org](http://www.aaquadcities.org) is live!!

\*\* Be sure to check out our new website! \*\*