

ILLOWA MESSENGER JANUARY 2021 NEWSLETTER

January Birthdays



1	Ed P.	'83
1	Butch W.	'89
1	James C.	'94
1	Slick	'02
1	Mary H.	'04
2	Bob F.	'82
4	Christina R.	'98
4	Dawn M.	'08
5	Lynn G.	'02
8	Barb S.	'03
13	Bob P.	'67
15	Jerry E.	'86
16	Chuck L.	'88
17	Paul S.	'10
18	Tami H.	'07
23	Erica S.	'00
24	Jeff S.	'07
26	Sara J.	'80
27	Dave L.	'03



Call the office, 309-764-1016, by the 15th of the preceding month to include birthdays and events in the newsletter.

Flyers and minutes are due by the 15th of the preceding month as well.

January EVENTS

Jan. 1st – Bettendorf Group open all day



The Intergroup Office remains closed due to COVID-19. Check the website at www.quadcities.org for all meeting listings (in-person and online) or call 309-764-1016 for help.

Literature can be purchased by appointment only.

Masks are required.

HAPPY ★ NEW ★ YEAR

Illowa Intergroup Group Contributions
November 2020

	<u>Nov. 20</u>	<u>Jan. – Nov. 20</u>
Aledo	0	53.00
Bettendorf	0	3,104.50
Big Book Study	0	1,305.78
Blandine	0	50.00
Cabin Fever Speaker Banquet	0	100.00
Camden Serenity Group	25.00	50.00
Central Discussion	0	1,600.00
Clinton	75.00	825.00
Courage to Change	0	511.38
DeWitt	100.00	400.00
District 90	0	175.00
Geneseo	25.00	25.00
Henry County Group	0	450.00
House Group	0	75.00
Inclusive Serenity	0	55.25
La Nueva Vida	20.00	100.00
Ladies Night	0	317.00
Last Chance	50.00	75.00
Marquette	0	350.00
Milan Hillcrest	0	100.00
Morrison	0	300.00
North Scott	0	500.00
Port Byron Hilltop Group	50.00	225.00
Sisters in Sobriety	25.00	75.00
The Three Legacies	<u>0</u>	<u>450.00</u>
<u>Total</u>	370.00	11, 271.91

Call Counts for November 2020

12-Step - 2 Information - 44 Visitors - 8

Illowa Intergroup Business Meeting Minutes
December 2020

Web Meeting called to order Monique M.

ATTENDANCE:

Groups Present: Present were, Bettendorf, Big Book Study, Blandine, Camden Serenity Group, DeWitt, Henry Co., Last Chance, Marquette, New Beginnings, Sisters in Sobriety, Three Legacies, West End.

Officers and Chairs Present: Chair – Monique; Secretary – Samantha for Deb, Treasurer - Al B, Telephone Chair Julie B, Newsletter- Beth E., Events- Steve H., Office Manager- Lisa, District 9 Liaison-Absent, District 90 Liaison- open position, Web guy- Randy C.

Motion made, seconded, and passed unanimously to accept November minutes.

Treasurer's Report 12/7/20

INCOME

Contributions	\$577.50
Sales	\$1,130.25
Events	\$0.00
Prudent Reserve Interest	\$0.96
Totals	<u><u>\$1,708.71</u></u>

EXPENSES

General	\$1,158.81
Events	\$0.00
Literature	\$537.00
Workman's comp insurance	\$0.00
Totals	<u><u>\$1,695.81</u></u>

TOTAL INCOME MINUS EXPENSES **\$12.90**

ACCOUNTS

Checking	\$773.25
Savings (Prudent Reserve)	\$4,557.51
	\$0.00
Totals	<u><u>\$5,330.76</u></u>

Office Manager's Report

Hello everyone,

The office continues to remain closed due to COVID-19 but those needing literature or chips can call me at 309-764-1016 to make an appointment for pickup. Masks are required, and we accept cash or check only. Since several holiday events have recently been cancelled due to COVID-19, I urge you to check our website for the latest updates.

Please consider donating to Intergroup at this crucial time. We are now using our prudent reserve to pay our expenses, which won't last too long. You can also help by volunteering to take a slot on the phone rotation, signing up for our 12-step list or volunteering to work in the office once we are open.

Call counts for November were 2 12-step, 44 information, 8 visitors, and 6 texts. Our business meetings will continue to be held online/by phone. Information on how to join is on our website at www.aaquadcities.org. Once again, I would like to thank our web guy, Randy, for his tireless work at keeping everything updated. Our next business meeting will be January 4, 2021.

Stay safe, everyone! In love and service, Lisa W.

Telephone Chair report / December 7, 2020

Hello! Hopefully you're all staying healthy and your families are well! I can't believe we are in December already! Thank you to Lisa for not only taking the phones during the day, but also for transferring them for me when I wasn't able to. Also, thank you Melanie for making reminder calls and also taking the phone for extra shifts. ☺ For the past few months I have been trying to brainstorm ways to make how we handle our after-hours phone helpline better, specifically how to change what we do to solve the recurring issues. I want to thank everyone who provided feedback, it was very much appreciated, and I wanted to let you know I've decided to abandon the search for now. I will continue to address any issues as they come up (missed calls and unavailable volunteers), and I will monitor the calls as I've done and of course will keep you all updated as well.

There are currently 2 available shifts on the phone rotation; you can also reference the flyer on the aaquadcities.org website with this information:

1st Thursday of the month: 5:30pm-9:00am

5th Thursday of the month: 5:30pm-9:00am

These shifts are available because current volunteers were asked and some agreed, to give up their shift to a new volunteer.... NOTE: at one point I had several people asking if shifts were open, but as it turned out the shifts that were open did not fit into their schedules. In love and service, Julie

Webmaster Report

Hello Everyone, we had 2,015 users total but 1,346 actual users that were on the site for more than 30 sec. The Meeting Guide Page was the most visited page. The Virtual Meetings Page was the 2nd most visited page. The Events Page is back at 3rd. The Updated 24-hour

phone service flyer had 64 views, which it isn't bad. I added very noticeable links on the front page to Service, Events, and Donations, since they seem to have the most changes. That's all I have until next month. In Love and Service Randy C.

GROUP REPORTS:

Bettendorf Group:

Bettendorf met with the City of Bettendorf via Zoom and was granted a 6-month lease renewal at the Community Center, but both the city and the group are anxious to find our future home, as the City is committed to selling the building. The City is looking at owned properties and properties they might wish to own where we could enter a landlord-tenant relationship that would be within our traditions. We also have a committee searching properties in the vicinity of our current downtown location. Based on their research so far, retail monthly rents are anticipated to be between 1,000 and 1,500/month, far more than we pay currently. Attendance is down since the surge in Covid-19 cases. Because of the need to move and the drop in contributions, the group expects to review its prudent reserve level at the December business meeting this month. Intergroup remains the most important contribution the group makes, but it is clear that we will not be able to contribute at the level we once did.

Masks are encouraged but not required. We have also recommended that room attendance be less than 25 with appropriate social distancing. The 6AM attendees have independently decided to universally mask. At this time, we also have the 8 AM virtual meeting on Saturdays.

For anyone who experienced evening meetings over the past few months when the parking lot lights were not on, this has been remedied by the city. We are also promised snow removal service in the lot again this winter, though the city commented it has many new drivers and it may take a little longer to get to the lot than was the case in the past.
Love and service, Frank

New Beginnings Group

Hello Everyone, the Stutsman Lodge is still closed to the public. Please keep them in your prayers. In Love and Service Randy C.

OLD BUSINESS: District 90 needs a new liaison; do not need to live in Illinois to be a liaison. Please bring this back to your group; meeting meets the evening after the Intergroup meeting. After much review and consideration, Telephone Chair putting on hold any changes for Intergroup phone for now.

NEW BUSINESS: Please bring back to groups discussion regarding an in-person event in the Spring, decision to be made on whether to move forward and book venue and speaker to be discussed at next meeting. Zoom event also an option.

The next Intergroup meeting will be held Monday, January 4, 2021 at 6pm via zoom video/phone conferencing.

District 9 Monthly Meeting
December 6th, 2020

Attendance:

Chairs: DCM, Alt. DCM, Treasurer, Archives, Corrections, CPC, Grapevine, Literature, Secretary, Treatment.

Groups: Bettendorf, Big Book Study, Blandine, DeWitt, The Three Legacies

Chair Reports:

Treasurer: Beginning Balance: \$6,317.40; Total Income \$572.50; Total Expenses \$0; Balance \$6,567.40; Seed Money \$300; Prudent Reserve \$300. Operating Balance \$5,967.40. Discussion: Issues with online banking access and getting signers transitioned, everything is outsourced to people elsewhere. Is now the time to move to QCB&T? No outstanding checks as of now, would make the transition to switch easier. Motion made by Jaclyn to move bank account to QCB&T, 2nd by Park

DCM – GSO Workbook went out; corrections, PI & literature positions still open; Marshalltown meeting Jan 9/10th

Alt. DCM: - Webmaster report given. Thank you, Marybeth, for your service as district 9 DCM. We both learned and grew together.

Archives: No Report.

Corrections: I have the pleasure of sitting on a panel for the Area Corrections workshop in November. It was a great workshop collaborating on what other districts are doing in regard to meetings and bringing the message in. Some districts are able to do zoom meetings, but most are not meeting. I did receive a call from RCF wanting to resume our Tuesday night men's AA meeting. I had reached out to our West End correction liaison, Tom J, to resume. It was brought to my attention that he was not able to fulfill his role due to medical concerns and therefore we have not had any men's AA meeting being taken back in yet. I received a call from Jennifer at Scott Co jail and although we are not able to resume our women's and men's meetings, we do have a member of AA going in and doing some one on one work that was initiated by the jail and Jennifer. She did say they are looking into getting Zoom or video capabilities to try and collaborate and bring meetings back. More to come. Thank you all for allowing me to be of service in this capacity and these last 2 years have been amazing!

CPC: No Report.

Grapevine: No Report – Reminder that Grapevine subscriptions are great gifts, you can even get an online subscription that include audio files and PDF.

Intergroup Liaison: No Report.

Literature: Got some literature from Intergroup & delivered them to the Abbey, will drop off @ other facilities this week. **PI:** No Report – Vacant Position.

Treatment: No Report

Webmaster: Hello Everyone, we had 2,015 users total but 1,346 actual users that were on the site for more than 30 sec. The Meeting Guide Page was the most visited page. The Virtual Meetings Page was the 2nd most visited page. The Events Page is back at 3rd. The Updated 24-hour phone service flyer had 64 views, which is isn't bad. I added very noticeable links on the front page to Service, Events, and Donations, since they seem to have the most changes. That's all I have until next month. In Love and Service Randy C.

Group Reports:

Bettendorf Group: Bettendorf Group met in person Wednesday, November 18, 2020. We continue to have in person meetings at regularly scheduled times with the addition of one open masks only meeting at 1 pm on Sundays. It is well-attended. Elections were held. All positions were filled except for CPC. Bettendorf will be open for the holidays. All regularly scheduled meetings will be held but are open. Christmas – Friday, December 25th – 6 am to 11 pm. New Year's Eve – Thursday, December 31st – 5:30 pm to 1:00 am with a special Midnight Candlelight Meeting New Year's Day – Friday, January 1st – 7:30 am to 11:00 pm. All details are posted on aaquadcities.org

Big Book Study: Created a plan to implement Hybrid meetings then positivity rate increased; will revisit Hybrid meetings once the church allows people in the building again.

Blandine: Starting balance \$716. -71. Contributions. -\$6.25 for AA sign, \$31.03 Ending bal \$717. Since the Thanksgiving event and Christmas event have been cancelled getting a prudent reserve account discussed. Group needs new 4th Edition BB and ES. Group is spread thin trying to get people to people to open room and chair meeting. Masks are required.

DeWitt: Meeting in person, masks optional. Continue to see more newcomers & will have Holiday Meetings (Christmas & New Year's Day @ 10:00am).

Marquette:

1st Item of Business: Treasury Report, as of Oct. 26th, Beginning bal. in Checking Beginning 11/01 4,132.17 Income for Sept.: \$719.01 Expense \$407.30 Checking Ending 10/26/20 \$4,444.06. Prudent reserve ending Oct. 30th \$5,013.16.

Linda requested that we all print our name on receipts so she can pay the correct person.

2nd Item of Business Purchaser report Leo said he has purchased coffee, creamer, and sugar. Leo also asked how many boxes of mask he should buy. We decide on 2 for now. Iowa Governor's mandate for mask inside over 15 enforce, we provide mask.

3rd Item of Business Program Chair. Don reported all chair slots were filled for the month of December.

4th Item of Business Meeting Schedule Ranae reported that Amy is making monthly schedules and ask if there were any changes with us in December. With none said, we discussed providing Amy (church cleric) with a gift of appreciation for her service to our group accommodations. Voted on a \$100 gift, card Linda will get.

5th Item of Business GSR report. All Dist. 9 meeting have been virtual, they are shooting for Jan 2021 for in person meetings.

6th Item of Business P.C report. We discussed getting a cork board for announcements. I told them Joes was checking of it I think. Leo is checking price and availability. Short meeting, all adjourn. Record 23 mins. Adjourn; 6:23 Next Meeting December. 28th, 2020

The Three Legacies: Good morning beautiful people!!!! I hope you had a great Thanksgiving. 3 Legacies continues to hold virtual meetings weekly until further notice due to COVID-19. We look forward to celebrating in person meetings when they do take place. I am not sure I reported this at the last meeting, but 3 Legacies did vote to send 300\$ to GSO to help support the financial impact COVID-19 has had on them. 3 Legacies did hold elections for all positions which are as follows, GSR- Rachel, Rebecca - Chair, Secretary- Darcie, Treasurer- Joy - Zoom coordinator- Sheryl. The remaining homegroup positions have been put on hold until we return to in person business meetings. Have a great Christmas Holiday and God Bless.

Old Business:

- Giving Money to GSO - Amount \$1,000 – Motion Made by Park to donate \$1,000 to GSO, and hold off send the check until we have switched banks in January - the motion was 2nd by Park
- Open Positions: Corrections, PI, Literature

New Business:

- Give an additional \$1,000 to GSO – take this back to the groups for their input & discuss at next month's meeting.
- Zoom Meetings – Sheryl F. made a Motion to continue zoom meetings indefinitely, 2nd by Toni.

Motion to Adjourn made by Toni @ 11:08am

DISTRICT 90 Business Meeting

December 8, 2020 @ 6pm Virtual ZOOM Meeting

<https://zoom.us/j/6591910636>

If you have the App (which is suggested) the meeting number is: 6591910636
via telephone 1 312 626 6799 Meeting Number: 659 191 0636

Welcome – Serenity Prayer

Attendance – DCM – Randy, Alt. DCM – Craig, Treasurer – Gene, Archives – Aaron, Secretary – Kelsey, GSR Geneseo – Ted/Alt. Ken, GSR Last Chance – Kelly

AA Birthdays – None

Minutes Approval Craig motioned to approve, Ted second, none opposed.

Officers' Reports:

DCM: Randy C. Hello Everyone, I wasn't able to attend the Virtual Area Fall Committee Meeting in Oct. and I haven't received the minutes from that meeting yet. The Winter Assembly, which we wanted to host, will be online this weekend. Unfortunately, I will not be able to attend that meeting either due to some family issues I need to take care of in Peoria. However, I have been attending Area 20 Virtual DCM Meetings hosted by Chris DeGrane, the Area 20 Alternate Delegate. It seems that all throughout Area 20 a lot of meetings are suffering from lower attendance which creates lower funds. Some groups are trying to do hybrid meetings which are both online and face-to-face simultaneously. Also, some groups are feeling split since the regular online members are not meeting with the regular face-to-face members. For example, the online member are usually the "Old Timers" with years of sobriety but they are at high risk and cannot pass their "Wisdom" on to those who have lesser sobriety, which are the ones who are attending the face-to-face meetings, since they do not feel to be at high risk. The hybrid may be a solution, which are just my thoughts. I ask, is this happening with your groups? That's all I have until next month. Randy asks if a hybrid meeting would be something other groups would be interested in as well to get more fellowship interacting of new members and old members. Craig agrees that it is a problem at Henry County.

Alt. DCM: Craig K. -none

Treasurer: Gene V.

Beginning Balance: \$492.27, Deposits: \$50.00, Debits: \$0.00, Set Aside Monies (debit) \$161.25, New Balance/Available Funds: \$381.02, Savings/Prudent Reserve: \$449.48

Secretary: Kelsey C.- none

Committee Reports:

Corrections: Brandon S. Still not allowed in so keep them all in your prayers. Craig is also adding that they are keeping in contact with their group. There are only 7 or 8 guys left from

the group and they are scheduled to get out in the next 6 months. So, if they can't get back in there sometime soon then they are going to be starting from scratch with the prisons.

Treatment: Justin W. none

P.I. : Richard S. none

Literature: Kelsey C. none

Accessibilities: OPEN

Grapevine: OPEN

C.P.C. : Tom B.

Archives: Aaron M. none

Intergroup Liaison: Hello Everyone, Randy C, alcoholic, I did get to attend last night's Intergroup Meeting and since we do not have an Intergroup Liaison assigned to us yet, I would like to give a small report on Intergroup. The talks about possibly changing the 24-hour Phone Service have ended, there will be no changes. Intergroup did have to use \$500 from their Prudent Reserve to cover expenses and will probably have to dip into it again next month. They will be deciding on the Anniversary Event next month, whether to have it, have it later, or possibly some sort of online Speaker event. Some sort of flyer will be posted on the website. Please let Intergroup know what you or your Group's thought are. In Love and Service Randy C.

GSR Reports:

Geneseo: Ted-still meeting in person usually less than 10 so it hasn't been a problem compiling.

Last Chance: Kelly- everything is about the same. Attendance has gone down a bit. COVID-19 numbers having gone up, so people are being more cautious. Have zoom groups going on. Sanitizing after every meeting and have masks available.

House Group: none

Henry County: none

Milan Hillcrest: none

Camden: none

New Beginnings: still closed to the public so keep them in your prayers

Old Business:

Open Positions • **Accessibilities** • Grapevine

New Business:

End of the year. There is money to spend. Craig is making a motion to keep our set aside and the grapevine subscriptions to RICCA and top of the world and send the rest to intergroup. Kelly seconds the motion. No one opposed.

Ted motions to adjourn and Aaron seconds.

NEXT MEETING Jan. 5, 2021 via ZOOM

 Bring on
the
NEW YEAR!
AT
BETTENDORF
GROUP!

New Year's Eve

Thursday, December 31st

5:30 PM to 1:00 AM

Meetings at 5:30 PM and MIDNIGHT

New Year's Day

Friday, January 1st

7:30 AM to 11 PM

Meetings at 7:30 AM, 10:00 AM, 5:30 PM, 8:00 PM and
10 PM

ALL MEETINGS BOTH DAYS ARE OPEN

Feel free to bring snacks to share.
Come by for fellowship and fun.

Bettendorf Community Center
2204 Grant Street - Bettendorf, IA 52722



Big Book Study Group is Turning 20!



When: Tuesday, February 23rd 2021 6:30pm

Where: Zoom meeting ID: 752 320 859

Password: 561074

<https://zoom.us/j/752320859?pwd=cjBRejISVnBMSjA5Z1IKNkxmYWN6Zz09>

The 1st Month and the 1st Step Prayer!

First Step Prayer

Dear Lord, help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism. (This prayer is developed from the chapter, More About Alcoholism)

Taken from http://friendsofbillw.net/twelve_step_prayers

I know we have some great writers out there!!



I'm looking for individuals that would like to write an article for our newsletter!

Some examples of things you could write about are:

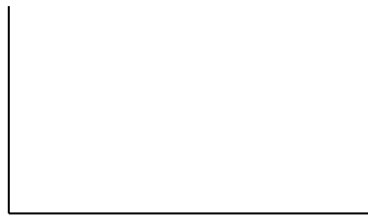
- Tell us your story! We've seen so many people's lives change with this program. We read and hear it all the time in the Grapevine about alcoholics whose lives have gotten better with the simple AA program. Most of those stories in the Grapevine come from places we've never even heard of. It would be a blessing if we could hear some of these stories from right here in our own area.
- An experience you had at a conference. One here local, far away or maybe one of the international conferences.
- The history of your home group. All of us here in the quad cities area would enjoy hearing how your home group got started and some of the traditions it carries on with today. Anything AA related would be wonderful.

You can contact me at bethmelliott07@gmail.com or simply call the Intergroup office at 309-764-1016!

Love, Peace & Coffee,
Beth E. - Newsletter Chairperson

Illowa Messenger
1706 Brady St, STE 201
Davenport, IA 52803

Address
Service
Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew! Please renew by sending your name and address along with your \$13.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

Name:

Address:

City, State, Zip:

Anniversary Date: _____ Contribution amount: _____

**EXTRA! EXTRA! www.aaquadcities.org is live!!

** Be sure to check out our new website! **