ILLOWA MESSENGER NOVEMBER 2021 NEWSLETTER

November Birthdays



1	Carol P.	'83
4	Joe C.	'83
5	Betti B.	'04
7	Denny B .	'81
7	Gary D.	'13
8	Judi B.	'11
8	Bill M.	'75
9	Bill T.	'82
16	Sandy S.	'98
18	Jody F.	'88
26	Dennis P.	'96
27	Sheryl F.	'99
27	Jerome J.	'04



Has your group changed meeting times or days, moved to a new meeting place, or discontinued a meeting? If so, please help us keep our meeting schedule current by contacting the Intergroup Office at 309-764-1016.





1st - Intergroup Business Meeting

2nd - District 90 Elections

3rd – 8n8 AA Primary Purpose Big Book Meeting starts

20th – Camden Serenity Group speaker meeting and potluck

21st – Blandine Thanksgiving Potluck

21st – Milan Hillcrest Group Thanksgiving speaker meeting and potluck



NOVEMBER IS GRATITUDE MONTH

Gratitude is an action!!!

- Call someone you haven't seen in a while
- Sign up for the Intergroup 12-step list and/or phone rotation
- Do something nice for your sponsor
- Donate to a food bank
- Contribute to Intergroup, District, and the General Service Office – Give back!
- Volunteer at Intergroup!

Illowa Intergroup Group Contributions September 2021

	Sept. 2021	<u>Jan Sept. 2021</u>
8n8 AA	110.00	1,479.00
Bettendorf	0.00	1,300.00
Big Book Study	0.00	1,568.78
Blandine	50.00	100.00
Camden Serenity	25.00	200.00
Central Discussion	0.00	300.00
Cleveland	0.00	21.00
Clinton	50.00	575.00
DeWitt	0.00	100.00
District 90	0.00	275.00
Geneseo	30.00	60.00
Henry County Group	0.00	600.00
House Group	0.00	107.00
La Nueva Vida	30.00	60.00
Last Chance	0.00	392.00
Marquette	0.00	1,000.00
Port Byron Hilltop Group	0.00	100.00
Rainbow	0.00	40.00
Sisters in Sobriety	0.00	195.00
The Three Legacies	0.00	<u>400.00</u>
<u>Total</u>	295.00	8,897.78

Call Counts for Sept. 2021

12-Step - 1

Information - 59

Visitors - 34

Al-anon - 1

Illowa Intergroup Business Meeting Minutes October 4, 2021

Virtual Meeting called to order by Monique M at 6:00pm with Serenity Prayer.

Attendance:

Officers present: Chair - Monique M.; Co-chair - Mike C., Secretary - Julie B.; Treasurer - Al B.; Newsletter - Beth E., Events - Cassidy G., Office Manager - Lisa W.; District 9 Liaison - Erica B.; District 90 Liaison - Craig K., Webmaster - Randy C.

Groups present: 8n8 (Welcome new rep: Krystyna!), Bettendorf, Big Book Study, Blandine, Courage to Change, Henry County (Craig K in for Bob W), Last Chance, Marquette, New Beginnings, West End (If I missed anyone, please let me know!)

Motion was made, seconded, and passed to accept the September minutes as published in the newsletter.

Officers' report:

Treasurer's report given by Al B.:

Income: \$2123.63 (\$368.60 contributions, \$1754.11 sales)

Expenses: \$3461.07

Income minus expenses: -1337.44

Checking account: \$527.84

Savings account (Prudent reserve): \$5110.02

Office Manager's Report: Hello everyone, Intergroup is in desperate need of contributions, as I have had to again take money from our prudent reserve to pay bills and will have to continue to do if things don't change. We need to look at other options, such as raising literature prices or eliminating services. Interestingly, the two largest contributors to date are the Big Book Study Group, which has one meeting a week, and 8n8 AA which is totally on Zoom. I would like to thank all the groups as well as the individual contributors that have donated this year.

I would like to thank Terri B. for doing the weekend phone transfers in September. I would also like to thank Desiree K. for taking the phone when the office is closed in the morning. In the spirit of rotation, we do need other people to step up and help with the phone if no one is willing to be the phone chair. Otherwise, I am worried that we will have to stop having a 24-hour phone service. Call counts for September were 1 12-step, 59 information, 34 visitors, and 1 Al-anon.

Our next business meeting will be Nov. 1 at 6 p.m. on Zoom. In love and service, Lisa W. Office Manager

Telephone Chair – position open

Events – Save the Date flyers were made and mailed out to the local groups for the annual event. The year was incorrect on them but will be corrected when we send out the official event flyers and print tickets. More to come on committees as we reach the beginning of 2022.

Needing feedback on what month to host a winter event - Jingle Jam Fundraiser (speaker jam/dance). Also need to find a location preferably free. More to come on date, location, and committee. Leaning towards January for the event so it's after the holidays. In love & service, Cassidy G.

Newsletter - nothing to report

District 9 liaison – District 9 meeting was yesterday, Maryann was the speaker for the district meeting about service and literature changes, no reports were given...more info on the district 9 minutes

District 90 liaison - nothing to report

Web report - Hello Everyone, we had 2,789 users total but 1,577 actual users that were on the site for more than 30 sec. We had 100 more users this month. The most visited pages were, the Meeting Guide, the Virtual Meetings Page, and Events moved back to 3rd. We did have a noticeable spike on the 10th. Keep checking the Events Page for any type of Group Announcements. That's all I have until next month. In Love and Service Randy C.

Group reports:

8n8: Online every 8am and 8pm. Attendance is good and has been growing steadily. We now see between 12-20 attendees at both times. We now have a rehab centre participating a couple of time a week. We continue to be self-supporting. What's new: STEPS 1-2-3 Workshop, Primary Purpose Big Book Study, Starts 3 November at 8pm. The Meeting will be held every Wednesday at 8pm, so this meeting will now be changed from an open topic meeting. In Love and Service, Krystyna D.

Bettendorf: Good evening everyone! Bettendorf group continues to hold in-person meetings. Attendance has been great. We are seeing more newcomers attending, with many coming back, continue their journey and celebrating sobriety milestones.

I continue to share Intergroup's need to fill the phone chair position vocally and by posting the opening along with the requirements on our Intergroup bulletin board for those interested. The group discussed new business which included next year's picnic, the Bettendorf group anniversary and we voted to form an adhoc group to oversee our annual room deep cleaning.

Bettendorf group voted to add an additional open meeting on Thursday nights at 5:30, in addition to the open meeting on Saturday and Sunday evenings.

The group discussed our plans for relocation and to maintain our relocation committee's members until a decision is made for the new location. In love and service, Bob

Big Book Study: We are still meeting both in person at the church and via Zoom on Tuesdays at 6:30pm. We have anywhere from 5-13 Zoom attendees each week.

We are planning a GROUP INVENTORY to take place in the next few months. We'll be evaluating how well we're fulfilling our primary purpose using the 13 suggested questions found in the pamphlet: AA Group... Where it all Begins.

Courage to Change: Courage to change is excited to announce returning to "in person" meeting on Tuesday nights at 6:30 PM effective October 5th at 1401 north Perry St in Davenport. Our next business meeting is oct 26th 2021.

In love and service, Nadine

Last Chance: We had an emergency group conscious meeting Sunday Sept 19 and we decided to postpone the September business meeting until October 24th. A lot of our members wanted to go and support the Oquawka Fish Fry.

New Beginnings: Hello Everyone, New Beginnings Meets at Stutsman, behind RICCA at 1607 John Deere Rd. in East Moline. Masks are required for ALL Visitors. We meet; Mon. @ 6:30pm, Wed. @ 8pm and a Primary Purpose Big Book Study, (PPBB), Sat @ 2pm. If you can, please stop in and share your experience, strength and hope. Randy C.

No other written reports were submitted

Old Business - open position: Telephone Chair

New Business - none

7th Tradition – Checks can be mailed to the office or donations can be made online via PayPal to <u>illowaintergroup@yahoo.com</u>. All reports need to be e-mailed to the secretary as soon as possible if they are to be included in the Intergroup minutes.

Meeting adjourned with the Lord's Prayer at 7:00pm.

The next business meeting will be held on November 1, 2021, at 6pm on Zoom

<u>District 9 Monthly Meeting</u> <u>October 3rd, 2021</u>

Attendance:

Chairs: DCM, Treasurer, Corrections, CPC, Grapevine, Intergroup Liaison, Secretary, Zoom Coordinator

Groups: Bettendorf, Big Book Study, Courage to Change, The Three Legacies

Chair Reports:

DCM: Greeting's district 9, Thank you all for supporting our area 24 delegate the past Sunday. I was able to participate in a quick portion of the central regional forum in September. A district 9 inventory is in the works and will announce the date in the future. I attended the fall conference in Des Moines and will have a report prepared for our next district meeting. Yours in service, Lee C

Archives: Greetings from Archives, Trivia Question: What year was the responsibility statement created? Answer: 1965 By Al S. 1947 - First stirrings in England: Though the first official A.A. group in England won't be formed until 1948, the ball gets rolling when a visiting American woman, Grace O., writes to five Londoners who are in touch with the Alcoholic Foundation and schedules a meeting at the Dorchester Hotel (right) for March 31, 1947. The eight attendees include two A.A. members from North America: an A.A. from Hollywood, California, whose acquaintance she had made on the voyage across the Atlantic, and "Canadian Bob," whom Grace had met in a London restaurant and who will figure large in A.A.'s growth. Meetings will continue in restaurants and residences, among them the home of Canadian Bob.

1950 - A.A.'s first International Convention: In July 1950, Alcoholics Anonymous' 15th anniversary is marked with an international convention in Cleveland, with some 3,000 people in attendance. One of the most significant events is the adoption of the Twelve Traditions. The convention, held at the Cleveland Public Auditorium (right), also features the last public message to the Fellowship by Dr. Bob, who stresses, in his brief remarks, kindness and "keeping it simple."

We met as a committee on August 29 and have a few projects we are starting to work on. One of our committee members will start interviewing the Bettendorf Group as they are celebrating 50 years this year. We are also starting the interview process with groups that had to move from in person meeting to zoom meeting in 2020 and still 2021. We are looking for volunteers to join us here on Sept 26 at 10:30 am to sort and go through our archives. We have really cool stuff in our archives and lots of sorting that needs to be done. Please if you would like to help, please join us here at Central Discussion. I am still looking for a place to store our archives. I would like to be able to display what we have and also preserve what we have.

I learned yesterday at the forum that in 2020 there were more inquires at GSO for Archives 1221 than any other. How exciting is that. In Love and Service Sheryl F

CPC: Hello and Happy Sunday to you all! CPC is going well. We have completed 2 groups of nursing students for Blackhawk so far since schools have been back in session. Thank you so much for the committee members that attend to share information. I did have a medical provider from a local office reach out asking for information about AA for one of her patients. I did inquire if they would like us to go and speak with their providers as a group and at this time, they are just requesting information. After a visit to Intergroup I created some simple packets relevant to their clientele and took them into the office. We are still looking for more volunteers. The more AA members we have the more flexible we can be with sharing AA with Professionals. If you or someone you know is interested, I can be reached at 563-570-5301. Love and Service, Shawna

Intergroup Liaison: Hello! Intergroup contributions are very low. 8n8 and big book study were the 2 largest contributions...again, dipping into prudent reserve. Income for the month \$2123.63. expenses \$3461. 07. in the RED \$1337.44. Accts: Checking: \$527.84 savings (prudent reserve) \$5110.02 = \$5637.86. TELEPHONE CHAIR STILL OPEN. Going month to month until chair is filled. Looking for someone to do the phones for Nov. Save the date flyer is out for the intergroup dinner dance (April 9, 2022). Lots of events going on so please check the intergroup website. Next intergroup business meeting Nov 8th Zoom @ 6pm. In love and service, Erica B. (district 9 liaison)

Treatment: Hello there from Treatment! We have taken in a few AA meetings to Genesis 2 north. Due to the process of getting volunteers approved and ready to go, it was decided to postpone any more meetings going in until we have a full set of volunteers. We are looking at the month of November or December. I will not be able to attend the conference this weekend as I have a prior commitment. In love and service, Jaclyn M.

Group Reports:

Blandine: Blandine Business Meeting 9/26/2021 - Blandine's Next business meeting will be October 31, 2021, at Noon to 12:30 and will be held at Blandine. In Attendance: Chris, Tricia, Mia, Bob, Christy, Justice absent: Don Minutes from last meeting were read and passed. Treasure's Report Beg Bal: \$401.01, Contributions \$74.46, \$205 picnic, Expenses: Intergroup \$50, Food for Picnic \$212 Literature \$89 Ending Bal \$340.61, \$300 Prudent Reserve Intergroup Report: Cassidy is the Event chair and has put deposit for Holiday Inn for April event, speaker will be someone that grew up in Moline. GSR Report: The Blandine Library has 128 speakers. Linda A's story was recorded and added to the library. Area 24 Newsletter and GSO Newsletters came out September 10. Please advise if any information needs to be addressed at District. The next Area 24 Fall Conference October 8 @ 5:00 pm - October 10 @ 5:00 pm. Mary Ann the Area 24 Delegate will be speaking at the next District Meeting. PI had a dropped ball. Minister has asked for a person to be at quarterly event. District 9 doesn't have a PI chair and can't send anyone. There is a recording from Area 24 for PI workshop. GSR to make a motion to put it on Intergroup Website so people can learn about the position. New Business: Motion was made to change to the new preamble. Passed 5 to 1. Room to be decorated for Halloween. Halloween get together 12:30-2pm. Auctioning Blandine ashtrays. Thanksgiving will be done 11/21, room to provide turkey and 2 sides, Christmas to be held 12/19. New Year's Eve get together 9-12 Candlelight meeting. In service, Christy

Marquette: 1st Item of Business: Treasury Report, as of Sept. 30th, 2021, Checking Beginning Bal. 07/30/21 \$7,063.29 Income for Sept. 2021: \$704.78; Expense for Sept. 2021 \$1,381.75; Checking Ending Bal. 08/30/2021 \$6431.56; Prudent reserve ending 08/30/21 2021 \$5,013.31 2nd Item of Business: Bill reported that Lisa was on vacation, so he did have a report. 3rd Item of Business: Rodney said that all but 3 chairperson positions are filled, Rodney reported that the new 5:30pm meeting is doing great out the gate. 4th Item of Business: Meeting Schedule_Jim give GSR report. 5th Item of Business: Picnic was discussed, and scheduled for Oct. 16, at Garfield Park pavilion, 10:30am fellowship, 11am meeting, Noon picnic lunch after, Menu: Hot Dog, Brat, Hamburger, Potluck requested. Costumes encouraged, not required. 6th Item of Business: All donations were tabled until next month. Adjourn; 6:05 Next Meeting Nov. 29th, 2021, Love and Service Jim D. – GSR/asst. Sec.

The Three Legacies: Good Morning All, the next Three Legacies Group business meeting will be held Tuesday October 12th where we will be holding elections!!! Three Legacies meetings are still being held twice a week: Tuesday Evening @ 7:00 pm (Hybrid – Open Speaker) and Saturday Morning @ 9:00 am (Online Only – Closed Big Book Discussion) In Love & Service, Rachel B

Old Business: No new business was discussed due to Area speaker.
The business was discussed ade to fried speaker.
<u>New Business</u> : Area speaker, Mary Ann G. spoke. No new business or reports were discussed due to Area speaker.

DISTRICT 90 Business Meeting Oct 5, 2021

Welcome from Randy C & Serenity Prayer

Attendance: Kelsey - Secretary/Literature, Randy-DCM/New Beginnings, Aaron-Archives, Gene-Treasurer, Ted-Geneseo, Gary-House Group, Alt DCM/intergroup liaison Craig

AA Birthdays: Craig - 34, Rand - 7

Minutes Approval - - Craigs motions, Kelsey 2nds, Minutes Approved

Officers' Reports:

DCM: Randy C., not much to report. Have been sending a lot of updates in emails.

Alt. DCM: Craig K. none

Treasurer: Gene V. Beginning Balance: \$450.64, Deposits: 28.00, Debits: \$21.00,

Set Aside Monies (debit) \$161.25, New Balance/Available Funds: \$296.39, Savings/Prudent Reserve:

\$449.58. Got a letter from intergroup thanking us for our contributions.

Secretary: Kelsey C. none

Committee Reports:

Corrections: The state has come up with mandatory vaccinations for all volunteers. Have offered religious and medical exemptions. If you don't get an exemption you have to be vaccinated by the 15th. Rock Island County is not ready for them to come in. Meetings at Life Skills are incredible. Hopefully I will be able to start having speakers coming in shortly. Randy asked if there is any contact with Galesburg prison. Spoke to a woman you work with at the Galesburg prison and would like to get some meetings started there. Asked for contacts.

Treatment: Kelly S. No Report and she had surgery so hasn't been able to do anything but should be able to get back into action soon.

P.I.: Richard S. Absent

Literature: Kelsey C. none

Accessibilities: OPEN

Grapevine: OPEN

C.P.C.: OPEN

Archives: Aaron M. No new updates.

Intergroup Liaison: Craig K. telephone chair is still open. It is being filled on a month-to-month basis by volunteers. There is discussion about shortening the length of commitment to attract more interest. Looking at putting together a couple events. Finances are always low. Let your groups know. The lowa side

has a lot of bonfires and get-togethers going on for people to be involved in. Confirmed the banquet in April at Rock Island Holiday Inn. Cabin Fever is still trying to be pulled together.

GSR Reports:

Geneseo: Ken. Geneseo is doing well. Anniversary on the 23rd. Speaker at 3. Fellowship and Potluck at 5.

Last Chance: No Report

House Group: Gary Just had their picnic and has a couple potlucks coming up.

Henry County: Aaron-Speaker event on the 16th at 7. Potluck at 6. Schedule has changed and is updated on the intergroup website. Had some extra money and sent \$500 to intergroup, \$100 was supposed to be set aside for the coffee at the spring event.

Milan Hillcrest: No Report

Camden: No Report

New Beginnings: Randy Hello. Hello everyone, New Beginnings may be closing due to Covid. Meets at Stutsman, behind RICCA at 1607 John Deere Rd. in East Moline. Meetings are currently inside; masks are required for ALL Visitors. We meet; Mon. @ 6:30pm, Wed. @ 8pm and a Primary Purpose Big Book Study, (PPBB), Sat @ 2pm.

8n8AA: No Report

Old Business:

Open Positions • Accessibilities • Grapevine • C.P.C.

Elections will be November 2nd

New Business:

None

NEXT MEETING November 2nd, 2021, via ZOOM

BLANDINE GROUP HALLOWEEN GATHERING OCTOBER 31, 2021 12 P.M. TO 2 OR 3 P.M. BRING YOUR FAVORITE SNACKS AND DRINKS WE ARE GOING TO PLAY THE GAME INTO ACTION AND BREAK UP INTO TEAMS. YOU CAN ALSO BRING YOUR OWN GAMES OR CARDS.



HOUSE GROUP 4910 4TH AVE MOLINE ANNOUNCES NOVEMBER SPEAKER AND POTLUCK

KEVIN FROM CAMDEN

NOVEMBER 20, 2021

DOORS OPEN 5:30 DINNER 6:00

SPEAKER 7:00

PLEASE BRING A DISH TO SHARE

Sunday November 21st

Milan Hillcrest Group

Thanksgiving Speaker Meeting



Please join us as we welcome

Kai B

From

Fort Armstrong Group



Dinner Will Be Served Beginning at 6:00 P.M.
50/50 Raffle Will Be Held
Please Bring a Dish to Share
Kai Speaks at 7:00 P.M.

Milan Hillcrest is located at: 106 West 4th St. Milan, IL

HOLIDAY HAPPENINGS AT BLANDINE GROUP 117 PERRY STRET DAVENPORT, IA 52722

NOVEMBER 21, 2021 AFTER THE 11:00 A.M. MEETING THANKSGIVING POTLUCK

NOVEMBER 28, 2021 DECORATE FOR THE HOLIDAYS



DECEMBER 19, 2021 AFTER THE 11:00 A.M. MEETING CHRISTMAS POTLUCK



PLEASE BRING A DISH TO SHARE, AND YOUR FAMILIES. IT'S A
GREAT TIME FOR FELLOWSHIP AND SHARING IT WITH YOUR
FAMILIES

BLANDINE GROUP

NEW YEAR'S EVE GATHERING DECEMBER 31, 2021 9:00 P.M. TO 12:00 A.M. PLEASE BRING SNACKS AND DRINKS BRING YOUR FAVORITE GAMES OR CARDS MIDNIGHT CANDELIGHT MEETING



The 11th Month and the 11th Step Prayer!

The 11Th Step Prayers:

A Prayer On Awakening:

"God please direct my thinking and keep my thoughts divorced from self – pity, dishonest or self-seeking motives. Please keep my thought life clear from wrong motives and help me employ my mental faculties, that my thought-life might be placed on a higher plane, the plane of inspiration." (86:2)

A Morning Prayer:

"God, should I find myself agitated, doubtful or indecisive today, please give me inspiration, help me to have an intuitive thought or a decision about this problem I face. Help me not to struggle, instead, help me to relax and take it easy. Help me know what I should do and keep me mindful, that you are running the show. Free me from my bondage of self. Thy will be done always." (86:3)

A Morning Prayer:

"God, please show me all through this day, what my next step is to be and please grace me with whatever I need to take care of the problems in my life today. I ask especially that you free me from the bondage of self-will." (87:1)

An 11Th Step Nightly Review Prayer:

"God, help me to constructively review my day. Where was I resentful, selfish, dishonest or afraid? Do I owe an apology? Have I kept something to myself which should be discussed with another person at once? Was I kind and loving toward all? What could I have done better? Was I thinking of myself most of the time? Or was I thinking of what I could do for others, of what I could pack into the stream of life? Please forgive me for my harms and wrongs today and let me know corrective measures I should be take." (86:2)

Taken from http://friendsofbillw.net/twelve_step_prayers

Illowa Messenger 1706 Brady St, STE 201 Davenport, IA 52803				
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