

AUGUST 2022

ILLOWA

M E S S E N G E R

Fall Edition

One Day at a Time

EXPERIENCE

STRENGTH

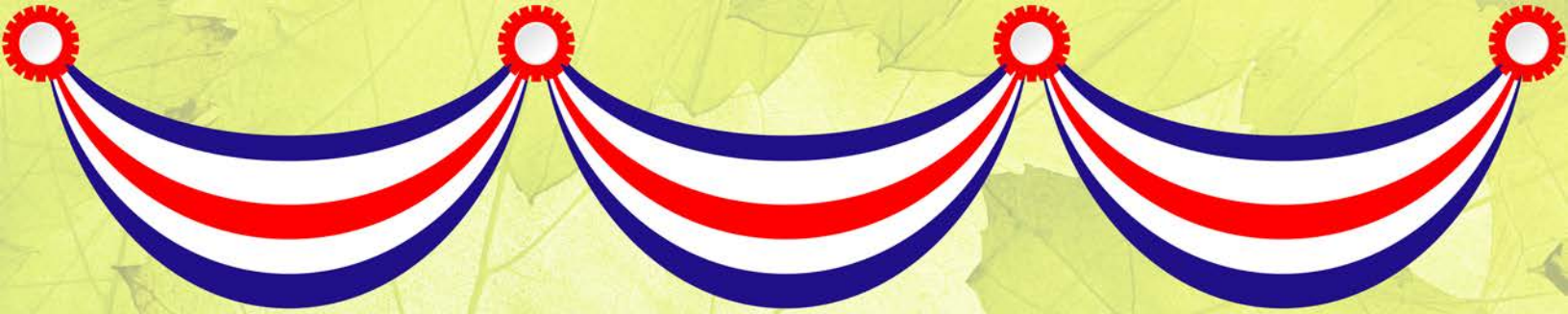
HOPE

ILLOWA INTERGROUP CONTRIBUTIONS 2022

| Group | Jul | Jan - Jul |
|---------------------|-----------------|------------------|
| 8n8 AA | 150.00 | 1,002.00 |
| Bettendorf | 1,193.76 | 3,823.48 |
| Big Book Study | 223.44 | 561.15 |
| Camden Serenity | 100.00 | 640.00 |
| Central Discussion | 400.00 | 1,080.00 |
| Cleveland | 0.00 | 50.00 |
| Courage to Change | 0.00 | 679.48 |
| DeWitt | 0.00 | 50.00 |
| District 90 | 0.00 | 250.00 |
| Geneseo | 0.00 | 75.00 |
| Henry County Group | 0.00 | 100.00 |
| House Group | 0.00 | 50.00 |
| La Nueva Vida | 0.00 | 20.00 |
| Ladies Night | 0.00 | 773.64 |
| Last Chance | 160.00 | 896.00 |
| Marquette | 500.00 | 700.00 |
| Rainbow Group | 50.00 | 50.00 |
| Sisters in Sobriety | 0.00 | 70.00 |
| The Three Legacies | 0.00 | 500.00 |
| West End | 15.00 | 90.00 |
| Total | 2,782.20 | 11,490.75 |

CALL COUNTS MARCH 2022

12 STEP  3 INFORMATION  41 VISITORS  30 AL-ANON  1



SEPTEMBER

Birthdays

| | | |
|----|-----------|------|
| 1 | Dilia | 1993 |
| 2 | Jane S. | 1979 |
| 3 | Bill S. | 1982 |
| 3 | Debbie J. | 2006 |
| 4 | Patti P. | 1991 |
| 5 | Mary K. | 2000 |
| 7 | Al D. | 2000 |
| 8 | Dan C. | 1982 |
| 10 | Barb K. | 1983 |
| 12 | Gail R. | 2001 |
| 12 | Gail S. | 2003 |
| 14 | Ben D. | 2001 |
| 16 | Dee A. | 1997 |
| 18 | Norma D. | 1985 |
| 20 | Ken H. | 1978 |
| 21 | Fred K. | 1978 |
| 21 | Leo Y. | 1998 |
| 22 | Brenda C. | 1978 |
| 23 | Deb P. | 1980 |
| 29 | Jerry P. | 1980 |

SEPTEMBER EVENTS

| | |
|----------------|---|
| 9 Sep | Camden Serenity Group Speaker Meeting/Potluck |
| 11 Sep | Blandine Picnic |
| 12 Sep | Intergroup Business Meeting |
| 16 Sep | Last Chance Speaker Meeting/Potluck |
| 17 Sep | Henry County Anniversary |
| 17 Sep | Marquette Picnic |
| 18 Sep | Bettendorf Picnic |
| 18 Sep | House Group Picnic |
| 18 Sep | Milan Hillcrest Picnic |
| 30 Sep - 3 Oct | Freedom Group Picnic/campout |

Intergroup
Office
CLOSED



MONDAY
5 SEP

309-764-1016
for assistance

ATTENDANCE

OFFICERS

| | |
|--------------------|-------------|
| Chair | Mike C. |
| Co-Chair | Al B. |
| Secretary | Julie B. |
| Treasurer | Tim M. |
| Office Manager | Lisa W. |
| Co-Telephone | Jennifer G. |
| Newsletter | Krystyna D. |
| District 9 Liason | Erica B. |
| District 90 Liason | Craig K. |
| Webmaster | Randy C. |

GROUPS

8n8 AA
Big Book Study
Blandine
Camden
Central Discussion
Freedom
Geneseo
Henry County
Last Chance
Marquette
New Beginnings
Three Legacies
West End

GUESTS & OTHER

Welcome Tracey who was just visiting today. If anyone has been missed please let us know.

Motion was made by Al, seconded by Krystyna, and passed to accept the July minutes as published in the newsletter.

OFFICERS REPORTS

TREASURER

| | |
|------------------------------|-----------------|
| Balance Forward | \$7905.07 |
| Total Income | \$4830.96 |
| Total Expenses | \$4634.78 |
| Income minus expenses | \$196.18 |
| Ending Balance | \$4,291.29 |

Lisa and Tim are working on what to do about the coding errors from QuickBooks; possibly it'll fix itself. A motion was made to accept treasurer's report, was seconded, and passed.

Tim M.

TELEPHONE CHAIR

Thank you for allowing me to be of continued service in this position.

Phone transfers have been going well on the weekends. Reminders have been getting sent via text on Mondays and Wednesdays. Nothing new to report.

In love and service, Jennifer G



Virtual Meeting called to order by Intergroup chair, Mike C. at 6:01 pm with Serenity Prayer.

OFFICE MANAGER

Greetings from the Intergroup Office. Things are going well at the office. The volunteer slot from 9-12:30 on Friday mornings is still open. Volunteering is a great way to give back and also learn what Intergroup is all about.

We have hardcover Big Books in stock now and should have Daily Reflections soon. Please call ahead to make sure we have what you want.

Our next business meeting will be September 12 at 6 p.m. on Zoom.

In love and service, Lisa W.

EVENTS

Cassidy was not present.

Mike C reminded everyone of the Golf Event on August 28 at noon at Saukie, see the flyer on the aaquadcities.org website: \$50/player.

Report was given by Jennifer G for Cassidy: I have been talking to venues to have our annual event at and I will be sending an email to all officers in the near future to get their input and to figure out a date.

Golf outing is planned for August 28, lunch is provided, there will be a 5050 raffle, questions can go to Mike C. Intergroup Chair.

Thank you, Cassidy G.

NEWSLETTER

It would help me if the reports listed below could be supplied in either a word table or excel spreadsheet: Birthdays, Contributions, Call Counts, Events, Special Announcements, Calendar Dates (eg: Back to School).

Things to add to the newsletter: Flyer rate, Subscription rate, Electronic subscription opportunity.

In Love and Service, Krystyna D.

Discussion: Due to cost increases (postage), it was discussed to change the subscription rate to \$16 (from \$13). In addition, the cost for a group to add a flyer to the newsletter has remained at \$7 for many years; raising this cost was also discussed.

Randy made a motion to increase the newsletter subscription from \$13 to \$16, and also to raise the cost of adding a flyer to the newsletter from \$7 to \$8. Mike seconded. No one opposed, motion passed.

DISTRICT 9 LIASON

Erica reported the District 9 business meeting has not taken place yet this month; nothing to report

DISTRICT 90 LIASON

Craig reported the District 90 business meeting has not taken place yet this month; nothing to report.

Still have positions open (see flyer on website).

GROUP REPORTS

Three Legacies

Three Legacies had an emergency business meeting July 12th. It was voted on and passed that the Tuesday night speaker meeting will move to Thursday's at 6:00 P.M. at Asbury United Methodist Church, Bettendorf. It will still be a hybrid meeting. The information to get on is on our flyer at aaquadcities.org/meetings. Daycare will be offered at the new time and place. A donation of \$5.00 per child is suggested.

The final meeting in the Central Discussion building will be Tuesday August 9th. First meeting at new place is August 18th.

The Three Legacies Saturday meeting is staying the same. The Closed Big Book virtual meeting is 9:00am, Saturday mornings. Information to get on can be found on our flyer at aaquadcities.org/meetings.

The next business meeting is August 25th after the speaker meeting.

In Service and Love, Vickie S.

WEBMASTER

Users onsite for more than 30 sec
(average) 1,401

Total Users 2,442

The most visited pages were as usual:

1. Meeting Guide
2. Events
3. Virtual Meetings

Note: The Events page was always the 2nd most visited page before COVID, so now it may be that Meetings and Events are getting back to the way there were.

We didn't really have any unexplainable spike this month, which may be a good thing, since there doesn't seem to be any reason. We still continue to have consistent daily usage.

Keep checking the Events Page for any type of Group Announcements. That's all I have until next month.

In Love and Service Randy C.

OLD BUSINESS

Chairs and officers are to be reviewing and updating SOPs for their positions as per new business brought up last month. If anyone has any questions, please reach out to Mike or Lisa.

NEW BUSINESS

None

Marquette

The annual Marquette Group picnic will be held on September 17th.

The Marquette Group officers voted to donate \$500 to Intergroup at the July business meeting.

Meeting attendance is steady Marquette no longer has any hybrid meetings.

Jennifer B.

New Beginnings

Hello Everyone, the Meeting times are Monday at 6:30pm. No speaker meetings yet. Wednesday at 8pm and a Primary Purpose Big Book Study is Saturday at 2pm, we are in the middle of "We Agnostic." If you are available, please stop in and share your experience, strength, and hope, they could really use the outside influence.

Randy C.

GROUP REPORTS Cont...

8n8 AA

Online every day at 8am and 8pm. Attendance has been inconsistent over the summer period. Attendance 6-12. Primary Purpose Big Book Study, attendance has also slipped here, again I believe due to summer. We have a new chair for the Big Book Study Meeting ON Wednesday night. A start date is still to be confirmed, as Aaron has been able to chair to date. The new Chair is Krystyna D.

Next speaker meeting for 8n8AA is August 27th, 8pm and is Jill V from the House Group.

We will be discussing our next workshop at the business meeting on 5 August.

In Love and Service, Krystyna D.

Big Book Study

The meeting attendance is good and we are still hybrid meeting if you can't come out.

So far we are doing good at the Big Book Study Group.

In loving service, Jerome J.

Central

We are no longer holding 5pm Wed night meeting. Also, we are changing the 7pm Sat Open Speaking Meeting to an Open Discussion Meeting.

Still working on a date & location for our Anniversary Party.

Nichole S.

Freedom Group

Things at the Freedom Group are going well.

Attendance is good and have given out a couple of Big Books in July.

The planning for Freedom Group Annual Picnic is still under way and will hopefully will have a flyer to send to intergroup by the end of this week. The event will be held September 30 thru October 2 at Scott County Park.

In loving service, Darcie D

Geneseo

Geneseo Group is doing good with their attendance, the meetings attendance is steady and some nights growing.

Our building was sold recently and the new landlord has increased our rent quite a bit, we are searching other areas to possibly find a better place financially.

Speaker meeting this month on Friday 8/26/22 is Ted M from Geneseo, potluck at 6pm with speaker at 7pm.

We are planning our annual Group celebration, it will be Saturday, October 22, 2022, more details to follow.

Love and Service, Lynette

New Beginnings

The Last Chance Group is in the new location as of yesterday, we had great attendance and almost a full house last night! We have a beautiful new facility. Address is 4711 44th Street Suite 5, Rock Island IL.

There are Flyers up on the Intergroup website with the new address. The new address information was also given to Intergroup today to change on the meeting guide on-line.

Signs will continue to be posted at the Moline location with information.

We have open meetings every evening at 5:30 p.m. and we have open meetings 11:00 a.m. on Tuesday, Thursday, Saturday, and Sunday. We also have one weekly Zoom meeting at 5am on Wednesday mornings, information is on the Intergroup website.

We will have our monthly speaker meeting/potluck on the third Friday of the month. This month we are having tacos, speaker will be Lee Annette M. from Camden. Speaker starts at 5:30, potluck at 6:45.

We are still passing an extra basket for Intergroup donations on Sunday evenings.

We will have a group conscious meeting on Sunday August 7th at 12:15pm to discuss all things move-related.

Our next business meeting is the last Sunday in August, we will have yearly elections at that time, those got pushed back due to the move.

As of tomorrow, the LC group is 34 years old tomorrow.

In love and service, Toni S.

Question from the floor: Q: Is there a children's room at the new location? A: No

DCM
 ALT DCM
 Treasurer
 Archives
 Corrections
 CPC/PI
 Grapevine/Literature
 Intergroup Liaison
 Secretary
 Treatment

Beltendorf
 Big Book Study
 Courage to Change
 The Three Legacies
 West End

District 9

Business Meeting

7 August 2022

Chair Reports

DCM

Greetings district 9, We are nearing the end of summer and I hope everyone has enjoyed the weather.

Park and I have gone through all the electronic copies of reports for the past action book. I picked up about ten years' worth of hard copies of reports from the intergroup. We are hoping to have this completed by the end of our terms.

I will be attending the area 24 business meeting August 21st in Marshalltown.

I am also requesting that for my district position only, that you use the email that our webmaster has provided, and we follow the motion that we approved. The email is D9DCM@aaquadcities.org

Here are the emails to be used:

D9Corrections@aaquadcities.org
 D9Treatment@aaquadcities.org
 D9PI@aaquadcities.org
 D9Literature@aaquadcities.org
 D9Accessibilities@aaquadcities.org
 D9Grapevine@aaquadcities.org
 D9CPC@aaquadcities.org
 D9BTG@aaquadcities.org
 D9Archives@aaquadcities.org
 D9DCM@aaquadcities.org
 D9AltDCM@aaquadcities.org
 D9Secretary@aaquadcities.org
 D9Treasurer@aaquadcities.org

I encourage the rest of the chairs and liaisons to start using the emails provided for our district. I was able to log in almost successfully. I did have to reach out to Randy, but I think it was most likely user error. I printed a few copies of the instructions that Randy our webmaster made to get set up for you to take. I also sent out a test email from the district 9 email account. If you could kindly reply from the test email that would be great,

Our area chair delegate has been rescheduled from October 2nd to November 6th at 10am central discussion.

TREASURER

| | |
|--------------------------|-------------------|
| Income | \$1,683.24 |
| Expenses | \$194.00 |
| Ending Balance | \$6,585.82 |
| Seed Money | \$300.00 |
| Prudent Reserve | \$300.00 |
| Operating Balance | \$5,985.82 |

Motion to accept report by Rachel and 2nd by Ronna.

October we are holding elections and was inadvertently scheduled to hear the GSO report.

I also need emails of the new GSR's. I am getting a failure response from the new emails. If you could get those to me so I can include you on our emails, I would appreciate it.

Yours in service, Lee C

ALT DCM

| | |
|---|-------|
| Users onsite for more than 30 sec (average) | 1,401 |
| Total Users | 2,442 |

The most visited pages were as usual:

1. Meeting Guide
2. Events
3. Virtual Meetings

I will be attending the Area 24 Service Weekend in Marshalltown on August 21st.

Lee and I continue to work on the compilation of past actions.

In Love and Service, Park

District 9

Business Meeting

7 August 2022

Chair Reports cont...

ARCHIVES

Trivia Question: What year was the Living Sober published?



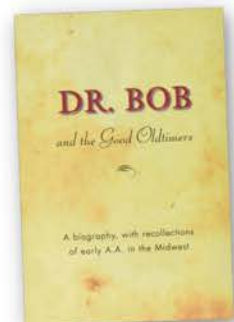
1977 A Younger Fellowship

A survey conducted in 1977 shows that over the past three years the proportion of young members (those under 30) in the U.S. and Canada has jumped 50 percent and now accounts for almost 20 percent of North American membership.



1979 A.A.'S First Public Information Film

In the fall of 1979, the first public information film is produced by the fellowship. The 28 minute "Alcoholics Anonymous: An inside view" is released to A.A. service entities in the U.S. and Canada enabling groups to provide it to television stations for airing. The film shows a cross section of members in various settings - at work, at home, and A.A. get-togethers and meetings.



1980 A Biography of DR. Bob

A biography of A.A. co founder Dr. Bob, titled Dr. Bob and the Good Oldtimers, is published in time for the International Convention in New Orleans in 1980.



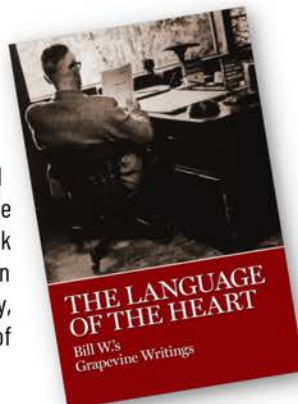
1984 Pass it On Published

After 5 years of preparation, in 1984 A.A. World Services publishes "Pass It On" The story of Bill W. and how the A.A. message reached the world. In 25 chapters the book recounts "the dramatic story of the founding of Alcoholics Anonymous, its early struggles and amazing growth.



1988 The Language of The Heart Published

An anthology of more than 150 AA Grapevine articles written by Bill W. The book documents the trial and error that resulted in A.A.'s spiritual principles of Recovery, Unity, and Service and articulates Bills vision of what the fellowship could become.



1985 A.A.'S Golden Anniversary

The fellowship's 50th Anniversary International Convention in Montreal in 1985 draw's more than 45,000 members of A.A., Al-Anon, and family and friends- more than twice the attendance of the record setting 1980 convention in New Orleans. One of the honored guests is Ruth Hock (a nonalcoholic), who is presented the five millionth copy of the Big Book, the original manuscript of which she typed almost half a century earlier.

In Love and service, Sheryl F

Answer to Trivia Question: 1975

District 9

Business Meeting

7 August 2022

Chair Reports cont...

CORRECTIONS

Greetings from the road!

Treatment has been going well.

We have been going to CADS on the last Wednesday to share an hour speaker meeting then do an informational-educational meeting after for another group of outpatient residents.

We are going into Rosecrance several times a month and The Abbey meetings are still going strong. Country Oaks slips for Bridging the Gap are being distributed as they come in.

In love and service, Jaclyn M.

GRAPEVINE

Hi all, Not a lot going on in either world right now, But I encourage you all to check out July's edition of grapevine, entitled "a night in the yard". July's edition focuses on members of AA who have been incarcerated and how they stay sober incarcerated.

Many have struggled during quarantine's lockdown, loss of AA meetings and no incoming outside members. This led to many writing to grapevine saying that grapevine and AA literature have helped keep them sober.

Look for a lot of amazing and inspiring articles. Don't forget to check out some of the books that are out on the a website is a website such as, The Big Tent and AA in the Military.

Yours in love and service Ronna

CPC/PI

Good morning District 9.

I have started reaching out to the nursing schools once again and have spoken with some personnel if they would like us to come speak in their behavioral health fall classes, as those will be starting soon.

I am still waiting for Scott Community College nursing instructor to get back to me, The director is very interested however the hold up is the instructors.

There are still inquiries out to Humility Homes and I have reached out to additional individuals for some personal contacts that they may have and I have not heard back.

I have reached out to a few more local Dr offices to see if they need more pamphlets, at this time those individuals still have ample supply.

We just keep on plugging away at this.

Love and Service, Shawna

“

“TRUE HUMILITY
IS NOT THINKING
LESS OF YOURSELF,
BUT THINKING OF
YOURSELF LESS.”

C. S. Lewis

District 9

Business Meeting

7 August 2022

Group Reports

The Three Legacies

Good Morning All, following an emergency business meeting, held July 12th, the Three Legacies group is making a significant meeting change of both day of the week and time. As of August 18th, we will be meeting on Thursdays at 6:00pm at the Asbury United Methodist Church (located at 1809 Mississippi Boulevard, Bettendorf). Daycare will be available again with a \$5.00 suggested donation per child.

Our final meeting at the Central location will be Tuesday, August 9th with the following week being Thursday the 18th at our new location.

The next Three Legacies Group business meeting will be August 25th. Minutes for the meeting will be recorded & brought back to the next District meeting that follows.

Three Legacies meetings are still being held twice a week:

Thursday Evening @ 6:00 pm
(Hybrid - Open Speaker)

Saturday Morning @ 9:00 a
(Online Only - Closed Big Book Discussion).

Yours In Love & Service, Rachel B.

Old Business

No Old Business.

New Business

Move meeting to Sept 4th at regular time

- Friendly amendment on September 4th to be virtually only but held at the same time (Toni accepted)
- Discussion - 3 officers will be gone at the normal business meeting, Don't usually switch dates due to personal commitments (picnic, advances, etc.)
- Vote - 12 in favor

Motion to Adjourn, made by Toni & 2nd by Jaclyn.

Area 24 Service Weekend
August 21 @ 8:00 am - 5:00 pm
Marshalltown Regency Best Western,
3303 S Center St Marshalltown, IA 50158 United States

Area 24 Fall Conference
October 7 - October 9
Clay County Events Center,
800 West 18th Street Spencer, IA 51301 United States

Area 24 Delegate Mary Anne - Delegates report to District 9
October 2nd @ 10:30am-12:00pm
Central Discussion



DISTRICT 90

BUSINESS MEETING

AUGUST 2, 2022

WELCOME

ATTENDANCE

| | |
|--------------------|---------|
| DCM | Randy |
| Archives | Aaron |
| Bridging the Gap | Erica |
| Alt Secretary | Maddie |
| Grapevine | Maddie |
| GSR | Ted |
| Treatment | Brandon |
| Geneseo | Ken |
| Henry County Group | Dave |
| Last Chance | Kelly |

OFFICE REPORTS

TREASURER

| | |
|-----------------------------|-----------|
| Beginning Balance | \$1010.25 |
| Deposits | \$50.00 |
| Debits | \$0.00 |
| Set Aside Monies (Debit) | \$159.90 |
| New Balance/Available Funds | \$900.35 |
| Savings/Prudent Reserve | \$449.48 |
| Gene V. | |

COMMITTEE REPORTS

BRIDGING THE GAP

Got all of the informational packets from Aaron. Would like to make an announcement within groups for BTG volunteers contact information.

Erica B.

ARCHIVES

Spoke with Lisa about informing people of the flier and the information on archives located on the intergroup website. Announcements and contact email for archives is available on the intergroup website.

Aaron M.

GSR REPORTS

GENESEO

There will be a potluck speaker meeting on Friday August 26. Ted M will be speaking. Potluck begins at 6pm and speaker at 7pm. They are currently reviewing their new lease and are looking at other available locations for their AA hall.

Ken M.

LAST CHANCE

They have moved into their new building located at 14711 44th St. Suite 5 in Rock Island. Their meeting schedule will remain the same as at their previous location. Friday Aug 19th they will have a speaker meeting at 5:30, potluck following.

Kelly

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Kelly

HENRY COUNTY

They will have a potluck speaker meeting on Friday Aug. 20. Potluck will begin at 6pm and speaker at 7pm.

They will have their anniversary event Saturday Sept. 17th at Francis Park. Potluck will begin at 5pm and campfire at 7pm. More information following their next business meeting.

They will discuss how to better reach al-anons at their next business meeting.

Brandon S.

NEW BEGINNINGS

Masks are no longer required at their meetings.

Randy C.

8N8AA

Meeting attendance has dropped.

There will be a speaker meeting Saturday Aug. 27th. Jill V. from House Group will be speaking.

They are discussing a step 1,2, and 3 workshop.

Randy C.

DISTRICT 90 BUSINESS MEETING AUGUST 2, 2022

OLD BUSINESS

OPEN POSITIONS:

Alt. DCM

PI

Accessibilities

CPC

Literature - Dave M. stands for this position. Ted M. nominates and Maddie P. seconds. Dave was elected Literature Chairperson.

District 90 picnic will be planned for 2023. The date of this event will be discussed at the next business meeting.

District 90 awareness event may be upcoming.

P.I. contacted Randy to do an event in the Quad City area for a P.I. workshop. Kelly will mention using Last Chance as the location for the P.I. workshop at their next business meeting. The date of this event will likely be a Saturday in Oct.

NEW BUSINESS

NONE

Erica motions to adjourn. Maddie seconds.

Next Meeting: September 12th at 6pm via Zoom.

PROGRESS



NOT PERFECTION





Camden Serenity Group

SPEAKER MEETING

Please join us as we welcome

Jennifer G.

from the Last Chance Group

- ** Fellowship at 5:30**
- ** Potluck dinner begins at 6:00, please bring a dish to share**
- ** Raffles will be held**
- ** Meeting starts at 7:00pm**

**Saturday
September
3rd**

Located at the Corner of 3rd and 3rd, Milan, IL

BETTENDORF GROUP



Sunday, September 18th

11:30 AM – 2:00 PM

23rd Street Band Shelter

1645 23rd Street, Bettendorf



11:30 Fellowship

12:00 Lunch

Chicken, Hot Dogs, Cold Drinks & Coffee Provided

Please bring a dish to share!





Sunday September 18th

Milan Hillcrest Group



Picnic & Speaker Meeting



Please join us as we welcome

Frank

From Bettendorf IA

Fellowship starts at 1:00 P.M. with Potluck

Speaker 2:00 P.M.

50/50 Raffle Will Be Held

Please Bring a Dish to Share

The Picnic/Speaker meeting will be located at:

Indian Bluff Golf Course

Signs are posted at the golf course to get you to the shelter



Price Increase

Due to rising costs of postage and supplies, the cost of a subscription to the Intergroup Newsletter, Illowa Messenger, will be going up to \$16 annually starting immediately. Current subscribers will not pay the increase until their renewal time. In addition, the cost of putting a flyer in the newsletter will increase to \$8 starting immediately. Thank you!!

ILLOWA
MESSENGER
1706 BRADY ST,
STE 201
DAVENPORT, IA
52803

Address Service
Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew. Please renew by sending your name and address along with your \$16.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

ANNIVERSARY DATE: _____ CONTRIBUTION AMOUNT: _____

