

ILLOWA MESSENGER July 2023

JULY BIRTHDAYS



4	Chuck L.	'91
5	Sharon K.	'96
7	Maureen K.	'17
7	Nancy C.	'01
8	Jesse N.	'06
8	Bill H.	'15
9	Jim K.	'81
9	Jack P.	'92
10	Victoria Q.	'05
13	Todd S.	'99
14	Al B.	'93
15	Christy P.	'91
15	Raul R.	'81
15	Mary Ann G.	'04
17	Don J.	'84
18	Vi P.	'77
21	Lisa D.	'96
24	Julle B.	'90

Birthdays and special events should be called in to the Intergroup office, 764-1016, by the 15th of the preceding month for inclusion in the newsletter. Help make this list as complete as possible.

JULY EVENTS



10th – Intergroup Business Meeting on Zoom

14th – 16th – IAYPAA Conference

16th – Milan Hillcrest Group potluck/speaker meeting

22nd – Camden Serenity Group Bar-B-Q Potluck



The Intergroup Office will be closed on Tuesday, July 4th, in observance of Independence Day.

GROUP CONTRIBUTIONS

	<u>May</u>	<u>January - May 2023</u>
8n8 AA	0.00	257.07
Aledo	0.00	100.00
Bettendorf	2229.83	3226.23
Big Book Study	288.38	877.68
Camden Serenity	100.00	500.00
Central Discussion	0.00	600.00
Cleveland	0.00	75.00
Clinton	10.00	10.00
Coal Valley	0.00	250.00
Courage to Change	0.00	758.65
DeWitt	0.00	25.00
Geneseo	41.00	41.00
Henry County Group	0.00	1100.00
House Group	0.00	50.00
IAYPAA	25.00	25.00
La Nueva Vida	10.00	50.00
Ladies Night	0.00	322.38
Last Chance	0.00	452.00
Marquette	0.00	400.00
Milan Hillcrest	0.00	100.00
New Boston New Hope	5.00	35.00
North Scott	0.00	500.00
Sisters in Sobriety	0.00	25.00
West End	15.00	75.00
Winola Group	0.00	100.00
TOTAL	2724.21	9955.01

May 2023 Call Counts

12-step	4
Information	79
Visitors	39
Al-Anon	1

Illowa Intergroup Business Meeting Minutes

June 5th, 2023

Virtual Meeting called to order by Intergroup Chair, Cassidy G. at 6:00pm with Serenity Prayer.

Attendance:

Officers/Chairs/Liaisons present: Chair/Cassidy G.; Co-chair/Al B.; Secretary/Jennifer B.; Office Manager/Lisa W.; Telephone/Desiree K.; Events/Johanna B.; District 9 Liaison/ Barbara A.; Webmaster/Randy C.; Newsletter/Julie B

Groups present:

8n8, Bettendorf, Big Book Study, Blandine, Courage to Change, Geneseo, Last Chance, Marquette, New Beginnings, Three Legacies, West End

Guest: IAYPAA

Motion was made, seconded, and passed to accept the May minutes as published.

Officers' reports:

Treasurer's report:

Checking balance forwarded: \$10,151.17

Total income: \$ 4843.24

Total expenses: \$ 4400.29

Income minus expenses: \$ 442.95

Checking ending balance: \$10,594.12

Motion was made, seconded, and passed to approve the treasurer's report.

Office Manager's Report:

Hello from Intergroup, Things are going well at the office. The prices have gone up on books and some chips, due to price increases from AA World Service, Hazelden, Bright Star Press, and Grapevine. I am updating the prices as I order new books. Call counts for May were 4 12-step, 79 information, 39 visitors, and 1 Al-anon. Our next business meeting will be July 10th at 6:00 p.m. on Zoom. In love and service, Lisa W.

Telephone Chair: As stated in the business meeting, I have emailed the phones people to let them know to contact me if they cannot take or keep their scheduled time for the phones. We had 2 people drop from the phones list, but I was able to fill their spots the same week, so I'm happy about that. I want to thank all the people who do service work for the Intergroup phones, you are a very important part of AA.

In Love and Service, Desiree K, Intergroup Phone Chair

Events: I am in the process of compiling some ideas for events. I would like to do a bowling tournament in the fall or something along those lines in place of a golf outing. I think that it will get more people engaged and am hoping it will have a bigger turnout. Looking forward to hearing what the groups have sent back for ideas. At the next meeting I will have a better idea to when the next event will be and what it is going to be. Wanted to bring the question to the group of what is ideal for the amount of meetings that is wanted or needed. In love & service, Johanna B.

Newsletter: Hello! Nothing interesting to report. I haven't made any astounding or amazing changes (yet)! I did struggle with formatting the first page, I found a work around though and made it work. Let me know if you'd like to see any changes. That's all! Yours in service, Julie B.

Webmaster: Hello Everyone, we had 2,485 users total but 1,332 actual users that were on the site for more than 30 sec., which is a little below our new average of 1500. The Meeting Guide is still the most visited page, followed by the Events Page, and the Virtual Meetings Page is third. There was a noticeable spike on Wednesday May 10th. Keep checking the Events Page for any type of Group Announcements. That's all I have until next month. In Love and Service Randy C.

Group reports:

Big Book Study: G'day! Meeting attendance has increased. We are currently averaging about 50 per meeting. We had our business meeting on May 9th. We voted to redistribute the pink can funds to Intergroup for quarter 1 and we will revisit distribution next quarter. We also approved the purchase of additional Big Books to accommodate the increase in attendance. The Big Book Study meets every Tuesday at 6:30pm at the Asbury United Methodist Church in Bettendorf IA. In Love and Service ~ Carlee B

Blandine: Blandine is doing great attendance wise. We have seen an increase in both of our Saturday meetings and a bigger increase in our Friday night meeting. We have also seen somewhat of an increase in RCF and 605 members staying around after being released from there programs. These newcomers are slowly starting to get sponsors, work the AA program and get involved. Our business meeting will be held on June 24th at 12pm. As always Blandine will be holding its Friday Night Speaker meeting at the end of the month, which is on June 30th at 8pm. The speaker will be Mike E. from the Maquette Group. with Love & Service, Mike R.

Last Chance: Hello, my name is Jennifer, and I am an alcoholic. I am filling in for the Last Chance representative this evening. Our alternate Intergroup rep stepped down at our May business meeting, we will have elections for this position at the June 25th business meeting. Attendance is low at our morning meetings, we now have a flyer to remind people of our 11am meetings. (Tuesday, Thursday, Saturday, and Sunday). At our next business meeting we are also going to discuss options to move forward with, at this time we decided it would be best to get the word out. Options have been brought up to close the meetings down, change the time of the meetings, close one or more days, and others. At our next business meeting, it will be discussed to have a special night or two nights for handing out chips or handing out chips at the end of meetings. We are seeing at times over 80 people in our 5:30 meetings on some nights. Our literature chair reported that we spent over \$100.00 on chips last month. What a wonderful issue to have really. Our next speaker meeting will be on Friday June 16th at 5:30pm. Amy M from Davenport, IA to share. We will be grilling tenderloins for the potluck, bring a dish to share. Our yearly elections will be held at the end of August. And speaking of August, SAVE THE DATE for the 35th anniversary event for Last Chance group. We will continue to iron out the details in meetings to come but the date is Saturday, August 5th. We have the Riverside East Shelter reserved at this time. Continue to watch the Intergroup website for more information. In love and service – Jennifer G

Marquette: Hello everyone, I'm Angie P from Marquette group. New here we just got done with are elections last month. Can't wait for are next meeting.

New Beginnings: Hello Everyone, the Meeting times are Monday at 6:30pm. Wednesday at 8pm, and Saturday at 2pm is the Primary Purpose Big Book Study. We are starting Chapter 6, "Into Action." If you are available, please stop in and share your experience, strength and hope, they could really use the outside influence. Randy C.

Three Legacies: Greetings everyone! All is well at Three Legacies! We have had some great speakers the last few weeks. Thursday meeting attendance is good. We would welcome folks to also attend our Saturday virtual meeting at 9am. Zoom id is 254 615 7093. Passcode is 852140. Love in Service, Mary Ann G., Three Legacies Intergroup Liaison

Old business: Ideas for Intergroup fundraising events were discussed at the beginning of the meeting.

New business: Discussion of future intergroup events took place, including the possibility of taking a survey of the most recent event back to individual groups. Some feedback was given about the event in April and how future events could possibly be improved. These included individuals not being greeted at the door, no one present to collect tickets, and coffee running out periodically during the event.

7th Tradition – Checks can be mailed to the office or donations can be made online via PayPal to illowaintergroup@yahoo.com. All reports need to be e-mailed to the secretary prior to the 15th of the month if they are to be included in the Intergroup minutes.

Meeting adjourned with the Lord's Prayer.

The next business meeting will be held on **Monday, July 10 2023, at 6:00 p.m.** on Zoom.

June 4, 2023 District 9 Minutes

Attendance:

Chairs: DCM, Alt. DCM, Treasurer, Archives, Corrections, CPC, Intergroup Liaison, Literature, PI, Secretary, Treatment

Groups: Bettendorf, Big Book Study, Blandine, Central, Clinton, Courage to Change, DeWitt, Marquette, Three Legacies

Chair Reports:

Treasurer: Beginning balance: \$6,980.54; Income: \$111.12; Expenses: \$47.00; Ending Balance \$7,044.66; Seed Money \$300; Prudent Reserve \$300

Secretary: Read new and old business from May meeting.

Motions accepted to approve

DCM: I am meeting with Jaclyn and Rachel before the June 4th meeting in hopes of becoming more familiar with the new District 9 Dropbox. I have received no communication from Julie regarding her GSC experience. I look forward to hearing her report in Grinnell. I will be attending the Spring Conference in Grinnell June 9th through the 11th. I look forward to seeing you all there. Please do not hesitate to contact me with any question/concerns that you may have. In love and service, Park

Alt DCM: Greetings everyone! I am grateful to be back in person from all of my travels. Thank you for your patience with the technology difficulties we have had. I don't have much to report this month other than I will be attending Grinnell for the conference next weekend and I will have more to report then. I have met with Rachel and Park to discuss and get more training on Dropbox. Here is the webmaster's report. Hello everyone, we had 2,485 users total but 1,332 actual users that were on the site for more than 30 sec., which is a little below our new average of 1500.0. The Meeting Guide is still the most visited page, followed by the Events Page, and the Virtual Meetings Page is third. There was a noticeable spike on Wednesday May 10th. Keep checking the Events Page for any type of Group Announcements. In love and service Jaclyn M

Archives: Good morning, This last month seems to have gone by so quickly. I am happy to have assisted with getting the District Dropbox account up and running. If it's anything like Area's, I believe it will be a very helpful tool for all chairpersons moving forward. Archives Anecdote: The mission of the Alcoholics Anonymous General Service Office Archives is: to document permanently the work of Alcoholics Anonymous; to make the history of the organization accessible to A.A. members and other researchers; to provide a context for understanding A.A.'s progression, principles and traditions. G.S.O. has great online resources for anyone interested in A.A. history! Reminder to G.S.R.s to please get with their group's Secretary to share their business meeting minutes with me so that they may be added to their group's history. Yours in love and service, Rachel B

Corrections:

CPC: Good morning, all, Update from CPC, Received a lead from Christina G from a local bail bonds man. Great place for AA literature. I will be attending the Area 24 Spring Conference this coming weekend and look forward to attending the CPC workshop. As always if you or anyone you chat with has any contacts or leads with the professional community, please feel free to email, text or call me. Yours in service Colin

Grapevine:

Intergroup Liaison:

Literature:

PI: Good Morning Everyone, I'm really looking forward to attending the PI Workshop at the Area 24 Spring Conference next weekend. We recently created new flyers for the Meeting Guide app to be distributed. The Meeting Guide app is an excellent tool for the public to use to find local AA meetings anywhere, any time. I've attached a copy of the flyer to this letter. Please feel free to copy and share. Thank you In Love and Service, Ayla B

Treatment: We continue to provide speakers for Rosecrance. I also was connected to the volunteer coordinator for country oaks. More to follow on the process for being approved to go into country oaks. If you are interested in sharing the language of the heart, please let me know. Bridging the gap continues to connect individuals with AA members. Thank you to everyone who has been helping carry the message. If anyone is interested in contacting individuals coming out of treatment and getting connected with AA, please contact me. I continue to communicate with the Abbey. They have decided against taking clients to meetings in the community, but have members of the community come in to chair meetings. The women's 10 am Saturday meeting has increased attendance. Several members of a local sober house attend that meeting and are always looking for rides. I have discussed the accessibility inventory agenda item with my committee members and I am waiting to hear what was decided at GSO for next steps. Stay Tuned! Love and Service, MJ

Group Reports:

Bettendorf: Greetings from the Bettendorf Group. We discussed the issues going on at GSO. The Bettendorf Group wants more information from the Delegate following the Spring Conference before making any decisions. I will be attending the Service Weekend in Grinnell June 9-11. Next Business meeting is July 19 @640pm immediately following the 5:30pm meeting. Love and Service Vicki F.

Big Book Study: Greetings from Big Book Study group! Things are going well with attendance at our meetings steadily increasing. We are now averaging between 35 to 40 people per meeting. With this we have ordered more books for the meeting and are continuing to build our fund to get better equipment for our online attendees. We also have a new zoom link, which you can find on AAquadcities.org. I will also be attending the Spring conference. Looking forward to seeing everybody. In love and service Ronna.

Blandine: May 28, 2023, Blandine Business Meeting In attendance: Jason, John, Tricia, Bill, Christy, Chris, Bob Old minutes approved. Treasurer's Report submitted and approved. Intergroup Rep absent Old business: Signature book from Blandine Group 69th Anniversary was signed by 53 people for a total of 462 years. Posters were approved by Blandine Inc New Business: Bill asked if it was mandatory to read the anonymity statement at meetings. Discussion was it was not mandatory. Chairman has the discretion to follow outline. The outline for meetings has daily reflections and 24 Book and that is not mandatory. At the anniversary we wanted a group photo but also wanted to remind attendees about the anonymity on social media. The Anonymity statement is the standard statement sent from GSO included in the open and closed meeting statements. Blandine to add Roger A to Blandine Audio archives at District 9. Roger has 40 years of sobriety. His home group is the Bettendorf Group and his sobriety date is 02/21/1983. Roger learned of AA/Alanon when his mother went into Al-Anon due to her husband, Jimmy, Roger's father's, drinking. Jimmy went into treatment for alcoholism and then attended AA until his death. Roger's story contained relapse, resentment, guidance from employer's employee assistance program into treatment and then participating in AA for the next 40 years. His first meeting was at Moline Group that was in building down by Riverside Park in with name of Port of Figurines on it. Dick B. was chairing the first meeting he went into. He also went to the House Group in Moline. Barney gave him a silver dollar during this time. While he was in treatment at Mercy Hospital, they took him to meetings at Blandine on Thursdays for the step meetings and Sunday morning meetings. At that time, they met downstairs. He says the greatest gift he was ever given was meeting AA members during this time. Tom from Central was his first sponsor. Ray I. was his 3rd sponsor. The Marquette Group was his first home group. The 80's were a wonderful time to sober up. There were a lot of younger people coming in that time. Fellow members during that time that were at Blandine's 69th anniversary gathering were Leo and Joanne. Spiritual awakening came through Alcoholics Anonymous. Roger stated he had a God flame in him since early childhood. When he was drinking it had almost been extinguished but Alcoholics Anonymous has brought it roaring back to life. He is married to a woman in AA and his daughter is in AA. Science tells us that substance use disorders run in families. AA shows us that recovery

can run in families too. Also, submitted for Blandine's archives at District 9 was copy of flow chart provide by Rip. Sincerely, Christy P for Mia

Three Legacies: Hello District 9! Three Legacies Thursday night speaker meeting has been well attended. We meet at Asbury Church each Thursday from 6-7 pm and offer childcare at a suggested \$5 donation. Daycare has been well utilized as we have only had one week with no kids. Our Saturday morning zoom meeting's attendance has dropped and stayed low for a few months. Three Legacies will have our next business meeting on Thursday June 15th directly following our regular meeting. In Love and Service, Christina G

Old Business:

- Mini Event date and theme – Discussion on doing during voting years only. Decided to keep it yearly.
- District 9 Dropbox – Rachael presented how we would proceed with this process. We will use both methods for a while as we learn this new process. Basically, it will act as a file cabinet for District and will be less work for transitions after elections. Also, will keep the Past Actions up to date better.
- Melissa G. was nominated for our Technology Coordinator

New Business:

Motion to Adjourn

Dates to Remember:

Area 24 Fall Conference – October 13-15th in Dubuque. Workshops are late. District will pay for mileage, one day of meals and one overnight.

District 90 Business Meeting June 6, 2023

Welcome- Serenity Prayer- Attendance: DCM- Randy, Grapevine/Alt. Secretary- Maddie, Corrections- Craig, Camden- Jennifer, 8n8 AA- Beth, Archives- Aaron, Literature- Dave, BTG- Erica, and Treasurer- Gene.

AA Birthdays: None

Minutes Approval- Motion- Erica, 2nd- Craig, Minutes Approved.

- **DCM:** Randy C.- Hello Everyone, I just want to remind the GSR's that the NIA 20 Spring Assembly will be June 17th, the same day as our picnic so I will not be able to attend all of it. I will email the ZOOM information after the meeting in case you didn't get it. At last month's NIA 20 Committee Meeting Chris D., our Delegate, gave a partial report on the Conference. He will be giving a full report at the Assembly. He did mention that there was discussion about the resignations at GSB and how it was handled. The Conference will be doing an inventory and there will be pressure for the GSB to do one as well. In Love and Service Randy C.

- **Alt. DCM:** OPEN

- **Treasurer:** Gene V.- Beginning Balance: \$1468.76, Deposits: \$141.00, Debits: \$261.35, Set Aside Monies (debit) \$700.00, New Balance/Available Funds: \$648.41, Savings/Prudent Reserve: \$449.48.

- **Secretary:** Kelsey C. - Absent

Committee Reports:

- **Corrections:** Craig K. - There are new volunteers for the jail and prison meetings. They are looking for more women volunteers for the Rock Island Count.

- **Treatment:** Brandon S- Absent

- **P.I.:** Open

- **Accessibilities:** Open

- **C.P.C:** Open

- **Literature:** Dave W. - There are new Big Books available for purchase that have a self-contained wrapping.

- **Grapevine:** Maddie P.- They are looking for AA members who have served or are actively serving in the military to submit stories to be published.

- **BTG:** Erica B.- No new Volunteers. Contacting the Intergroup "phone list." There was a long discussion about when people are out of our district and currently the only way is to person to person contact District Members from other Districts to get contact info. Also, there was discussion about facilities that have rules concerning contact with inmates after released. And the general status of BTG at the Area 20 level.

- **Archives:** Aaron M.- Contacted Camden to look into their archives books.

Intergroup Liaison: Dave W.- No Report.

GSR Reports: Reports were skipped due to time needed for Picnic Planning.

Old Business:

-D90 Picnic – Assignments for Picnic Duties were handed out.

-D90 PI Workshop – Postponed until after Picnic.

New Business: None

Meeting ran long and was automatically adjourned afterwards,

Next Meeting: July 11th, at 6pm via Zoom.

Camden Serenity Group

Milan, IL



**Camden 11th
Annual Potluck Bar-B-Q
Saturday, July 22
Camden Park, Milan, IL**

11:30 Fellowship

**12:00 Burgers, dogs, & brats will be served—
please bring a side dish to pass**

12:30 Raffles

**1:00 Speaker: Steve O. from The Full
Measures Speaker Group, Cedar Rapids**

**Large picnic shelter on the hill,
Signs will be posted**

**1706 Brady St, STE 201
Davenport, IA 52803**

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**** Be sure to check out our new website! ****