

ILLOWA MESSENGER

August 2023

AUGUST BIRTHDAYS



| | |
|---------------|-----|
| 1 Linda A. | '82 |
| 1 Jim S. | '89 |
| 4 Jonny W. | '79 |
| 4 Burt P. | '89 |
| 11 Dale S. | '81 |
| 11 Grace M. | '03 |
| 12 Mark N. | '84 |
| 12 Bob B. | '89 |
| 13 Pete R. | '91 |
| 18 Theresa J. | '87 |
| 18 Chris C. | '91 |
| 19 Laurie D. | '96 |
| 21 Deb C-P | '82 |
| 24 Valerie R. | '04 |
| 25 Ron C. | '81 |
| 29 John O. | '04 |



Birthdays and special events should be called in to the Intergroup office, (309)764-1016, by the 15th of the preceding month for inclusion in the newsletter. Help make this list as complete as possible. We also need all flyers by that date. Thank you.

AUGUST EVENTS

5th – Last Chance Anniversary Party

7th - Intergroup Business Meeting

12th – West End Picnic



GROUP CONTRIBUTIONS

| | June | Jan. - June 2023 |
|---------------------|----------------|------------------|
| 8n8 AA | 436.54 | 693.61 |
| Aledo | 0.00 | 100.00 |
| Bettendorf | 0.00 | 3226.23 |
| Big Book Study | 0.00 | 877.68 |
| Camden Serenity | 100.00 | 600.00 |
| Central Discussion | 0.00 | 600.00 |
| Cleveland | 0.00 | 75.00 |
| Clinton | 10.00 | 20.00 |
| Coal Valley | 0.00 | 250.00 |
| Courage to Change | 0.00 | 758.65 |
| DeWitt | 50.00 | 75.00 |
| District 90 | 75.00 | 75.00 |
| Geneseo | 43.00 | 84.00 |
| Henry County Group | 100.00 | 1200.00 |
| House Group | 25.00 | 75.00 |
| IAYPAA | 0.00 | 25.00 |
| La Nueva Vida | 10.00 | 60.00 |
| Ladies Night | 0.00 | 322.38 |
| Last Chance | 0.00 | 452.00 |
| Marquette | 300.00 | 700.00 |
| Milan Hillcrest | 0.00 | 100.00 |
| New Boston New Hope | 5.00 | 40.00 |
| North Scott | 0.00 | 500.00 |
| Sisters in Sobriety | 0.00 | 25.00 |
| West End | 0.00 | 75.00 |
| Winola Group | 0.00 | 100.00 |
| TOTAL | 1154.54 | 11109.55 |

June 2023 Call Count

| | |
|-------------|----|
| 12-step | 7 |
| Information | 49 |
| Visitors | 44 |
| Al-Anon | 0 |

Illowa Intergroup Business Meeting Minutes / July 10, 2023

Virtual Meeting called to order by Intergroup Chair, Cassidy G. at 6:01 pm with Serenity Prayer.

Attendance:

Officers/Chairs/Liaisons present: Chair/Cassidy G.; Co-chair/Al B.; Secretary/Jennifer B.; Treasurer/Tim M.; Office Manager/Lisa W.; Telephone/Desiree K.; Events/Johanna S.; Webmaster/Randy C.; Newsletter/Julie B.; District 9 Liaison/Barbara A.

Groups present: 8&8, Bettendorf, Big Book, Blandine, Courage to Change, Last Chance, New Beginnings, West End

Motion was made, seconded, and passed to accept the June minutes as published.

Officers' reports:

Treasurer's report:

Checking balance forwarded: \$10,594.12.

Total income: \$3155.41

Total expenses: \$3120.78

Income minus expenses: \$34.63

Checking ending balance: \$10, 628.75

Motion was made, seconded, and passed to approve the treasurer's report.

Office Manager's Report:

Hello from Intergroup, Things are going well at the office. As I mentioned last month, prices have gone up on books and some chips. I am updating the prices as I order new books. The treasurer and I will be filing state and federal quarterly reports this month. Call counts for June were 7 12-step, 49 information, 44 visitors, and 0 Al-anon. Our next business meeting will be August 7th at 6:00 p.m. on Zoom.

In love and service, Lisa W.

Telephone Chair: Hello, Everything is going well with the phones. If anyone would like to be added as a backup or added to the 12th Step call list, please feel free to contact me through the Intergroup Office. In Love and Service, Desiree K

Newsletter: Hello! Nothing to report other than the newsletter was completed and sent out on time, with no real issues, other than I ended up with a blank page. I should have all the kinks worked out by the end of the year haha! That's all! Yours in service, Julie B.

Webmaster: Hello Everyone, we had 2,504 users total but 1,332 actual users that were on the site for more than 30 sec., which is exactly the same number we had last month. The Meeting Guide is still the most visited page, followed by the Events Page, and the Virtual Meetings Page is third. There wasn't a noticeable spike this month but we did have some heavier use during the last week. Keep checking the Events Page for any type of Group Announcements. That's all I have until next month.
In Love and Service Randy C.

Group reports:

Courage to Change: We had our Anniversary and our group conscious this month. Our GSR attended the conference.

Marquette: Things are going well at Marquette. Meeting attendance is growing, and we are seeing new faces regularly. Marquette has begun planning their annual fall picnic, which is scheduled for September 9th. In Love and Service, Jennifer B

New Beginnings: Hello Everyone, the Meeting times are Monday at 6:30pm. Wednesday at 8pm, and Saturday at 2pm is the Primary Purpose Big Book Study. If you are available, please stop in and share your experience, strength and hope, they could really use the outside influence. Randy C.

Three Legacies: Greetings everyone! All is well at Three Legacies! We have had some great speakers over the last month. Thursday meeting attendance is good. Our Saturday virtual meeting at 9am will be discontinued after July 29th. Thank-you to all who supported this meeting over the past three years. We will be sending a meeting change request to the schedule. Love in Service, Mary Ann G. Three Legacies Intergroup Liaison

Old business: It was announced that the Intergroup Officers voted unanimously on raising the Office Manager's wage and compensation packet. Cassidy G. will meet with Lisa W. soon to provide her the details. A golf outing has been scheduled and planned for later in the summer.

New business: none

7th Tradition – Checks can be mailed to the office or donations can be made online via PayPal to illowaintergroup@yahoo.com. All reports need to be e-mailed to the secretary prior to the 15th of the month if they are to be included in the Intergroup minutes. Meeting adjourned with the Lord's Prayer.

The next business meeting will be held on **Monday, August 7th, 2023, at 6:00 p.m.** on Zoom.

July 9, 2023, District 9 Minutes

Attendance:

Chairs: DCM, Alt DCM, Treasurer, Archives, Corrections, CPC, Grapevine, Intergroup Liaison, Literature, PI, Secretary

Groups: Bettendorf, Big Book Study. Blandine, Central Discussion, Clinton, Courage to Change, Marquette, Three Legacies

Chair Reports:

Treasurer: Beginning balance: \$7,044.66; Total Income: \$50.00; Total Expenses: \$38.75; Ending Balance: \$7,055.91; Seed Money \$300; Prudent Reserve \$300.00

Secretary: Read new and old business. Vicki requested that last month's report on Old Business be changed to: Melissa G. was nominated **and elected** for our Technology Coordinator

Motions accepted to approve.

DCM: I apologize to anyone that came to Central or logged on for the District meeting on July 2nd. We had voted to move the meeting to the 9th however I failed to send out a reminder...lesson learned. I attended the Spring Conference in Grinnell, June 9th-11th. Here are my takeaways from the Conference:

- GSRs please ask your groups if they are in favor of offering the Zoom option for all Area Business Meetings. There was extensive discussion surrounding the upgrade of the current system. There was a committee that had formed for that purpose, and they came back with a figure of approximately \$7,000.00, which Area does not have at this time.
- Area voted to add Venmo as a payment option.
- Julie was able to preview ten chapters of the plain language Big Book at the GSC. Many conference attendees were initially not for this translation. After reading it they did not feel that way. Julie shared how inspirational it was.
- The agenda items that passed at the GSC are in the Area 24 Dropbox. Julie has posted her report to the Dropbox and those items are in her report.
- To improve communication there will be a working group created to create inventory questions to pose the GSB prior to the 74th General Service Conference.
- It is recommended that the GSB meet with the Area Delegates twice a year rather than once. This action is to enhance unity, trust, and transparency.
- Mike L., currently the West Central Regional Trustee, is the acting Chair until the Chair position is filled.
- Literature prices have gone up, books 20% and pamphlets 30%.
- Jaclyn and I are exploring the possibility of creating a District newsletter in hopes of amping up interest and participation. It would not be in competition with the Intergroup newsletter. We would be looking at 1-2 pages. We attended the Area Newsletter workshop and given good direction from Patti.
- There are currently two virtual Districts in the United States. There is no virtual Area.

- Area's prudent reserve raised from \$3,000 to \$12,000. I personally asked Jeff, the Treasurer, about that jump. Normal costs have increased, i.e., P.O. Box, Archive rent, Zoom costs, tax preparation. The primary reason it went up though is because they decided to incorporate the cost of the Delegate's trip to the GSC into the prudent reserve.

I will be attending the August Area Business Meeting in Marshalltown on the 13th. In love and service, Park

Alt DCM: Greeting everyone! I was in attendance at the Spring Conference in Grinnell, June 9-11. It was a great conference and so much learned about the process of AA on the business side of things! I will not rehash the things that Park has already reported on. There were a few notable things that I took away from the conference and the DCM sharing session. First off, we are amazingly blessed in this District to have such presence and guidance in how we operate. Many districts have open positions or there are few doing the work of many. One thing that a few districts are doing are newsletters that gets sent to all groups for communication purposes. There are many ways to subscribe and send out the newsletter. I did meet with the Area 24 newsletter chair and attended her breakout session. I don't know if there is a place for us to have one so Park and I are still exploring options and what that would look like since we have intergroup here. More to come on that! Another interesting thing is that Area 24 Archives chair Jeff and District 7 will be hosting the National Archives event in Des Moines in Sept 2024 for the US and Canada. What a cool event coming close to us! There were 2 motions passed -add Venmo as way to accept contributions and payment as well as 500 for seed money for the spring conference. There was 1 motion that was postponed to the fall conference with regards to appointing a technology committee chair as Area awaits the groups response to the Zoom option for business meetings that is in question. I will be attending the area business meeting in Marshalltown on Aug 13th. I have also registered for the fall conference in Dubuque in October. Here is the webmaster's report: Hello Everyone, we had 2,504 users total but 1,332 actual users that were on the site for more than 30 sec., which is exactly the same number we had last month. The Meeting Guide is still the most visited page, followed by the Events Page, and the Virtual Meetings Page is third. There wasn't a noticeable spike this month, but we did have some heavier use during the last week. Keep checking the Events Page for any type of Group Announcements. In love and service Jaclyn M

Archives: Good morning everyone, Archives is going well. I am intending on digitizing more documents into the Dropbox. This past month I have been focusing on solidifying a date and location for the mini event. Archives Anecdote: 1986: In November 1986, for the first time, the Big Book, Alcoholics Anonymous, is published as a paperback. The softcover book makes it easier for AA members to carry the message into correctional facilities, where hardcover books are often not permitted. G.S.O. shares an online Archives Exhibit on the AA.org website from the "About A.A." dropdown located in the blue ribbon at the top of the page. www.aa.org/aa-archives-exhibits Reminder for GSRs: PLEASE share your Home Group's meeting minutes with me so that I may add them to your Home Group's history with our district.

Yours in love and service, Rachel B

Corrections:

CPC: Attended Area 24 Spring Conference, sat in on both PI and CPC workshops. I met John R. our Area 24 CPC chairperson. I got a lot of good ideas and information from both workshops. Meeting with the WISH Ministry next week. GSR's, as always if anyone from

your home groups have any contacts with the professional community, please have them give me a call, or text me. Yours in service, Colin M

Grapevine:

Intergroup Liaison:

Literature:

PI: Good Morning Everyone, June has been a relatively slow month for PI as our schedule has been slam pack with family fun activities since kids have been home for Summer. However, I have been reaching out and connecting with different churches, local businesses, and organizations who might be willing to post our new flyer and/or meeting schedule on their community boards. I did attend 1 day of the Area 24 Spring Conference, including the Public Information workshop which I found incredibly helpful. It was comforting to hear from other PI Chairs in our Area. Apparently, it is totally normal to feel like you don't know what you're doing for quite some time after taking on a new position and I enjoyed listening to the conversation on potential ideas for making connections in the community. I was not able to attend the last PI/CPC Zoom meeting as it was at the same time as my daughter's high school graduation party, but I do look forward to logging on for the next one and staying connected with the other PI Chairs in our Area. If you or someone you know would be interested in posting one of our new Meeting Guide App Flyers please let me know and I would be happy to provide you with some as I brought copies with me today. Thank you In Love and Service, Ayla B

Treatment: District 9 Treatment Report – June We continue to provide speakers for Rosecrance. They have also asked to connect some women with sponsors or meet them at a meeting. If you are interested in sharing the language of the heart, please let me know. I was able to get into contact with Country Oaks and learn about their process for individuals who want to come in and chair meetings. Here is the link for volunteers to apply. Then you will need to get a badge to get in. Here is the link for those interested: <https://www.volgistics.com/appform/1082488839>. Bridging the gap continues to connect individuals with AA members. Thank you to everyone who has been helping carry the message. If anyone is interested in contacting individuals coming out of treatment and getting connected with AA, please contact me. I continue to communicate with the Abbey. They have decided against taking clients to meetings in the community but have members of the community come in to chair meetings. The women's 10 am Saturday meeting has increased attendance. Several members of a local sober house attend that meeting and are always looking for rides. Love and Service, MJ

Group Reports:

Bettendorf: Greetings from the Bettendorf Group! At our last Business meeting we discussed and made distributions to the following entities: Intergroup, GSO, and District. Our next business meeting is July 19th immediately following the 530pm meeting. I will be updating Bettendorf group on the Area's financial status. Since the last conference I have distributed flyers on local events. In service, Vicki F.

Big Book Study: Greetings from Big Book! Things continue to go smoothly at big book. We remain steady at 35 to 40 ppl, and with that are focused on buying more big books. Our next business meeting is this Tuesday. I did attend the spring conference, which was a good experience, and was able to take this information back to my group. I will also be attending fall conference. In love n svc Ronna

Blandine: Blandine agreed to announce at each meeting, that the IAYPPA Conference is to be held July 14-16, 2023, at the Double Tree Hilton. The meeting was adjourned at 1:00 p.m. In love and service, Mia V.

Marquette: Hello District 9! Marquette meetings have been well attended, especially the 11 A.M. meetings. Marquette currently meets at Adventure Church on Northwest Blvd in Davenport. The entrance is in the back, up the wooden steps. The monthly Speaker Meeting is held on the last Saturday of every month, and will be held this month on Saturday, July 29th at 7PM. Jennifer B., home group Marquette will be speaking, along with fellowship, a 50/50 raffle, as well as raffle item(s). The Business Meetings are always held on the last Monday of the month, and will be held this month on Monday, July 31st at 5:30 PM. The Annual Marquette Picnic will be held Saturday, September 9th, at Garfield Park. Fellowship is at 10, followed by an 11:00 meeting and then potluck lunch to follow. The group will provide the meat; please bring a dish to share. Respectfully, Samantha P.

Three Legacies: Good Morning District 9! Three Legacies held our quarterly business meeting June 15th . There was a motion made to discontinue Saturday morning meeting due to low/inconsistent attendance effective August 1st. The motion carried. I will provide an updated flyer for District's website. Attendance for Thursday's hybrid open speaker meeting is good. We have an average of 31 people in person, 8 online, and an average of 4 children attending daycare each week. I look forward to attending the upcoming mini event and celebrating enthusiasm for sobriety with my home group members and other fellows in District 9. In love and service, Christina G.

Old Business:

- Mini Event report by Rachael: Good morning all, In regard to the District Mini-Event date set for Saturday, July 29th from 11:00 am - 2:00 pm: We will be allowed to begin setting up at 10:15 am & need to be out by 2:15 pm. I've priced out burgers and hot dogs food approximately 50 - 60 people with a suggestion that people bring a dessert to share. There is also an adult, auto-entry raffle with 1st, 2nd, & 3rd place drawings (Name out of a hat style) after lunch. Please see the attached for a quick view of a projected budget for this event. I'm open to any & all feedback on quantities, event set up, budget, etc. as this is my first time. The food was priced out from Sam's Club, the raffle prizes from Amazon, and the game prizes from Oriental Trading (an online party store). This will all be on the agenda for the meeting on the 9th, but I wanted to give a heads up so that people would be informed ahead of the meeting as the event date is at the end of this month.

Your help is needed!!! What was your favorite carnival game growing up?

We need at least 8 game stations to be hosted by Chairs! It's suggested that some chairs team up (DCM & Alt. DCM, Secretary & Treasurer, Corrections & Treatment, etc.) Please let me know who is willing to host a game & if you're teaming up with another chair

Budget for each game station is approximately \$30.00 for supplies

Please feel free to contact me with any questions or concerns!!

Game ideas - Not limited to these...just ideas:

Cake Walk

Face Painting

Ring / Ball Toss

Pyramid Knock

Yard sized Jenga

Yard sized Connect 4

Yard game "Bags"

Spin board for prizes

Pick a duck from a baby pool pond
Basketball indoor hoop game
Fish Cup (Similar to table pong)
Lollipop Tree
Leap Frog
Hole-In-One
Penny Toss

Yours In Love & Service, Rachel B

There was a lot of discussion on this proposal. Various comments were:
Spending \$960 on a Circus is deviating from our primary purpose and not what Groups send money to District for; It's a celebration of our Groups; We have the money to support this; We budgeted \$500 for this event; Other recent mini events were less money however that was mostly during Covid; It's a way to say thank you to the Groups. Motion made by Vicki and seconded by Jaclyn to keep the mini event at \$500 as was budgeted. Vote: 9 yeas; 8 nays. Park didn't feel we should pass this as there wasn't "substantial unanimity". A second Motion by Mike to spend \$700 on the mini event and seconded by Toni.

Motion passed 13/4. Minority: It was in the budget to spend \$500 for this year. No votes were changed.

- Welcome to Melissa our new Technology Coordinator.
- Dropbox questions

New Business:

Meeting adjourned at noon

Dates to Remember: Area 24 Fall Conference – October 13-15th in Dubuque.
Workshops are late. District will pay for mileage, one day of meals and one overnight.

District 90 Business Meeting

July 11, 2023

Welcome- Serenity Prayer- Attendance: DCM- Randy, Grapevine/Alt. Secretary- Maddie, Corrections- Craig, NIA 20 Registrar- Chris E., 8n8 AA- Beth, Archives- Aaron, Literature- Dave, Geneseo- Ken, Geneseo Guest- Chris, and Treasurer- Gene.

AA Birthdays: Gene-35yrs, Maddie-2yrs, Ken-3yrs and Geneseo Guest Chris-2yrs

Minutes Approval- Motion- Beth, 2nd- Aaron, Minutes Approved.

NIA 20 Registrar – Chris E. -The Registrar is the “Data Keeper.” Keeping information on Groups, Districts and Area 20. Information given is confidential and only shared with the people who need it, like the DCM, Alt, & Secretary. Let us know about open positions at Area and encouraged involvement in Service Work at any level. Reminder about E Central Regional Forum in November in Ohio and Area can help with cost of attending. Q&A Session

- **DCM:** Randy C.- Hello Everyone, my report on the picnic and possible workshop will be covered in Old/New Business.
- **Alt. DCM:** OPEN
- **Treasurer:** Gene V.- Beginning Balance: \$1348.41, Deposits: \$193.41, Debits: \$466.41, Set Aside Monies (debit) \$249.59, New Balance/Available Funds: \$825.41, Savings/Prudent Reserve: \$449.48.
- **Secretary:** Kelsey C. - Absent

Committee Reports:

- **Corrections:** Craig K. - Corrections is moving right along. We have a bunch of Literature and Area 20 has money for more. Due to a paperwork error, we missed the Speaker Meeting at Life Skills. E. Moline is going well, except for a shutdown due to a water main break, but should be up a going this week again. Henry County Jail is moving along. Rock Island County Jail is moving. Both the men's and the women's we are having a hard time getting our trusted servant at the jail get people approved. Working with Area 20 Corrections Chair to get a local Workshop which hopefully will include BTG. here are new volunteers for the jail and prison meetings. They are looking for more women volunteers for the Rock Island Count.
 - **Treatment:** Brandon S- Absent
 - **BTG:** Erica B.- Absent
 - **P.I.:** Open
 - **Accessibilities:** Open
 - **C.P.C:** Open
 - **Literature:** Dave W. - Working with Lisa from Intergroup to get some information about group contacts to find out their needs.
 - **Grapevine:** Maddie P. - No Report.
 - **Archives:** Aaron M.- No Report.
- Intergroup Liaison:** Dave W.- No Report. Randy added there will be a flyer soon about the Golf Outing in Sept

GSR Reports:

- Geneseo:** Ken M. – Working on Group Inventory. Attendance is Great!
- Henry County:** Aaron M. – Potluck Speaker Meeting with Dan Taylor.
- New Beginnings:** Randy C. Hello Everyone, the Meeting times are Monday at 6:30pm. Wednesday at 8pm. Saturday at 2pm is the Primary Purpose Big Book Study. If you are available, please stop in and share your experience, strength, and hope, they could really use the outside influence. Randy C.
- 8n8AA:** Beth P.- Still meeting at 8am and 8pm, 7 days a week. Speaker Meeting July 29th with Erica B. Still having Newcomers coming in.

Old Business:

-D90 Picnic – About 22 in Attendance which was a little less than hoped for but not bad. We would have actually spent \$678, however, some donations for the books and a few small things kept us under budget. Next year we should probably put \$700 aside. The venue was automatically booked for the same weekend in June. We should have a special picnic planning meeting outside of the regular business meeting. Some small items were missed on our list and will be added. some other things Assignments for Picnic Duties were handed out.

-D90 PI Workshop – Postponed until after possible Corrections/BTG workshop.

New Business:

-Corrections/BTG Workshop. Waiting on Area 20 Chairs availability to set the final date. Maybe early Sept. Last Chance is OK with using their place. Area 20 will cover costs. Craig motions to adjourn, Aaron seconds. Meeting adjourned.

Next Meeting: Aug. 8th, at 6pm via Zoom.

PLEASE SAVE THE DATE



Blandine Group
PICNIC

September 10, 2023
10:30 AM

Garfield Park
1224 E 29th St Davenport

"To show other alcoholics precisely how we have recovered is the main purpose of this book."
Alcoholics Anonymous, Forward to the First Edition, Page xiii

Big Book Workshop



A 12 STEP JOURNEY THROUGH THE BOOK
"ALCOHOLICS ANONYMOUS"

September 8th & 9th, 2023

United Methodist Church

222 12th St, DeWitt, IA. Use East Door Entrance.

Friday 6:00PM-9:00PM, Saturday 9:00AM-7:00PM

This year's workshop leader will be

Mike M.

From Cedar Rapids, IA

\$20 PER PERSON

Scholarships are Available

Send Registration and Make Checks Payable to:

DeWitt Group

816 6th Ave, Suite #4

DeWitt, IA 52742

Bring a snack or
dish to pass!

Name:

Phone:

Additional Names:

Quick look at the 8th Tradition

When we practice the 12 steps of A.A. as a way of life, we recover from a hopeless state of mind & body; when we incorporate the principles of the 12 traditions, we ensure the health and unity of our A.A. groups.

Tradition Eight short form: *Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*

Tradition Eight long form: *Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.*

Twelve Steps and Twelve Traditions, or “12 & 12”, says this about the 8th Tradition: “Our Twelfth Step is never to be paid for, but those who labor in service for us are worthy of their hire.”¹ So, as an A.A. member we know we are never paid to carry A.A.’s message of hope and recovery. If as an A.A. member, however, we are employed by a hospital or a treatment center that treats alcoholics and addicts, that’s different because we are not being paid as an AA member, but instead as a nurse or counselor, etc. Additionally, our Intergroup Office Manager is paid to keep the office running which makes twelfth step work possible, but she is not paid to DO twelfth step work. As long as we are careful to wear the right hat in each situation appropriately, we would not be crossing a line with this tradition.

Below are the 7 questions on **Tradition Eight** taken from the Traditions Checklist:

TRADITIONS CHECKLIST FROM THE AA GRAPEVINE²

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet *AA Tradition—How It Developed*?

For anyone wanting to understand the traditions better, I encourage you to grab a few A.A. friends and together read the [Twelve Steps and Twelve Traditions](#)! Get a copy of the [Twelve Traditions Illustrated](#) pamphlet and the [Traditions Checklist from the AA Grapevine](#) too (these are available at our local Illowa Intergroup Office; for convenience they are linked here to aa.org). Using these 3 together can help broaden our understanding of why they are so important still today, and zone in on how we can be better at practicing the principles in our groups, and even our homes.

¹ Twelve Steps and Twelve Traditions, Tradition Eight, page 173: <https://www.aa.org/twelve-steps-twelve-traditions>

² Traditions Checklist from the AA Grapevine, Tradition Eight, page 4: <https://www.aa.org/traditions-checklist-aa-grapevine>

5

"Faithful Fivers"

5

Illowa Intergroup Contributions

Faithful Fivers – "When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we are generous with the hat we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer."

----Bill W.

Every single AA service is designed to make 12th Step work possible. As a Faithful Fiver, your personal contributions can and will make our vital services possible. You can start with a minimum monthly contribution of \$5.00 or more, which I'm sure is more than we would have spent per month on a drink!

Contribution Information:

Date _____

Amount \$ _____ Monthly _____ Quarterly _____ Semi-annual _____ Annual _____

(Note: No AA member can contribute more than \$5,000.00 per year)

Detach at line and keep top half for your records

Yes! I want to participate in the Faithful Fivers Club!

I am.....a new participant _____ a current member _____ a returning member _____

Payment Plan:

Amount \$ _____ Monthly _____ Quarterly _____ Semi-annual _____ Annual _____

Please make checks payable to:

Illowa Intergroup
1706 Brady St., Suite 201
Davenport, IA 52803

Your contribution is tax deductible

Name _____

Address _____

City _____ State _____ Zip Code _____

Telephone _____ Date _____ Sobriety Date (for inclusion in newsletter) _____

**1706 Brady St, STE 201
Davenport, IA 52803**

Address Service Requested



Time to renew your subscription? If the date on the address label is high-lighted, then it's time to renew! Please renew by sending your name and address along with your \$16.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

Name:

Address:

City, State, Zip:

Anniversary Date: _____ Contribution amount: _____

****EXTRA! EXTRA! www.aaquadcities.org is live!!**

**** Be sure to check out our new website! ****