September 7, 2025 District 9 Meeting Minutes

<u>Attendance-</u> DCM, <u>Alt DCM</u>, Treasurer, Archives, Corrections, Secretary, Intergroup Liason. **Groups-** Courage to Change, Clinton, Marquette, West End.

Chair Reports-read

Secretary - No August meeting, minutes approved

<u>Treasurer-</u> read, approval of report. Balance Forward \$2231.57 Ending \$3434.06

DCM- Hello District 9! I hope everyone has had a great August – I am sorry to see the summer go but on to my birthday month! I attended the Area 24 Business Meeting on August 10th.. Unfortunately I sent my district 9 report to the wrong email address and it was not in the monthly newsletter for those of you who got that. My sincere apologies. I try to inform the area of what each chair is doing in the district but I am only allowed 2 minutes and let me tell you, that is not long! The meeting started out much about finances as the area was down to a bank balance of 2914.98 which was not enough to cover everyone to travel. After the checks were opened it was determined that there will be enough funds but area is running on a tight budget right now. GSO is working remotely right now due to renovation on the 11th floor for about 10-12 weeks. The west central regional forum will have zero cost to register but there will be no hybrid option and it will be held in Omaha Neb. The upcoming conferences will be: Fall Oct 2025 Fort Dodge IA, Marshalltown June Spring 2026 , Oct Fall 2026 Cedar Falls. This means District 9 will still have some expensive travel in 2025 but it should be a little better in 2026 with closer conferences. More to discuss on this. There were a few motions made. Motion for seed money for spring conference passed, motion for fall conference 2026 passed, motion to propose an agenda item for the 2026 General Service Conference failed. There was much discussion on this proposed agenda item that stated "if the reserve falls below 9 months, we will allow a one-year period to review the reserve fund level, followed by a second year to formulate actions to adjust the reserve fund above the 9months of operating expenses. There was not enough support on this. There was more discussion about moving area banking but it was determined to wait until the conference when it could be presented in front of the whole body. A subcommittee is being formed at area to discuss moving the workshops times. More to come on this. I will not be attending the west central regional forum since there is no hybrid meeting option. Don't forget the mini event to be held in Clinton from 11-12 on Sept 20th. There will be a photo for long term sobriety, a rootbeer float stand, and a skit! In love and service, Jaclyn M.

<u>Alt DCM-</u> Greetings District 9, The webmaster reported 7,640 visitors to the website during August with 1,289 staying for longer than 30 seconds. Using the 30-second threshold for a solid number, that is slightly below our average of 1,400. There was an unexplainable spike in visits on the 5th, with the rest of the month having normal ups and downs. The meetings page is still our most popular page, with the flyer page coming in 2nd. The virtual meeting page moved back up into 3rd place overtaking the calendar page that dropped to 4th place. Unfortunately, the mailbox for the email account that delivers the newsletter,

Ilowannewsletter@aaquadcities.org, was filled with span from China. All emails had to be deleted to solve the issue. So, if anyone requested the newsletter within the past month, please

request it again. As always, keep checking the Flyers page for any type of group announcements. In Love and Service, Kevin K. District 9 Alt DCM

<u>Literature</u>- No report

Archives- Hello District Chairs, GSRs .September 7, 2025, District 9 Archives Report – Group Info was turned into Area 24 for Sisters in Sobriety and meeting information for W.E.T.W.O. which is a women's meeting that meets at the Abbey Treatment Center. I filed hard copies in the filing cabinet for the group events for August and started moving the online archives to the filing cabinet and saving on flash drives. I am still working on inventory. I attended the 8th Annual Overdose and Addiction Awareness Vigil in Clinton. The theme was "No Wrong Ways, Different Pathways" highlights that every road to recovery doesn't follow the same path. The Clinton County Sheriff provided food and drinks and there were tents with approximately 15 different agencies with over 260 people in attendance supporting persons in recovery. A speaker that worked in the court system talked of a local man that died during an improper detox from alcohol and reminded the crowd alcohol detox should be done through a medical facility. Another local resident that was known for years as an alcoholic but at the end of his life he was sober more than he was drunk. I have never seen an event this size for people in recovery in this area. This is a true culture

shift. https://www.wqad.com/article/news/community/clinton-holds-8th-annual-overdose-and-addiction-awareness-vigil/526-7ee47aa2-c7dc-4798-aa40-bd52a4285160

I downloaded a copy of 26 Secretary of the U.S. Department of Health and Human Services (HHS) aka RFK Retelling his story. He did not state he was a member of Alcoholics Anonymous but attends 12 step groups. He told it at the 2025 Rx and Illicit Drug Summit in Nashville TN. He states as a member with 42 years of sobriety he goes to a meeting every day. He also mentioned Bill Wilson, Carl Jung and Dr. Silkworth. I have his story on MP3 but you can watch on Forbes You Tube channel https://www.youtube.com/watch?v=pC6Nt6XjJbA In service, Christy

<u>CPC-</u> Time is flying by and the CPC/PI workshop is coming up quick! Please mark your calendars for: Thursday, September 18th, from 530 to 7, at the Bettendorf Public Library and/or, Saturday September 27th, from 12 to 130 at the same location. (Light snacks will be provided.) This event is open to all who are interested in knowing more about AA.. especially those professionals within our community... So if you know of anybody, please Invite them! Right now, we are working on sending the flyer out to as many community professionals as possible. I.e. hospitals, schools, colleges...etc. At this time I am working on being able to attend the fall conference. If anything I will be online for the business meeting. more to come. In love and service, Ronna.

<u>Treatment-</u> No report received

Grapevine- No report received

Intergroup Liaison- No report received

PI- No report received

Corrections- No report received.

Group Reports:

<u>Central Discussion</u> – No report received

Big Book Study- Hello from the Big Book Study Group! Attendance is great every Tuesday at 6:30 p.m, and we still have consistent weekly Zoom users. Our business meetings are on the second Tuesday of the month. We still have the GSR ALT position open. In love and service, Jennifer G.

Three Legacies- No report received

Marquette - No report received

West End – No report received

<u>Old Business-</u> Mini event update: Christy – GSR's requested to volunteer to greet people – arrive at 1030, pictures at 11am, then there will be a skit and rootbeer floats. Address is 250 20th Ave North Clinton, IA.

<u>New Business-</u> Conference approved expenses and October conference. GSR's please continue to ask your group for support of district conferences. Everyone splits hotels and carpool to save money.

Committee to update SOP's. Regusting volunteers for committee.

Motions: Decrease mileage and increase prudent reserve. Table discussion until next meeting.

Dates to remember:

- October 17-19 Area Fall Conference 2025 Fort Dodge Iowa. DCM/GSR/chairs
- February 27-March 1, 2026 West Central Regional Conference will be held in Cedar Rapids.