

ILLOWA MESSENGER

October 2025

OCTOBER BIRTHDAYS

1	Rick G.	'79
2	Jo K.	'88
3	Tracy B.	'91
4	Steve H.	'86
6	Kevin K.	'04
8	Bill T.	'89
8	Bob C.	'99
8	Gary D.	'13
10	Kevin K.	'97
15	Dave	'05
15	Chuck D	'98
15	Ben M	'18
18	Jimmie S.	'87
20	Tim G.	'82
22	John C.	'03
23	Michelle N.	'09
23	Randy C.	'93
25	Delmar H.	'83
27	Jim E.	'88
29	Randy C.	'14

OCTOBER EVENTS

Oct 4th – Camden Speaker
Potluck

Oct. 6th - Intergroup Business
Meeting

Oct 10th – The Alley Group
Speaker Potluck

Oct 18th - Westend Speaker
Potluck

Oct 24th - Geneseo Group
Speaker Potluck

Oct 25th – Geneseo Anniversary

Oct. 25th Campfire Meeting



*Anniversaries, Speaker Meetings
and Event flyers should be emailed
in to the Intergroup office,
illowaintergroup@yahoo.com by the
15th of the proceeding month for
inclusion in the newsletter. Help
make this list as complete as
possible.*

**Save the Date: Speaker Jam
January 24th 2026**



PLEASE NOTE THAT WE DO NOT
TAKE DEBIT OR CREDIT CARDS AT
THE OFFICE- ONLY CASH OR
CHECK. THANK YOU!



GROUP CONTRIBUTIONS	August	2025 Total Contributions
8n8 AA	87.31	753.78
Aledo		0.00
Bettendorf	750.00	1925.56
Big Book Study	413.73	860.18
Blandine		25.00
Cabin Fever Banquet		775.00
Camden Serenity	100.00	700.00
Central Discussion	.	800.00
Cleveland		0.00
Clinton		350.00
Coal Valley		350.00
Colona Group		3.00
Courage to Change		690.10
DeWitt		200.00
District 90		573.49
Geneseo		229.48
Henry County Group		1600.00
House Group		50.00
La Nueva Vida		70.00
Ladies Night		239.70
Last Chance		264.00
Marquette		725.00
Milan Hillcrest		75.00
Morrison		0.00
New Boston New Hope		0.00
North Scott		300.00
Rainbow Group		0.00
Sisters in Sobriety		50.00
Surrender Group		0.00
Three Legacies	250.00	250.00
West End	15.00	120.00
Winola Group		0.00
TOTAL	1601.04	11979.29

Call Count	
12 Step	3
Information	51
Visitors	26
Al-Anon	0

Illowa Intergroup Business Meeting Minutes – Sept 8, 2025

Virtual Meeting called to order by Chair, Al B., at 6:00 p.m. with the Serenity Prayer.

Attendance: Officers/Chairs/Liaisons present:

Chair/Al B., Co-Chair/Randy C., Treasurer/ Melanie M., Newsletter/Katie K., Webmaster/Randy C., Office Manager/Katie R.

Groups present:

Alley Group, Bettendorf, Big Book, Blandine, Geneseo, Henry County, House Group, Last Chance, Marquette, New Beginnings, Three Legacies, West End.

* There was no motion to accept the Minutes as published as they were submitted after the deadline *

Officers' Reports:

Treasurer's Report:

Checking balance forwarded: \$7,033.57

Total Income: \$2,219.35

Total expenses: \$3,526.22

Income minus expenses: - \$1,306.87

Checking ending balance: \$5,726.70

Motion was made, seconded, and passed to approve the treasurer's report.

Telephone Chair: Not Present

Newsletter: The Newsletter will be mailed out tomorrow on September 8th to 6 subscribers. Supplies were misplaced and I was able find them and assemble them today.

Just as a reminder, you can receive a hard copy of the monthly Newsletter, it's \$16/year. You can PayPal Intergroup with a note flagging that it's for a Newsletter subscription or reach out to Katie/Office Manager if interested. To add an event flyer or a group update flyer in the Newsletter, it's \$8, and it's needed by the 15th of the month to get it in the Newsletter (see Katie/Office Manager). Lastly, anyone can receive newsletter sent directly to their email, and it doesn't cost a thing! See the large button on the aaquadcities.org website "Subscribe to our monthly publication", or just email illowanewsletter@aaquadcities.org. Yours in service, Katie K.

Office Manager Report: September 2025 Office Manager Report, Hello from Intergroup, Things are going well here at the Office, Hickory Creek refunded our Event Deposit for 2026 they cashed, I mailed another check for next year's deposit. Call counts for August were -3 - 12-step, 51- information, 26 -visitors and 0-AI—Anon. The next business meeting will be held on **Monday, Oct 6th at 6:00 p.m.** on Zoom. In love and service, Katie R

Events: - Hello! Events are moving right along here at Illowa Intergroup! Here is a recap of what's gone on and what's ahead: -The golf outing on September 7 was a great success! Thank you to all who participated, donated, and helped make it successful. An official report will be made at the October Intergroup meeting.

-Mark your calendar!

1. The 2026 Speaker Jam is set for January 24, 2026. We are looking for donated baked goods and raffle baskets. More info to come as we get closer!
2. The 52nd Illowa Intergroup Anniversary event will be on April 11, 2026 at the Hickory Creek Event Center!

If you'd like to be of service for any of these events, please let me or Katie know! In love and service, Jennifer

District 9: Not Present

District 90: Not Present

Webmaster: Hello everyone, we had 7,640 visitors, 1,289 were on the site for more than 30 seconds and that's the number we have been going with. Slightly below our average of 1,400. The Meetings page is still the most visited page. The Flyer page is the 2nd most visited page. The Virtual Meetings Page moved back to the 3rd most visited page moving the Calendar Page down to 4th. The unexplainable spike was on the 5th. The rest

of the month had its normal ups and downs. Unfortunately, the mailbox for the email account to deliver the newsletter, llowanewsletter@aaquadcities.org, was filled with spam from China. The only way to delete all of the emails was clear them using the GoDaddy Administration Tools, which did a mass delete without viewing them first. If anyone has requested the Newsletter within the last month, please request it again. Keep checking the **FLYERS** Page for any type of Group Announcements. That's all I have until next month. In Love and Service Randy C.

Group reports:

8n8 AA: Not present.

The Alley Group: the newest group in the area, as we held our first meeting on Thursday May 1, 2025. We meet on Thursday evening at 7:00, open discussion, in the old Cambridge Bowling Alley, now the Cambridge Community & Youth Center located at 407 N. West Street in Cambridge Il. We are hosting our inaugural monthly speaker meeting on Friday September 12, 2025. Potluck at 6:00, Alisha W. of the Knox County Group, is the speaker at 7:00. We have seating for 50+ and plenty of parking. (Butch reporting for Jen C.) Yours in service, Butch Will

Bettendorf: There will be discussion at our September business meeting about discontinuing the Wed. night 8p meeting due to lack of attendance.

-Picnic was on 9/7/25, will provide report about it at the next meeting for intergroup.

-The Friday night beginners meeting is doing well, good attendance.

-We are revisiting Venmo for donations since donations have been low compared to previous months. In love and service, Bethany K.

Big Book Study: Present, no report submitted.

Blandine: Present, no report submitted.

Central: Not Present

Camden: Not Present

Courage to Change: Not Present

DeWitt: Not Present

Geneseo Group: At our business meeting this coming Wednesday, we will be planning our group Anniversary Picnic. This is typically held in October at the Izaak Walton League Campground north of Geneseo. I'll have a flyer and a definite date in a couple of days. Speaker TBA. Our monthly Speaker meeting for September is on the 26th. Potluck at 6:00, speaker at 7:00 The speaker is Shannon D. from the Courage to Change Group. Yours in service, Butch Will

Henry County Group: Present, no report submitted

House Group: Present, no report submitted

Last Chance: Present, no report submitted.

Milan: Not present.

Marquette: Present no Report Submitted

New Beginnings: Hello everyone, the Meeting times are Monday at 6:30pm. Wednesday at 8pm, and Saturday at 2pm is the Primary Purpose Big Book Study. Special thanks to Mark G. and Crew for another surprise Rib & Burger Cook Off on the 23rd. If you are available for any of our meeting times, please stop in and share your experience, strength and hope, they could really use the outside influence. Randy C.

Three Legacies: Present no report submitted

West End: Not Present

Old business: None

New business: There is an open position for Secretary. Katie R is acting Secretary until a secretary is voted in. 7th Tradition – Checks can be mailed to the office, or donations can be made online via PayPal to illowaintergroup@yahoo.com.

All reports need to be emailed to the acting secretary no later than Sept 14th, if they are to be included in the Intergroup minutes.

Meeting adjourned with the Lord's Prayer.

The next business meeting will be held on **Monday, Oct 6th at 6:00 p.m.** on Zoom.

September 7, 2025, District 9 Meeting Minutes

Attendance- DCM, Alt DCM, Treasurer, Archives, Corrections, Secretary, Intergroup Liason. **Groups-** Courage to Change, Clinton, Marquette, West End.

Chair Reports- read

Secretary – No August meeting, minutes approved

Treasurer- read, approval of report. Balance Forward \$2231.57 Ending \$3434.06

DCM- Hello District 9! I hope everyone has had a great August – I am sorry to see the summer go but on to my birthday month! I attended the Area 24 Business Meeting on August 10th. Unfortunately, I sent my district 9 report to the wrong email address, and it was not in the monthly newsletter for those of you who got that. My sincere apologies. I try to inform the area of what each chair is doing in the district, but I am only allowed 2 minutes and let me tell you, that is not long! The meeting started out much about finances as the area was down to a bank balance of 2914.98 which was not enough to cover everyone to travel. After the checks were opened it was determined that there will be enough funds, but area is running on a tight budget right now. GSO is working remotely right now due to renovation on the 11th floor for about 10-12 weeks. The west central regional forum will have zero cost to register but there will be no hybrid option, and it will be held in Omaha Neb. The upcoming conferences will be: Fall Oct 2025 Fort Dodge IA, Marshalltown June Spring 2026 , Oct Fall 2026 Cedar Falls. This means District 9 will still have some expensive travel in 2025, but it should be a little better in 2026 with closer conferences. More to discuss on this. There were a few motions made. Motion for seed money for spring conference passed, motion for fall conference 2026 passed, motion to propose an agenda item for the 2026 General Service Conference failed. There was much discussion on this proposed agenda item that stated “if the reserve falls below 9 months, we will allow a one-year period to review the reserve fund level, followed by a second year to formulate actions to adjust the reserve fund above the 9months of operating expenses. There was not enough support on this. There was more discussion about moving area banking, but it was determined to wait until the conference when it could be presented in front of the whole body. A subcommittee is being formed at area to discuss moving the workshops times. More to come on this. I will not be attending the west central regional forum since there is no hybrid meeting option. Don't forget the mini event to be held in Clinton from 11-12 on Sept 20th. There will be a photo for long term sobriety, a root beer float stand, and a skit! In love and service, Jaclyn M.

Alt DCM- Greetings District 9, The webmaster reported 7,640 visitors to the website during August with 1,289 staying for longer than 30 seconds. Using the 30-second threshold for a solid number, that is slightly below our average of 1,400. There was an unexplainable spike in visits on the 5th, with the rest of the month having normal ups and downs. The meetings page is still our most popular page, with the flyer page coming in 2nd. The virtual meeting page moved back up into 3rd place overtaking the calendar page that dropped to 4th place. Unfortunately, the mailbox for the email account that delivers the newsletter, llovannewsletter@aaquadcities.org, was filled with spam from China. All emails had to be deleted to solve the issue. So, if anyone requested the newsletter within the past month, please request it again. As always, keep checking the Flyers page for any type of group announcements. In Love and Service, Kevin K. District 9 Alt DCM

Literature- No Report

Archives- Hello District Chairs, GSRs. September 7, 2025, District 9 Archives Report – Group Info was turned into Area 24 for Sisters in Sobriety and meeting information for W.E.T.W.O. which is a women's meeting that meets at the Abbey Treatment Center. I filed hard copies in the filing cabinet for the group events for August and started moving the online archives to the filing cabinet and saving on flash drives. I am still working on inventory. I attended the 8th Annual Overdose and Addiction Awareness Vigil in Clinton. The theme was “No Wrong Ways, Different Pathways” highlights that every road to recovery doesn't follow the same path. The Clinton County Sheriff provided food and drinks and there were tents with approximately 15 different agencies with over 260 people in attendance supporting persons in recovery. A speaker that worked in the court system

talked of a local man that died during an improper detox from alcohol and reminded the crowd alcohol detox should be done through a medical facility. Another local resident that was known for years as an alcoholic but at the end of his life he was sober more than he was drunk. I have never seen an event this size for people in recovery in this area. This is a true culture shift. <https://www.wqad.com/article/news/community/clinton-holds-8th-annual-overdose-and-addiction-awareness-vigil/526-7ee47aa2-c7dc-4798-aa40-bd52a4285160>

I downloaded a copy of 26 Secretary of the U.S. Department of Health and Human Services (HHS) aka RFK Retelling his story. He did not state he was a member of Alcoholics Anonymous but attends 12 step groups. He told it at the 2025 Rx and Illicit Drug Summit in Nashville TN. He states as a member with 42 years of sobriety he goes to a meeting every day. He also mentioned Bill Wilson, Carl Jung and Dr. Silkworth. I have his story on MP3 but you can watch on Forbes You Tube channel <https://www.youtube.com/watch?v=pC6Nt6XjBbA>

In service, Christy

CPC- Time is flying by and the CPC/PI workshop is coming up quick! Please mark your calendars for : Thursday, September 18th, from 530 to 7, at the Bettendorf Public Library and/or, Saturday September 27th, from 12 to 130 at the same location. (Light snacks will be provided.) This event is open to all who are interested in knowing more about AA. especially those professionals within our community... So if you know of anybody, please Invite them! Right now, we are working on sending the flyer out to as many community professionals as possible. I.e. hospitals, schools, colleges...etc. At this time, I am working on being able to attend the fall conference. If anything, I will be online for the business meeting. more to come. In love and service, Ronna.

Treatment- No report received

Grapevine- No report received

Intergroup Liaison- No report received

PI- No report received

Corrections- No report received.

Group Reports:

Central Discussion – No report received

Big Book Study- Hello from the Big Book Study Group! Attendance is great every Tuesday at 6:30 p.m, and we still have consistent weekly Zoom users. Our business meetings are on the second Tuesday of the month. We still have the GSR ALT position open. In love and service, Jennifer G.

Three Legacies- No report received

Marquette – No report received

West End – No report received

Old Business- Mini event update: Christy – GSR's requested to volunteer to greet people – arrive at 1030, pictures at 11am, then there will be a skit and root beer floats. Address is 250 20th Ave North Clinton, IA.

New Business- Conference approved expenses and October conference. GSR's please continue to ask your group for support of district conferences. Everyone splits hotels and carpools to save money.

Committee to update SOP's. Requesting volunteers for committee.

Motions: Decrease mileage and increase prudent reserve. Table discussion until next meeting.

Dates to remember:

- October 17-19 Area Fall Conference 2025 Fort Dodge Iowa. DCM/GSR/chairs
- February 27-March 1, 2026 West Central Regional Conference will be held in Cedar Rapids.

District 90 Business Meeting - Sept. 9, 2025

- Welcome- Serenity Prayer- Attendance: DCM- Randy C., Alt DCM- Maddie P., Treasurer- Jennifer R., Corrections/Henry Co.- Aaron M., Treatment- Erica B., Grapevine/Geneseo- Chris W., Archives- Craig K., Camden GSR- Jon B., Last Chance Alt GSR- Sarah A., Alley Group GSR- Butch W.
- Minutes Approval: Jennifer Motions, Butch 2nd, Minutes Approved

Officer Reports:

- **DCM:** Randy C.- Not much to report as the Assembly is this coming Sat. There is a motion to have the New Hard Cover Big Books to have raised letting like the old version does. I will have more to report in Old & New Business.
- **Alt. DCM:** Maddie P.- The Big Book Conference is Saturday, October 18th, at the Lord of Life Church in Elburn. There will also be virtual DCM meetings starting on the 24th at 6pm.
- **Treasurer:** Jennifer R.- Beginning Balance: \$1,065.37, Deposits: \$50.00, Debits: \$8.00, Set Aside Monies (debit) \$634.59, New Balance/Available Funds: \$472.78, Savings/Prudent Reserve: \$449.48. Still Getting reminders about the GV for RICCA expiring in Dec. Craig Motions to Renew the 2 Subscriptions for RICCA now, Chris 2nd, Motion Passed. Will renew PO Box for 1yr. this time.
- **Secretary:** OPEN

Committee Reports:

- **Corrections:** Aaron M.- No new news. I did see a guy that was released from E. Moline at the Henry County Picnic and another from the Springfield area. It's good to see them doing well and staying involved in the Program after release.
- **Treatment:** Erica B.- Waiting on that call from Rosecrance still. Top of the World is looking for Women to Chair the 9am Sunday Women's Meeting. Will probably have to put a flyer up. The requirements are Sponsored and working the Steps.
- **Accessibilities:** Beth P.- Absent.
- **PI:** Open • **Literature:** Open • **CPC:** OPEN
- **Grapevine:** Chris W.- No Report. (Did read a GV Joke)
- **BTG:** Gene V.- Absent.
- **Archives:** Craig K.- No Report.
- **Intergroup Liaison:** OPEN Mike K. had to step down do to work scheduling issues. Intergroup will be looking to fill that position. The Golf Outing had about 17 attendees, the 50/50 winner gave back the \$140 prize and over \$400 was raised.

GSR Reports:

- **Geneseo:** Chirs W- Speaker Sept. 26th. Good "Randoms" form other Groups showing up. Picnic TBA. FYI: Orion Meeting is Tuesdays at 8pm.
- **Last Chance:** Alt. Sarah A.- Speaker 3rd Friday of the Month.
- **Henry Co.:** Aaron M.- 51st Aniv. Good Turnout. Bus. Meeting on the 16th at 7pm. Sept. 20th Speaker/Potluck.
- **Camden:** Jon B.- Speaker Oct. 4th. Meetings well attended. D90 Workshop Sept. 27th.
- **Alley Group:** Butch W.- 13 Meetings so far. Speaker Meetings started on the 2nd Friday of the month. There are plenty of seats and parking.
- **New Beginnings:** Randy C Hello Everyone, the Meeting times are Monday at 6:30pm. Wednesday at 8pm, and Saturday at 2pm is the Primary Purpose Big Book Study. Special thanks to Mark G. and Crew for another surprise Rib & Burger Cook Off on the 23rd. If you are available for any of our

meeting times, please stop in and share your experience, strength and hope, they could really use the outside influence.

Old Business: - Literature Workshop

- Date and Time Set Sept. 27th @ 3pm @ Camden
- NIS20 Literature Chair Jan S. is Available. Concerned about driving home in the dark-hotel offered.
- Jon will get check from Jennifer to cover Pizza.

Discuss District Meetings in-Person/Hybrid

- Butch opened discussion about exploring the possibility of meeting in-person or going Hybrid.
- Consensus is a hybrid would be the way to go.
- Checking on possible meeting locations, Alley Group, Henry Co., Colona, and the old meeting place the Church down the street from Colona Group.

New Business:

• **Elections in November.**

- Flyer to be posted and in Oct. Newsletter.
- Service Page on Website will have Position Duties.

- **Erica motions to adjourn, Sarah seconds. Meeting Adjourned.**
- **Next Meeting: Oct. 7th, 2025, at 6pm via Zoom.**

The Intergroup Office needs **BACK UP VOLUNTEERS**



To fill in for our regular Volunteers when they cannot come in. Shifts are just two hours each and only as needed.

Duties: Open and/or close the office. Selling Literature. Answer the phones provide meeting information or have someone on the 12th step list call a struggling Alcoholic when needed.

(6 Months Sobriety Required)

Please contact Katie at the Intergroup office if interested
309-764-1016

**The Intergroup Phone Chair is in desperate
need of Volunteers willing to take phone
shifts.**



This would be before and after regular office
hours-Monday-Sunday, Mainly Evening Shifts

Duties: Answer phones provide meeting
information and have someone from our 12th
Step list call a still suffering Alcoholic back if
needed.

Prefer 6 Months Sobriety

If interested please contact Katie at the Intergroup office
309-764-1016

SAVE THE DATE



2026 ILLOWA INTERGROUP

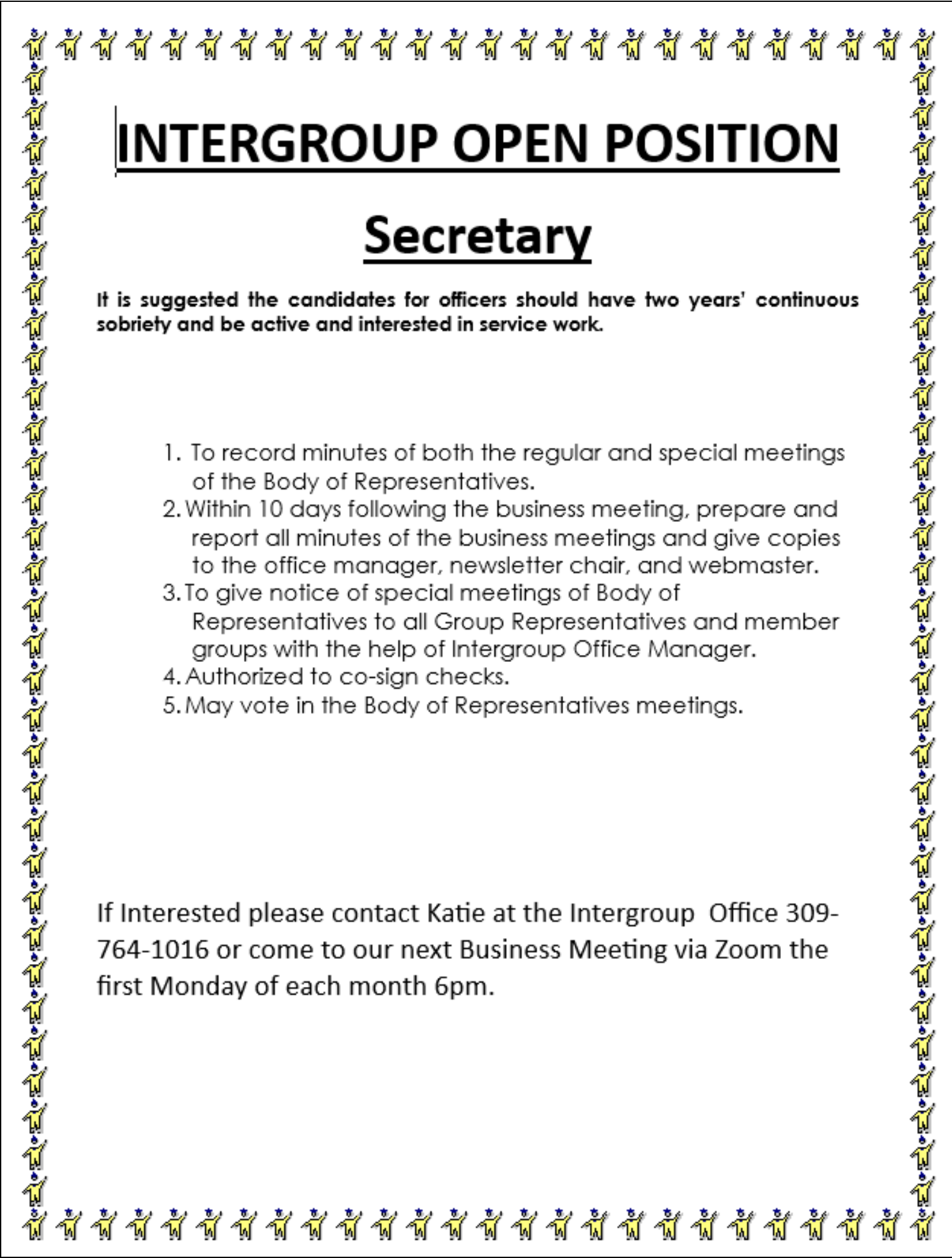
SPEAKER

Jam

**01.24.26
2:00 PM- 8:00 PM**



WEST END ALANO CLUB, DAVENPORT, IA



INTERGROUP OPEN POSITION

Secretary

It is suggested the candidates for officers should have two years' continuous sobriety and be active and interested in service work.

1. To record minutes of both the regular and special meetings of the Body of Representatives.
2. Within 10 days following the business meeting, prepare and report all minutes of the business meetings and give copies to the office manager, newsletter chair, and webmaster.
3. To give notice of special meetings of Body of Representatives to all Group Representatives and member groups with the help of Intergroup Office Manager.
4. Authorized to co-sign checks.
5. May vote in the Body of Representatives meetings.

If Interested please contact Katie at the Intergroup Office 309-764-1016 or come to our next Business Meeting via Zoom the first Monday of each month 6pm.

District 90 Elections

“12 STEP SERVICE OPPORTUNITES”

Tuesday, Nov. 4, 2025 at 6pm via ZOOM

Check the [aaquadcities.org](http://www.aaquadcities.org) Service Page for more information
on Position Responsibilities.

<http://www.aaquadcities.org/service/>

Officers

DCM

Alt. DCM

Secretary

Treasurer

Chair Positions

Public Information (PI)

Grapevine

Accessibilities

Archives

Bridging the Gap (BTG)

Cooperation with the

Professional

Community (CPC)

Corrections

Treatment

Literature

District 90 Treatment

Top of the World Ranch
Treatment Center is looking for
women to chair their women's
meeting on Sundays.

New Time

Meetings start at 10am

Please Contact Erica B.

via the Intergroup **(309) 764-1016**

Or Email

D90Treatment@aaquadcities.org

Camden Serenity Group

306 W. 3rd St., Milan, IL

Speaker Meeting

October 4, 2025

Beth C.

**From the Camden Serenity
Group**

Fellowship: 5:30pm

Potluck: 6:00pm

(please bring a dish to share)

Raffles: 6:45pm

Meeting: Starts at 7:00pm





**BINGO NIGHT FRIDAY 11/7 @
7pm - The Last Chance Group.**

Join us for food, fun and
fellowship.

Bring a snack to share. This is a
family friendly event.

5

"Faithful Fivers"

5

Illowa Intergroup Contributions

Faithful Fivers – "When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we are generous with the hat we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer."
-----Bill W.

Every single AA service is designed to make 12th Step work possible. As a Faithful Fiver, your personal contributions can and will make our vital services possible. You can start with a minimum monthly contribution of \$5.00 or more, which I'm sure is more than we would have spent per month on a drink!

Contribution Information:

Date_____

Amount \$_____ Monthly_____ Quarterly_____ Semi-annual_____ Annual_____

(Note: No AA member can contribute more than \$7,500.00 per year)

Detach at line and keep top half for your records

Yes! I want to participate in the Faithful Fivers Club!

I am.....a new participant_____a current member_____a returning member_____

Payment Plan:

Amount \$_____ Monthly_____ Quarterly_____ Semi-annual_____ Annual_____

Please make checks payable to:

Illowa Intergroup
1706 Brady St., Suite 201
Davenport, IA 52803

Your contribution is tax deductible

Name_____

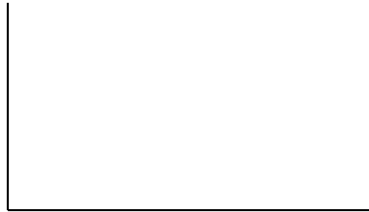
Address_____

City_____ State_____ Zip Code_____

Telephone _____ Date_____ Sobriety Date (for inclusion in newsletter) _____

**1706 Brady St, STE 201
Davenport, IA 52803**

Address Service Requested



Time to renew your subscription? If the date on the address label is **high-lighted**, then it's time to renew! Please renew by sending your name and address along with your \$16.00 subscription fee to the Intergroup Office.

A subscription to the newsletter makes a great gift idea. Use form below to send in renewal, gift subscription, or Faithful Fiver donation!

Name: _____

Address: _____

City, State, Zip: _____

Anniversary Date: _____ Contribution amount: _____

** Be sure to check out our website www.aquadcities.org !! **